

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

I would like to take this opportunity to introduce myself as the new Partnership Manager for **SportTayside & Fife**. For the last four years I have worked as a sports management consultant in Ireland and Scotland with governing bodies, sporting organisations and the Irish Sports Council. Before that I was Director of Sports Development with **sportscotland** for eight years, and was also a Principal Teacher of PE in Edinburgh. I believe my mix of experience will be a tremendous help to me as I progress the ambitions and aspirations of the Partnership with my team of colleagues and our key partner organisations.

I am delighted to be working in the Partnership and am relishing the opportunity to make my contribution to the development of sport in Tayside & Fife. I hope you enjoy reading this newsletter which provides an update and a look forward into 2007.

Partnership Programmes and People

Work has progressed considerably with the three year strategic framework for each of the eight sports and coaching. These have been produced in partnership with the governing bodies and **sportscotland**, and the draft plans are currently being reviewed and discussed with Angus, Dundee, Fife and Perth & Kinross Councils. The plans will then be distributed in January for consultation with Development Groups clubs and coaches across Tayside & Fife.

It is these plans that will determine the work of the Partnership over the next three years, and your contributions between now and the end of January are crucial to ensure we get it right. We will complete our Action Plans for each programme area during February so that everything is in place for the first year of the new strategies.

Since our last Newsletter in August, the Partnership's Management Team has worked hard to complete the new staffing structure.

In September, Neil Carrie was appointed as the new SRU Regional Manager for the Partnership. Neil has worked in the financial sector, the private leisure sector and is still turning out for the 'odd' game for Kirkcaldy Rugby Club!

At the end of December we say farewell and thanks to Rennie Milne our Hockey Development Officer who has done an excellent job for the Partnership – we wish him well. We welcome Lorna Dobbie as our new Development Manager who is a hockey internationalist and joins us from the City of Edinburgh where she worked as a Hockey Development Officer.

Looking forward, our new Programme Manger, Euan Lowe joins us in February. Euan has played a leading role in developing Scotland's National Canoe Slalom squads and brings with him a wealth of experience from front line international coaching and high performance planning.

In closing, I would like to pay a particular tribute to Catriona Semple and James Steele who have led and guided the Partnership through all its work since Craig Burn departed for his new post in **sportscotland**. They have done a great job and I find myself in an organisation which has highly motivated and committed staff, who are focused on the challenges and work which lie ahead.

Finally, our new website www.SportTayside-Fife.co.uk will be launched on Friday 8th December – hit it!

Brian Samson

Partnership Manager

Clubgolf

Martin Ritchie
Clubgolf Regional Manager
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DEVELOPING CLUBGOLF IN TAYSIDE & FIFE

Clubgolf coaching at Dunnikier Park Golf Club

During August and September, Dunnikier Park Golf Club in Kirkcaldy delivered Stage 1 of the clubgolf coaching programme to local school children. Sixteen nine year olds from the nearby Capshard Primary School attended weekly coaching sessions at the golf club, focusing on the basics of full swing, chipping and putting. Eleven of the children enjoyed themselves so much that they have become junior members of the golf club.

The coaching sessions are being led by eight of the golf clubs own members who have successfully passed the PGA level 1 coaching award. The volunteer coaches are now looking forward to welcoming more school children to the club for lessons as well as developing the skills of those who attended this year.

Tulliallan hold Presentation Evening

In early October Tulliallan Golf Club held a presentation evening to recognise the achievements of the participants attending the clubgolf programme. Parents and club representatives were in attendance to see the youngsters receive certificates and prizes for completing Stage 1 or 2 of the programme. Twenty five boys and girls from the local community including the school, received sixteen coaching sessions from the club's volunteer coaches throughout May and June. In addition to this small three hole competitions were held on the clubs practice ground throughout the summer holidays to allow the youngsters to put their new skills in to practice.

The evening was also an opportunity to thank the volunteer coaches for their hard work over the summer months in delivering the modified game firstclubgolf in the local school and for delivering the coaching sessions and mini competitions at the golf club.



Presentation
of certificates
at Tulliallan

PGA Level 1 Coaching Courses

If you would like to become a volunteer coach within the clubgolf programme why not attend one of the Level 1 coaching courses taking place within the region over the winter months. To become a coach you do not have to be a good golfer, all that is required is that you are enthusiastic and are able to communicate well with young people aligned with an enthusiasm for the game. PGA tutors lead the courses and are there to assist you in passing the course. The planned courses for the Tayside & Fife region are as follows:

PGA level 1 Golf Coach

Forfar Golf Club	10 th & 11 th February from 9.00am – 5.00pm
St Andrews Links Practice Centre	24 th & 25 th February from 9.00am – 5.00pm
St Andrews Links Practice Centre	10 th & 11 th March from 9.00am – 5.00pm
Ballumbie Castle Golf Club	24 th & 25 th March from 9.00am – 5.00pm

Prior to attending the Level 1 Course, applicants must complete an Enhanced Disclosure Scotland check and attend a Sportscoach UK Good Practice and Child Protection workshop. For an application form and further information, please contact the clubgolf Regional Manager.

