

NEWSLETTER - MAY 2008

# SportTayside & Fife

★  
Partnership  
Showcase!

## TAY GAMES INTER-VARSITY CHALLENGE 2008!

February 6<sup>th</sup> 2008 saw the inaugural Tay Games  
Inter-Varsity Challenge between Dundee and  
Abertay Universities

Students from each University squared-up to their rivals across seven sports and competed for 'Sporting Bragging Rights' in the city! Teams from both Universities contested matches in: Rugby, Football, Gaelic Football, Basketball, Volleyball, Hockey and Golf at various venues in and around the city.



The event showcased all that is positive about student sport, with over 250 participants and many more spectators taking in the games. Both competitive and recreational sports at both Universities area major part of University life with thousands of students participating in sport and physical activity each week. Equally each university supports international class athletes and coaches who are combining studies and their sporting careers. This helps to create a vibrant and dynamic student experience.

The games were keenly contested with many going right to the wire! In the end, Dundee University won the challenge 7-3, to lift the trophy. The games are now a major part of each university's sporting calendar and it is hoped to build on the success of this year; allowing the event to grow in numbers, sports...and spectators!

## TERTIARY EDUCATION FORUM

The Partnership has set-up a Forum for all Tertiary Education Institutions in the region.

The key role of the Forum, is to foster closer working with all institutions to:

- Develop joint sports specific and coaching programmes
- Highlight facility development and access issues
- Discuss and input to national and regional sports policy
- Share good practice

The members of the Forum are:

- The Universities of Abertay, Dundee and St Andrews
- Scottish Universities Sport
- Angus, Dundee, Adam Smith, Elmwood and Perth colleges

Two meetings have taken place since January and a third will take place in June, to plan and co-ordinate programmes for the new academic year. A number of potential joint programme areas were identified and terms of reference agreed.

The major focus over the next year will be on joint planning for coach education and will include supporting each institution's current coaching and sports development courses. The Forum will also look at deploying student coaches to support the delivery of Partnership and local authority programmes and to provide more coaches for student sports clubs.

The Forum agreed that the Inter-Varsity Games had been a great success and that the next challenge was to look at how the colleges might participate!

A meeting is being held at Elmwood during May, where the colleges will explore the potential of joint teams in a number of sports playing in the competition.

## ATHLETICS ● ATHLETICS ● ATHLETICS ● ATHLETICS

### Elevating Athletics Resource for Every School in Britain

UK:Athletics, in partnership with their commercial sponsors Norwich Union, have recently sent a free Elevating Athletics Resource pack to every comprehensive primary and secondary school in Great Britain. The packs detail a fun and innovative approach to teaching athletics in schools with specific content aimed at each level of the school curriculum. Both primary and secondary packs focus on running, jumping and throwing, as well as giving information on conditioning and warm up activities.

In association with this Continuous Professional Development (CPD) sessions are available from the governing body, and can be delivered by **SportTayside & Fife**. At both primary and secondary level teachers can chose to do a two or three hour workshop session or a six hour Certificate in Teaching Primary/Secondary Athletics (this can be delivered as one session or across two or three sessions, as appropriate).



Teachers from Fife secondary schools taking the Certificate in Teaching Secondary Athletics at Beath High School

Sessions can also be opened up to the wider athletics community, with particular benefit to new coaches; coaches working with in both Local Authorities and Clubs are welcome to attend sessions. If you have not already attended a CPD session and would like to do so please contact Alasdair Donaldson on 01382 431 851 or [alasdair.donaldson@dundeecity.gov.uk](mailto:alasdair.donaldson@dundeecity.gov.uk)

#### Summer Competition Dates:

##### 2<sup>nd</sup> August 2008

Celtic Games (U16 & U18)  
**Pitreavie Athletics Centre,  
Dunfermline**

##### 30<sup>th</sup> & 31<sup>st</sup> August 2008

Scottish Senior  
Championships & age-group  
Relay Championships  
**Pitreavie Athletics Centre,  
Dunfermline**

##### 13<sup>th</sup> September 2008

scottishathletics Open Graded  
Grand Prix Final  
**George Duncan Athletics  
Arena, Perth**

##### 13<sup>th</sup> & 14<sup>th</sup> September 2008

SportTayside & Fife Combined  
Events Championships  
(incorporating the Scottish  
U13,U15 & U17 Combined  
Events Championships)  
**George Duncan Athletics  
Arena, Perth**

##### 21<sup>st</sup> September 2008

SportTayside & Fife Track &  
Field Championships  
**George Duncan Athletics  
Arena, Perth**

#### Coaching Courses

UKA Level 2 Modules will take  
place at **George Duncan  
Athletics Arena, Perth**, over  
the weekend of 7<sup>th</sup> & 8<sup>th</sup> June.

