

SportTayside & Fife

No.3 August/September 2008

Working together for Sport

Scotland's National Rugby Coach

Frank Hadden, Scottish Rugby's National Coach, was the Keynote Speaker at the SportTayside & Fife Rugby Seminar at Madras Rugby Club, St Andrews, Fife.



Frank Hadden Biography

Frank Hadden is coach of the Scotland National Team. He was appointed during September 2005, replacing Matt Williams. He coached the Merchiston Castle School (MCS) 1st XV after being appointed Head of Physical Education at the school in 1983. He coached several Scottish Age-Group teams before being appointed assistant coach of the Caledonia Reds in 1997. He was later appointed coach of Edinburgh Gunners (now Edinburgh Rugby) in 2000, prior to becoming Scotland coach. He has since coached two notable victories over England and a win against France in the 2006 Six Nations Championships. Frank was Head Coach during the 2007 World Cup in France and coached Scotland to a win against Argentina during the 2008 Summer Test Series in South America.

A series of Coaching Updates were included during the day. They were delivered by former Glasgow and National Coach, Hugh Campbell and Dunfermline Rugby Club Development Manager and former Edinburgh coach, Phil Smith. SportTayside & Fife Convener and former Olympian, Donald Macgregor, opened the seminar, set the scene and introduced the keynote speaker.



Over fifty coaches attended the event, which also concluded a long-term Rugby Mentoring Programme involving coaches and clubs from St Andrews, Kirkcaldy and Crieff. Paul Hunter, East Fife Rugby Development Officer and mentored coach said:



'...Being included in the Mentoring Programme this year, has expanded my knowledge, which I have utilised as a coach and more recently as East Fife Rugby Development Officer...'

Due to the favourable response and enthusiasm for the event, SportTayside & Fife would like to hold an annual event. This would allow the Partnership to work with the local clubs in the community, to showcase rugby development and high profile coaches working across the coaching pathway.



Hockey

Camps Gallore!



The summer has seen a hockey camps taking place across the region.

In Fife, the summer sports camp for P4-6 and P7-S2 & was delivered in conjunction with Dunfermline Carnegie Hockey Club. Fifty children took part every day for a week at Beath High School & coaches & players alike saw real improvements in their skills over the week. Hockey will also be a part of the Dunfermline & West Fife Sport for All Festival in the first week of September.



The Dundee School of Sport took place from 14th- 18th July at Craigie High School, aimed at the Dundee Potentials players. The full capacity of sixteen players were coached in many aspects of performance hockey. Dundee Wanderers Hockey Club also ran another successful camp. Sessions saw an increases in player numbers from last year, with twenty-four in the novice & nineteen in the senior section. Strathallan School ran their camp in August with coaching from top local coaches & international players. eighty-three players, aged 8-18 attended the week, benefiting from strength & conditioning & sport psychology sessions.

The area was also host to four Scottish Hockey national camps at Glenalmond College & Strathallan School. These camps included a fun coaching or novice players & development camps for more advanced players. Campers also got the chance to learn about coaching & umpiring.

For those looking for more, a one-day camp has been confirmed for the October break. It will be on 13th October from 10am-4pm at DISC and details can be found at www.hpscotland.co.uk.

STRENGTH & CONDITIONING

Hockey has taken advantage of the Generic Support Services Programme.

This programme provides players within the Scottish Performance Squad (Tayside & Fife) with coached strength and conditioning sessions at local venues.

This is a great addition to the performance hockey programme and will assist squad members to develop as well-rounded players.

COACH AUDIT

A Hockey Coach Audit is currently being carried out to establish the requirements of coaches in the area.

All clubs have been contacted and individual coaches will be asked for information in the coming weeks. For information contact Elanor Cormack.

Midland Hockey Opportunities

The Midland District Squads programme begins in September and there are a number of volunteer opportunities for: coaches, team managers and committee members.



For players interested in the District trials: **BOYS**

U16s: Sunday 21st & Sunday 28th September;
10am - 11.30am; DISC, Dundee

U18s: Sunday 28th September;
10am - 11.30am; DISC, Dundee

GIRLS

U16s: Tuesday 9th & Tuesday 16th September;
5.00pm – 7.30pm; Strathallan School

U18s: Tuesday 9th & Tuesday 16th September;
5.00pm – 7.30pm; Strathallan School

For more info, contact imperth@googlemail.com (for boys) or sport@strathallan.co.uk (for girls).

UMPIRE EDUCATION

A 'C' Badge rules night was held on 25th June in Dundee, organised by Midland Hockey Union.

The evening was attended by sixteen people, including many of the District U15 Boys squad.

A further rules night was planned for 25th August.

COACH EDUCATION

A Level 1 Coach Award took place at St Leonards School, St Andrews, Fife from 15th – 17th August.

Fifteen candidates attended the course, with nine being subsidised through SportTayside & Fife, due to their club and/or district coaching contribution.

For information on upcoming sports specific or generic courses including First Aid for Sport, as well as SportsCoach UK courses, visit www.sporttayside-fife.co.uk.

Coaching Open University Sport!

The Open University is now providing courses and awards designed for sport...

An Introduction to Sport, Fitness and Management, Working and Learning in Sport and Fitness. These courses commence during October 2008 until June 2009 and cost £610.00. They are accredited with 60 points and are SCQF Level 7. Sports and Fitness Awards (FELS) are also available. These are: Certificate of Higher Education in Sport, Fitness and Management (120 Credit Points), Diploma of Higher Education in Sport, Fitness and Management (240 Credit Points). A BA BSc Open Degree is available with 300 credits (360 Credit Points for Honours) SCQF levels range from 7-10. Open University also offer: Exploring sport online (10 Credits. SCQF Level 7) and This Sporting Planet (15 Credits. SCQF Level 7) and commence during September 2008 up to July 2009. For further information contact Lore Gallastegi, Education Staff Tutor; Open University in Scotland, l.gallastegi.ac.uk

Scholarship Support

Would you like to improve your coaching skills?

SportTayside & Fife is currently supporting learning and developing coaches across a number of sports. Apart from the designated target sports, coaches from a further six sports will be considered for support during 2008-09. The sports are: Water Polo, Football, Badminton, Curling, Cycling and Squash. Thirteen coaches have benefited from CPD programmes and almost £3000 of financial support. The CPD programmes include UKCC qualifications as well as SCUUK generic workshops. For further details go to: www.SportTayside-Fife.co.uk



VOLUNTEER TRAINING

Designing Roles and Tasks for Volunteering Training Session will be delivered across the Partnership by Volunteer Centres. The main objective of the introductory sessions is to explore how tasks and roles can be developed to meet organisational needs. For regular training details contact the volunteer centre in your area or go through the website.

PARTNERSHIP EDUCATION DUNDEE

Course: Safeguarding & Protecting Children
Date: October 29th
Time: From 6.30pm
E-mail: alex.knight@dundee.gov.uk

PERTH

Course: Safeguarding & Protecting Children
Date: November 5th
Time: From 6.30pm
E-mail: jmlawson@pkc.gov.uk

For further courses and workshops go to www.SportTayside-Fife.co.uk

SportTayside & Fife

Working together for Sport

★ Partnerships

★ Development

★ Education

★ Pathways

★ Events

★ Clubs

★ Scholarships

★ Opportunities



Next Issue Winter 2008

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