

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

I would like to take this opportunity to introduce myself as the new Partnership Manager for **SportTayside & Fife**. For the last four years I have worked as a sports management consultant in Ireland and Scotland with governing bodies, sporting organisations and the Irish Sports Council. Before that I was Director of Sports Development with **sportscotland** for eight years, and was also a Principal Teacher of PE in Edinburgh. I believe my mix of experience will be a tremendous help to me as I progress the ambitions and aspirations of the Partnership with my team of colleagues and our key partner organisations.

I am delighted to be working in the Partnership and am relishing the opportunity to make my contribution to the development of sport in Tayside & Fife. I hope you enjoy reading this newsletter which provides an update and a look forward into 2007.

Partnership Programmes and People

Work has progressed considerably with the three year strategic framework for each of the eight sports and coaching. These have been produced in partnership with the governing bodies and **sportscotland**, and the draft plans are currently being reviewed and discussed with Angus, Dundee, Fife and Perth & Kinross Councils. The plans will then be distributed in January for consultation with Development Groups clubs and coaches across Tayside & Fife.

It is these plans that will determine the work of the Partnership over the next three years, and your contributions between now and the end of January are crucial to ensure we get it right. We will complete our Action Plans for each programme area during February so that everything is in place for the first year of the new strategies.

Since our last Newsletter in August, the Partnership's Management Team has worked hard to complete the new staffing structure.

In September, Neil Carrie was appointed as the new SRU Regional Manager for the Partnership. Neil has worked in the financial sector, the private leisure sector and is still turning out for the 'odd' game for Kirkcaldy Rugby Club!

At the end of December we say farewell and thanks to Rennie Milne our Hockey Development Officer who has done an excellent job for the Partnership – we wish him well. We welcome Lorna Dobbie as our new Development Manager who is a hockey internationalist and joins us from the City of Edinburgh where she worked as a Hockey Development Officer.

Looking forward, our new Programme Manger, Euan Lowe joins us in February. Euan has played a leading role in developing Scotland's National Canoe Slalom squads and brings with him a wealth of experience from front line international coaching and high performance planning.

In closing, I would like to pay a particular tribute to Catriona Semple and James Steele who have led and guided the Partnership through all its work since Craig Burn departed for his new post in **sportscotland**. They have done a great job and I find myself in an organisation which has highly motivated and committed staff, who are focused on the challenges and work which lie ahead.

Finally, our new website www.SportTayside-Fife.co.uk will be launched on Friday 8th December – hit it!

Brian Samson

Partnership Manager



Rugby

Neil Carrie
Rugby Development Manager
E-mail: neil.carrie01@dundeeccity.gov.uk

DEVELOPING RUGBY IN TAYSIDE & FIFE

Greetings

May I take this opportunity to introduce myself as the new **Scottish Rugby Regional Development Manager for Tayside and Fife**. It has been a busy few weeks since coming into the role visiting numerous clubs and schools across Tayside and Fife. The commitment and enthusiasm of players and volunteers is heartening and I look forward to working with these people over the coming months and years in order to 'grow the game'.

My own background is a mixture of sport and leisure management; coaching in sport and health/fitness and several years spent in the financial sector in Edinburgh working in high profile multi-billion pound projects. The great potential for rugby in the region is very exciting, and it is for this reason that I have come back into sport.

Regional Audit and Strategy

Rugby clubs and schools across Tayside & Fife are in the process of providing an audit of their player, coaching and volunteer participation numbers as at the start of the season 2006-07. This information will be vital in allowing us to identify where clubs need to / have the opportunity to develop. It is this baseline data that will form the basis of club plans and the Regional Strategy for Tayside & Fife.

The Regional Strategy for Rugby will be a key document for all stakeholders in the sport, outlining exactly where the sport is now, and where we want it to be in 3 years time. Feedback from clubs has so far been positive, with a clear desire to develop the game and make the clubs a stable focal point in their communities. Regional Development Groups consisting of representatives from each club, and occasional representation from local authorities, active schools etc. will provide a forum where clubs will discuss the progress of their development plans; share knowledge and best practice and learn from one another. This structure has worked well in other regions and I will be hosting my first round of Regional Development Group meetings during November and December.

Perth Hosts Scotland 'A' versus Australia

Tuesday 21st November saw international rugby make a return to Perth after an absence of two years. Scotland 'A' returned home after a successful summer in Canada where they took the scalps of their hosts and England 'A', to take on the touring Australians. Perthshire Rugby Club provided great support for the game on the night, with children from their S1 and S2 sections acting as ball boys and guard of honour. The club's development team led by Doc McKelvey run an extensive community development programme in Perthshire, taking rugby into many schools. Two of those schools provided some half-time entertainment with an exhibition 'tag' match.

My thanks go to Doc and his team (pictured below) for their help in making it a memorable night for the youngsters.



Calcutta Cup Tour

The Calcutta Cup has been on tour in Tayside & Fife during November, taking in several clubs and schools from Anstruther to Pitlochry. The cup is played for annually between Scotland and England and is now in its 128th year!

I would like to thank the Scottish Rugby Union and English RFU for making such a tour possible. The cup was well received by hundreds of children (and many 'big kids' too!). Hopefully, we can make this a regular occurrence when the trophy is in Scottish possession...no pressure at Twickenham lads!