<b>Jumps</b>	Sat 7 <sup>th</sup>
<b>Speed</b>	Sat 7 <sup>th</sup>
<b>Throws</b>	Sun 8 <sup>th</sup>
<b>Endurance</b>	Sun 8 <sup>th</sup>

To sign up to any of these  
modules you must have  
already completed the Level 2  
Core module; contact Anne  
Stewart 0131 476 7328

[anne.stewart@scottishathletics.org.uk](mailto:anne.stewart@scottishathletics.org.uk)

### Further Dates for Your Diary:

**13<sup>th</sup> & 14<sup>th</sup> June**  
Scottish Schools  
Championships  
**Grangemouth Stadium**

**15<sup>th</sup> June**  
Scottish Under 20 & Under 23  
Championships  
**Grangemouth Stadium**

**21<sup>st</sup> June**  
Scottish Masters  
Championships  
**Pitreavie Athletics Centre,  
Dunfermline**

**21<sup>st</sup> & 22<sup>nd</sup> June**  
England Athletics Under 20 &  
Under 23 Championships  
**Bedford Stadium**

**11<sup>th</sup> – 13<sup>th</sup> July**  
Olympic Trials AND UK Senior  
Championships  
**Alexander Stadium,  
Birmingham**

**9<sup>th</sup> & 10<sup>th</sup> August**  
England Athletics Under 15 &  
Under 17 Championships  
**Alexander Stadium,  
Birmingham**

**23<sup>rd</sup> August**  
Scottish Under 13 & Under 17  
Championships  
**Grangemouth Stadium**

**24<sup>th</sup> August**  
Scottish Under 15 & Under 17  
Championships  
**Grangemouth Stadium**

Any information for inclusion  
in the next newsletter should  
be submitted by **Wednesday**  
**14<sup>th</sup> May 2008.**

## Combined Events Championships

This years **SportTayside & Fife** Combined events Championships will take place at the George Duncan Athletics Arena, Perth, over the weekend of the 13<sup>th</sup> & 14<sup>th</sup> September. This year's event will also incorporate the Scottish Combined events Championships for Under 13, Under 15 and Under 17 athletes. Due to the incorporation of the Scottish Championships the event will now take place over two days, some championships will run over both days, with all climaxing on the Sunday.

Programme:

Under 11 Girls & Boys	Triathlon	Sunday
Under 13 Girls & Boys	Pentathlon	Sunday
Under 15 Girls & Boys	Pentathlon	Sunday
Under 17/20, Sen & Vet Women	Heptathlon	Saturday & Sunday
Under 17/20, Sen & Vet Women	Octathlon	Saturday & Sunday

Entry to the Scottish Championship events for Under 13/15/17s will be directly through **scottishathletics**, while Under 11s, Under 20s, Seniors and Veterans should enter through **SportTayside & Fife**. Entry forms will be sent out to local clubs and also posted on our website in the near future: [SportTayside-Fife.co.uk](http://SportTayside-Fife.co.uk)



## Grand Prix Final

In addition to the Combined events on Saturday 13<sup>th</sup> September the **scottishathletics** Open Graded Grand Prix Final will also be taking place. The Grand Prix will incorporate events for Under 17, Under 20 and Senior athletes. The preceding events will take place at:

1. Grangemouth (7th May)
2. Linwood (28th May)
3. Meadowbank (3rd July)
4. East Kilbride (23rd July)

For full information of prizes and events at each meeting please see the section on the **scottishathletics** website:

<http://www.scottishathletics.org.uk/index.php?p=189>

**SportTayside & Fife, Lynch Sports Centre, South Road, Dundee, DD2 4SR**  
**Tel: 01382 431 852 E-mail: SportTayside-Fife @dundee.gov.uk**  
**Web: www.SportTayside-Fife.co.uk**

## **BASKETBALL ● BASKETBALL ● BASKETBALL**

### **Inverbrothock Primary School Triumph in T&F Basketball Finals**

Inverbrothock Primary School of Arbroath won their first ever Tayside & Fife Primary Schools final at Lynch Sports Centre, Dundee on Wednesday 30<sup>th</sup> April 2008.

The Regional Festival final is competed for by Primary Schools who have qualified through their cluster festivals and Local Authority area finals.

Teams have mixed squads of 10 players, split into two "fives" with 2 girls having to be on court at all times. This ensures each player gets equal court time. This year, Dens Road PS and Mill O'Mains PS qualified from Dundee with Whitehills PS of Forfar and Inverbrothock PS from Arbroath.

Inverbrothock won all their games, with Whitehills coming second. Dens Road defeated Mill O'Mains to secure third place. The standard of play was excellent, with many players going on to be picked for the Tayside Regional Representative team.



The triumphant basketball team from Inverbrothock Primary School, Arbroath, who won their first Tayside & Fife title.