Level 3 Orientation for Professionals

During January and February the PGA and SGU are running orientation training courses for fully qualified professionals to deliver Stage 3 of the clubgolf programme. Orientations will take place at Inverclyde over two days. The cost will be £100 for participants, which includes accommodation, meals and all course materials.

After successfully completing the course each professional will receive 50 CPD points and shall be able to deliver stage 3 courses at their club or facility. Typically stage 3 courses are coached to juniors of mid to low handicaps in groups of approximately eight people. For further information please call Stuart Turner or Spencer Henderson at the SGU on 01382 549500. Dates of the courses are listed below

- 15th – 17th January
- 17th – 19th January
- 22nd – 24th January
- 6th – 8th February

How Can I Get Involved?

Clubgolf are continually seeking to identify clubs and individuals to get involved with the programme. If you would like to know more about what the programme entails and how you can go about getting involved please contact the Clubgolf Regional Manager for more information.

If you wish to submit any information for the next newsletter please do so by **Monday 19th November**



Coaching

Derek Welch
Club/Coach Development Manager
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DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

The Scholarship Programme aims to secure financial support to enable coaches to undertake the necessary training to support Education and Training Opportunities. In conjunction with our partners, the following coaches from Tayside and Fife received scholarship assistance.

Gymnastics

Long-term scholarship programmes have been agreed with two Gymnastics coaches to fund mentoring and club coach opportunities. Willie Moyes, Leven, Fife has successfully completed the General/Men's Artistic Club Coach Course during October at Falkirk School of Gymnastics. Beate Petersen, Newtyle, Perth & Kinross, will attend an agreed programme of mentoring, video analysis and IT training.

Rugby

Simon Laidlaw has been awarded a scholarship to attend a fitness instructor's course during December in Edinburgh. In future, Simon will assist Perthshire Rugby Club with their Strength and Conditioning Programme.

Swimming

A long-term programme has been agreed with Swimming tutor, Marion Durham, from Monikie, Angus and an award was made to complete a Level 2 Tutor Attachment. Further assistance will be provided to complete an adult/child disability technical attachment.

Would you like to be part of the Scholarship Programme?

For more information or to get involved, please contact any of the Development Managers.

CoachingTayside & Fife Education Programme 2006/2007

Psychology Workshop

On Wednesday, November 15th, a Psychology workshop was delivered at Bell's Sports Centre, Perth. The tutor for the evening was, Katie Sinott, principal psychologist and a member of the support team at the Tayside and Fife Institute of Sport.

Twenty-six coaches, from a wide variety of sports, attended the informative evening. The sports represented included: Gymnastics, Hockey, Football, Basketball and Rugby. Sports Medicine students from University of Dundee also attended along with athletes and sports therapists.

A further psychology workshop will be organised during Spring of 2007 specifically targeting parents and children. A practical nutrition workshop will also be delivered next year. Please contact me if you are interested in attending.

SportTayside & Fife Website

SportTayside & Fife have just launched a new website. The website will be an additional communication tool, contributing to developing sport in Tayside and Fife and actively promoting clubs, coaching, events, newsletters and a full programme of courses and workshops. The website address is: **www.SportTayside-Fife.co.uk**

Forthcoming courses and workshops

Gymnastics (Perth & Kinross)

Course: Club Coach (General)
Dates: 3rd & 10th December
Venue: Dunfermline High School, Fife
Contact: Bill Hogg, Fife Sports Development Team, **Tel:** 01383 314641 **E-mail:** bill.hogg@fife.gov.uk
Details: Contact course organiser above.

Community Sports Leadership Awards (Fife)

Course: Sports Leader Award
Date: 4th- 8th December
Venue: Lochgelly High School, Fife
Contact: Anna Tizzard, Sports Coaching Development Officer, **Tel:** 01592 415847
E-mail: anna.tizzard@fife.gov.uk
Details: The course is aimed at anyone who wants to become or improve their coaching skills as a coach or Sports Leader.

SportsCoach UK (Fife)

Course: How To Coach Disabled People In Sport
Date: 6th December, 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Aileen Penny, Senior Teacher, Fife Institute of Physical & Recreational Education, Viewfield Road, Glenrothes KY6 2RB, **Tel:** 01592 415 700 **E-mail:** aileen.penny@fife.gov.uk
Details: Contact course organiser above

SportsCoach UK (Fife)

Course: Good Practice and Child Protection
Date: 13th December, 6.30-9.30pm
Venue: Bell's Sports Centre, Perth
Cost: £20.00
Contact: Ross McMillan, Development Officer and CU@Sport Co-ordinator, Perth & Kinross Sports Development Team, Balhousie Primary School, Dunkeld Road Perth PH1 5DH, **Tel:** 01738 637 129 **E-mail:** rdmcmillan@pkc.gov.uk
Details: Contact course organiser above

Coming Soon...

A series of workshops and events will be available from February 2007 including: Practical Nutrition and Preparation, Self-Massage, Flexibility and Hydration.

A Coaching Innovation event in March 2007 is also being planned.

The new **SportTayside & Fife** Education and Training programme will be available on the new website from January 2007 and a printed booklet will be distributed from March 2007.

If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 19th February 2007**.