Local Players Receive International Recognition

Rob Dewey, formerly of Madras High School and Kirkcaldy Rugby Club made a try-scoring debut for the full Scotland team in the November victory over Romania. Rob has made rapid progress since becoming a professional and put a year of injury behind him to make an immediate impact for Scotland. John Petrie (formerly Dundee HSFP) and Perth-born Sean Lamont continue to be mainstays of the Scotland squads.

Coach Education

Perthshire Rugby Club will host the first of the new UKCC Level 1 coaching courses to be held in Tayside & Fife. The course takes place over two and a half days at the end of November / start of December, and I am pleased to say that all 30 places have been taken. Such is the level of demand that the Scottish Rugby Union is willing to organise another early in 2007.

A joint Foundation Coaching / Refereeing course held at Madras FP in St Andrews on 22nd October was also well attended with over 30 people completing the day-long programme.

Coach education is a core target for rugby development and through courses such as these, we plan to get new people involved in coaching rugby and help those already involved develop their skills and derive as much enjoyment as possible.

Coaching

Derek Welch
Club/Coach Development Manager
E-mail: derek.welch@dundeecity.gov.uk

DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

The Scholarship Programme aims to secure financial support to enable coaches to undertake the necessary training to support Education and Training Opportunities. In conjunction with our partners, the following coaches from Tayside and Fife received scholarship assistance.

Gymnastics

Long-term scholarship programmes have been agreed with two Gymnastics coaches to fund mentoring and club coach opportunities. Willie Moyes, Leven, Fife has successfully completed the General/Men's Artistic Club Coach Course during October at Falkirk School of Gymnastics. Beate Petersen, Newtyle, Perth & Kinross, will attend an agreed programme of mentoring, video analysis and IT training.

Rugby

Simon Laidlaw has been awarded a scholarship to attend a fitness instructor's course during December in Edinburgh. In future, Simon will assist Perthshire Rugby Club with their Strength and Conditioning Programme.

Swimming

A long-term programme has been agreed with Swimming tutor, Marion Durham, from Monikie, Angus and an award was made to complete a Level 2 Tutor Attachment. Further assistance will be provided to complete an adult/child disability technical attachment.

Would you like to be part of the Scholarship Programme?

For more information or to get involved, please contact any of the Development Managers.

CoachingTayside & Fife Education Programme 2006/2007

Psychology Workshop

On Wednesday, November 15th, a Psychology workshop was delivered at Bell's Sports Centre, Perth. The tutor for the evening was, Katie Sinott, principal psychologist and a member of the support team at the Tayside and Fife Institute of Sport.

Twenty-six coaches, from a wide variety of sports, attended the informative evening. The sports represented included: Gymnastics, Hockey, Football, Basketball and Rugby. Sports Medicine students from University of Dundee also attended along with athletes and sports therapists.

A further psychology workshop will be organised during Spring of 2007 specifically targeting parents and children. A practical nutrition workshop will also be delivered next year. Please contact me if you are interested in attending.

SportTayside & Fife Website

SportTayside & Fife have just launched a new website. The website will be an additional communication tool, contributing to developing sport in Tayside and Fife and actively promoting clubs, coaching, events, newsletters and a full programme of courses and workshops. The website address is: **www.SportTayside-Fife.co.uk**

Forthcoming courses and workshops

Gymnastics (Perth & Kinross)

Course: Club Coach (General)
Dates: 3rd & 10th December
Venue: Dunfermline High School, Fife
Contact: Bill Hogg, Fife Sports Development Team, **Tel:** 01383 314641 **E-mail:** bill.hogg@fife.gov.uk
Details: Contact course organiser above.

Community Sports Leadership Awards (Fife)

Course: Sports Leader Award
Date: 4th- 8th December
Venue: Lochgelly High School, Fife
Contact: Anna Tizzard, Sports Coaching Development Officer, **Tel:** 01592 415847
E-mail: anna.tizzard@fife.gov.uk
Details: The course is aimed at anyone who wants to become or improve their coaching skills as a coach or Sports Leader.

SportsCoach UK (Fife)

Course: How To Coach Disabled People In Sport
Date: 6th December, 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Aileen Penny, Senior Teacher, Fife Institute of Physical & Recreational Education, Viewfield Road, Glenrothes KY6 2RB, **Tel:** 01592 415 700 **E-mail:** aileen.penny@fife.gov.uk
Details: Contact course organiser above

SportsCoach UK (Fife)

Course: Good Practice and Child Protection
Date: 13th December, 6.30-9.30pm
Venue: Bell's Sports Centre, Perth
Cost: £20.00
Contact: Ross McMillan, Development Officer and CU@Sport Co-ordinator, Perth & Kinross Sports Development Team, Balhousie Primary School, Dunkeld Road Perth PH1 5DH, **Tel:** 01738 637 129 **E-mail:** rdmcmillan@pkc.gov.uk
Details: Contact course organiser above

Coming Soon...

A series of workshops and events will be available from February 2007 including: Practical Nutrition and Preparation, Self-Massage, Flexibility and Hydration.

A Coaching Innovation event in March 2007 is also being planned.

The new **SportTayside & Fife** Education and Training programme will be available on the new website from January 2007 and a printed booklet will be distributed from March 2007.

If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 19th February 2007**.