

# SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

I would like to take this opportunity to introduce myself as the new Partnership Manager for **SportTayside & Fife**. For the last four years I have worked as a sports management consultant in Ireland and Scotland with governing bodies, sporting organisations and the Irish Sports Council. Before that I was Director of Sports Development with **sportscotland** for eight years, and was also a Principal Teacher of PE in Edinburgh. I believe my mix of experience will be a tremendous help to me as I progress the ambitions and aspirations of the Partnership with my team of colleagues and our key partner organisations.

I am delighted to be working in the Partnership and am relishing the opportunity to make my contribution to the development of sport in Tayside & Fife. I hope you enjoy reading this newsletter which provides an update and a look forward into 2007.

## Partnership Programmes and People

Work has progressed considerably with the three year strategic framework for each of the eight sports and coaching. These have been produced in partnership with the governing bodies and **sportscotland**, and the draft plans are currently being reviewed and discussed with Angus, Dundee, Fife and Perth & Kinross Councils. The plans will then be distributed in January for consultation with Development Groups clubs and coaches across Tayside & Fife.

It is these plans that will determine the work of the Partnership over the next three years, and your contributions between now and the end of January are crucial to ensure we get it right. We will complete our Action Plans for each programme area during February so that everything is in place for the first year of the new strategies.

Since our last Newsletter in August, the Partnership's Management Team has worked hard to complete the new staffing structure.

In September, Neil Carrie was appointed as the new SRU Regional Manager for the Partnership. Neil has worked in the financial sector, the private leisure sector and is still turning out for the 'odd' game for Kirkcaldy Rugby Club!

At the end of December we say farewell and thanks to Rennie Milne our Hockey Development Officer who has done an excellent job for the Partnership – we wish him well. We welcome Lorna Dobbie as our new Development Manager who is a hockey internationalist and joins us from the City of Edinburgh where she worked as a Hockey Development Officer.

Looking forward, our new Programme Manger, Euan Lowe joins us in February. Euan has played a leading role in developing Scotland's National Canoe Slalom squads and brings with him a wealth of experience from front line international coaching and high performance planning.

In closing, I would like to pay a particular tribute to Catriona Semple and James Steele who have led and guided the Partnership through all its work since Craig Burn departed for his new post in **sportscotland**. They have done a great job and I find myself in an organisation which has highly motivated and committed staff, who are focused on the challenges and work which lie ahead.

Finally, our new website [www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk) will be launched on Friday 8<sup>th</sup> December – hit it!

**Brian Samson**

**Partnership Manager**

# Hockey

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## DEVELOPING HOCKEY IN TAYSIDE & FIFE

### Scottish Performance Squad

**SportTayside & Fife** in partnership with SHU and **sportscotland** have secured funding to set up a Scottish Performance Squad in Tayside & Fife. The squad will be organised and managed by the Hockey Development Manager in partnership with Tayside & Fife Institute Sport (TFIS) and SHU. The introduction of the programme in Tayside and Fife will ensure that players showing potential to aspire to the highest levels are given the best chance through a progressive pathway that will support their development both on and of the pitch. Time scales and venues are yet to be confirmed however, the programme should be introduced early January 2007.

### Fife Action plan

The development and implementation of a Sport Specific Action Plan for Hockey in Fife has taken place and was introduced in November 2006. This will ensure that continued development, support, funding and resources for hockey in Fife will be delivered over the next three years. The planning process was initiated in early July and information from a number of key stakeholders such as Fife Sport Development, Active Schools, East & West Sports Councils and Local Clubs assisted in its production, whilst working in partnership has secured shared responsibility for its successful delivery.

### Perth Action Plan

The planning process for an action plan in Perth & Kinross was initiated in October 2006. The Hockey Development Officer has been working in partnership with Perth Sports Development, Clubs, Education and Active schools to gather information on future priorities for hockey in the area.

### Education

Tayside & Fife will be leading the way in the implementation of an educational calendar in 2007/08 that will assist in the continued development of coaches, officials and volunteers. The calendar will be produced in partnership with SHU, Dundee, Angus, Fife and Perth & Kinross Sports Development Sections, Education Departments, Midlands Hockey Union, local Sports Councils and Clubs. To date several courses have taken place with a number of coaches and officials being created: **Leaders Courses** – Fife - 20 coaches, Dundee - 14 coaches, **C-Badge Course** - Dundee - 12 officials

### **Forthcoming Courses:**

<b>Leaders Courses:</b>	Fife:	Waid Academy, Anstruther	3 <sup>rd</sup> December
<b>Level 1 Course:</b>	Angus:	Arbroath Sports Centre	March /April
	Fife:	Kirkcaldy High Community School	March

### Monarchs Hockey Club

Dundee based hockey team Monarchs has relocated to Arbroath and is growing in strength. The club has developed its junior section through the creation of links with primary and secondary schools in the Arbroath area. As well as their junior section the club has also created links with Brechin Ladies Hockey Club; with both clubs now using Arbroath as their home pitch. Partnership working in this way will serve both clubs well in the future for the development of hockey in the area.

### Primary Festivals

A number of Hockey Festivals have taken place in Tayside & Fife over the last three months. The continued promotion of the festivals helps to raise the profile on a local level and give players the opportunity to participate in the sport in a fun and controlled environment.

### Scholarship Programme

Derek Welch, Club/Coach Development Manager for **SportTayside & Fife** provided information for the Midlands Hockey Union Youth meeting held on 4 December on the benefits the **SportTayside & Fife** Scholarship Programme can offer to coaches and officials. Coaches and officials not at the meeting who are keen to develop their personal levels of coaching and increase their knowledge and understanding of hockey can access this information from MHU or Derek.

### New Hockey Development Manager

As you may be aware I will no longer be the Hockey Development Officer (HDO) for Tayside & Fife from January 2007. The new Hockey Development Manager, Lorna Dobbie, will be starting in post in early December. I have had a great time working with some very colourful and challenging individuals and organisations within my time as HDO and I have loved every minute of it. I hope that you will continue to strive to progress and develop the sport for the current and future generation of budding hockey players. I will be staying on in a volunteer capacity for Midlands Hockey Union Youth Section so you haven't fully gotten rid of me yet. I wish all the new HDM all the best of luck in her new post and hope that the Tayside & Fife Hockey Community have a very safe and enjoyable festive period.

### U16 & 18 Inter District Squads (Outdoor)

I would like to take this opportunity to thank the coaches and managers who volunteered to assist the Boys and Girls in both the U16 and U18 Midlands Inter District Hockey Squads. As a direct result of the support given by the coaches, both boys and girls from local clubs were given the chance to showcase their skills to National coaches. The following boys and girls have been included in their respective age groups in the national training squads, U16 girls have not been named due to notification issues:

**U18 Boys** - Robert Adam, Ben Jamison, Connor McCartney, Michael Ross  
**U16 Boys** - Ross Glashan, Gareth Davies, Blair Wynd, Jordan Dewar  
**U18 Girls** - Emily Bain, Tarny Duhre

### U18 & 15 Inter District Squads (Indoor)

Midlands are one of the leading Districts in the Indoor game with local men's and women's teams playing at National 1 & 2 and also in top European Competitions. With the continued assistance from coaches and managers in Tayside & Fife we are looking to maintain Midland's reputation of producing quality indoor teams and players.

Local coaches and managers, who will be able to dedicate time to assist in the recruitment and delivery of both the U15/18 indoor squads, are required. Trials for the squads will be held on 17<sup>th</sup> December at D.I.S.C. from 12am to 4pm. The Inter District Indoor tournaments for the teams will be held in January and February 2007. Players who competed for U16 or U18 level in representative matches in the previous season are ineligible to play in the competition (as stated in the SHU Youth Byelaws).

If you are interested in assisting with any of these coaching positions please contact Ialene Mitchell on Tel: 01738630154 or e-mail [ialene@mitchell.f9.co.uk](mailto:ialene@mitchell.f9.co.uk) or you can contact Rennie Milne on Tel: 01382 431851 or email [rennie.milne@dundeecity.gov.uk](mailto:rennie.milne@dundeecity.gov.uk)

# Coaching

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## DEVELOPING COACHING IN TAYSIDE & FIFE

### CoachingTayside & Fife Scholarship Programme

The Scholarship Programme aims to secure financial support to enable coaches to undertake the necessary training to support Education and Training Opportunities. In conjunction with our partners, the following coaches from Tayside and Fife received scholarship assistance.

#### Gymnastics

Long-term scholarship programmes have been agreed with two Gymnastics coaches to fund mentoring and club coach opportunities. Willie Moyes, Leven, Fife has successfully completed the General/Men's Artistic Club Coach Course during October at Falkirk School of Gymnastics. Beate Petersen, Newtyle, Perth & Kinross, will attend an agreed programme of mentoring, video analysis and IT training.

#### Rugby

Simon Laidlaw has been awarded a scholarship to attend a fitness instructor's course during December in Edinburgh. In future, Simon will assist Perthshire Rugby Club with their Strength and Conditioning Programme.

#### Swimming

A long-term programme has been agreed with Swimming tutor, Marion Durham, from Monikie, Angus and an award was made to complete a Level 2 Tutor Attachment. Further assistance will be provided to complete an adult/child disability technical attachment.

### **Would you like to be part of the Scholarship Programme?**

For more information or to get involved, please contact any of the Development Managers.

### CoachingTayside & Fife Education Programme 2006/2007

#### Psychology Workshop

On Wednesday, November 15th, a Psychology workshop was delivered at Bell's Sports Centre, Perth. The tutor for the evening was, Katie Sinott, principal psychologist and a member of the support team at the Tayside and Fife Institute of Sport.

Twenty-six coaches, from a wide variety of sports, attended the informative evening. The sports represented included: Gymnastics, Hockey, Football, Basketball and Rugby. Sports Medicine students from University of Dundee also attended along with athletes and sports therapists.

A further psychology workshop will be organised during Spring of 2007 specifically targeting parents and children. A practical nutrition workshop will also be delivered next year. Please contact me if you are interested in attending.

#### SportTayside & Fife Website

**SportTayside & Fife** have just launched a new website. The website will be an additional communication tool, contributing to developing sport in Tayside and Fife and actively promoting clubs, coaching, events, newsletters and a full programme of courses and workshops. The website address is: **[www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk)**

## Forthcoming courses and workshops

### Gymnastics (Perth & Kinross)

**Course:** Club Coach (General)  
**Dates:** 3<sup>rd</sup> & 10<sup>th</sup> December  
**Venue:** Dunfermline High School, Fife  
**Contact:** Bill Hogg, Fife Sports Development Team, **Tel:** 01383 314641 **E-mail:** bill.hogg@fife.gov.uk  
**Details:** Contact course organiser above.

### Community Sports Leadership Awards (Fife)

**Course:** Sports Leader Award  
**Date:** 4<sup>th</sup>- 8<sup>th</sup> December  
**Venue:** Lochgelly High School, Fife  
**Contact:** Anna Tizzard, Sports Coaching Development Officer, **Tel:** 01592 415847  
**E-mail:** anna.tizzard@fife.gov.uk  
**Details:** The course is aimed at anyone who wants to become or improve their coaching skills as a coach or Sports Leader.

### SportsCoach UK (Fife)

**Course:** How To Coach Disabled People In Sport  
**Date:** 6<sup>th</sup> December, 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Aileen Penny, Senior Teacher, Fife Institute of Physical & Recreational Education, Viewfield Road, Glenrothes KY6 2RB, **Tel:** 01592 415 700 **E-mail:** aileen.penny@fife.gov.uk  
**Details:** Contact course organiser above

### SportsCoach UK (Fife)

**Course:** Good Practice and Child Protection  
**Date:** 13<sup>th</sup> December, 6.30-9.30pm  
**Venue:** Bell's Sports Centre, Perth  
**Cost:** £20.00  
**Contact:** Ross McMillan, Development Officer and CU@Sport Co-ordinator, Perth & Kinross Sports Development Team, Balhousie Primary School, Dunkeld Road Perth PH1 5DH, **Tel:** 01738 637 129 **E-mail:** rdmcmillan@pkc.gov.uk  
**Details:** Contact course organiser above

### Coming Soon...

**A series of workshops and events will be available from February 2007 including:** Practical Nutrition and Preparation, Self-Massage, Flexibility and Hydration.

A Coaching Innovation event in March 2007 is also being planned.

The new **SportTayside & Fife** Education and Training programme will be available on the new website from January 2007 and a printed booklet will be distributed from March 2007.

If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 19<sup>th</sup> February 2007**.