The Primary Schools' basketball development programme continues to go from strength to strength in Angus and Dundee. Fife Active Schools recently hosted festivals in some of the Dunfermline clusters and a CPD Course for PS teachers in Glenrothes. Dates are currently being planned for Perth & Kinross festivals next season and CPD opportunities for teachers.

Any Primary School teacher interested in coaching basketball who has not already attended a CPD session and would like to do so please contact Chris Dodds on 01382 431 851 or e-mail [chris.dodds@dundeecity.gov.uk](mailto:chris.dodds@dundeecity.gov.uk)

#### **Dates for your Diary:**

**24<sup>th</sup> May 2008**  
U14 Development League  
**Boys and Girls  
D.I.S.C., Dundee**

**14<sup>th</sup> & 15<sup>th</sup> June 2008**  
British Basketball Masters  
Championships  
Over 40s Men (Div A + Div B)  
Over 50s Men  
Over 35s Women  
**D.I.S.C., Dundee**

**17<sup>th</sup> - 22<sup>nd</sup> June 2008**  
Senior Men Division C  
European Championships  
Including Scotland Senior  
Men's Team  
**Pleasance Gym,  
Edinburgh University,  
Edinburgh**

**24<sup>th</sup> June 2008**  
Tayside & Fife  
Club Development Forum  
**7:00pm – 9:00pm**  
**Green Hotel, Kinross**

**30<sup>th</sup> June - 3<sup>rd</sup> July 2008**  
RAF National Referee  
Development Camp  
**Kilgraston School  
Bridge Of Earn, Perthshire**

[www.basketball-scotland.com](http://www.basketball-scotland.com)

**7<sup>th</sup> - 10<sup>th</sup> July 2008**  
RAF National Player  
Development Camp  
"Excitement Week"  
**Kilgraston School  
Bridge Of Earn, Perthshire**

[www.basketball-scotland.com](http://www.basketball-scotland.com)

**23<sup>rd</sup> + 24<sup>th</sup> August 2008**  
**BasketballScotland**  
Coaches and Floor Officials  
2008/09 Pre-season Seminar  
**Wester Hailes Education  
Centre (WHEC)  
Edinburgh**

[www.basketball-scotland.com](http://www.basketball-scotland.com)

## Education & Training:

### UKCC Level 1 Coaches

**Congratulations are due to eleven young coaches from Tayside and Fife who recently qualified as UKCC Level 1 coaches.**

This was the first UKCC Level 1 award run in Tayside and Fife under the new UKCC system, and was hosted at Saltire Leisure Centre in Arbroath, Angus.

The new coaches are:

Carolyn Wilson (Dundee Sharks)  
Marcio Batista (Hot Chocolate)  
Chris Kindlen (Hot Chocolate)  
Andy Doig (Carnoustie LC)  
Darryl Wood (Dunfermline Reign)  
Richard McKell (Inverkeithing)  
Kirk Grewar (Abertay University)  
Jamie Summerton (Perth Phoenix)  
David Legge (Perth Phoenix)  
Richard Hendry (Perth Phoenix)  
Daniel Ghamgosar (Perth Phoenix)

### Level 2 Table Officials

**Congratulations are also due to six experienced Table Officials from Tayside and Fife who recently were upgraded to Level 2 Table Officials.**

**They all sat the course at Lynch Sports Centre in Dundee on a course tutored by FIBA Europe Commissioner Robert Bald.**

Ian Thow (NCR Nationals)  
Alistair Maddock (Dundee Univ)  
Scott Walker (Dundee Sharks)  
Mairi Innes (Perth Phoenix)  
Chris Dodds (Perth Phoenix)  
Jordanne Cunningham (Arbroath Musketeers)

To register for a coach, referee or table officials course please contact the ST&F Basketball Development Manager.

Any information for inclusion in the next newsletter should be submitted by **Wednesday 13<sup>th</sup> August 2008.**

## basketballtayside & Fife News

This years **basketballtayside & fife** men's league looks as though it will go down to the wire with Perth Phoenix and Abertay University the only two teams who can win the title. Phoenix has just one loss (against Abertay) and Abertay have three losses. Perth need a win against Abertay and two more victories to claim the league, which they last won in 2005. Abertay must win all of their remaining games, including the crunch match against Perth Phoenix to claim their maiden title.

This season the men's league expanded to 12 teams and has been a great success. Arbroath Musketeers, Dunfermline Reign second team and St Andrew's University Men have already expressed an interest to join the league next season and expand it even further!

In the women's league, Perth Phoenix have already wrapped up the championship for the first time. They went through their league campaign undefeated, beating closest rivals Arbroath Musketeers in a tense finale to the season to claim the title. This season there were five women's teams in the league, and Abertay University Women have said that they would like to play next season meaning the women's league is growing too.

St Andrew's University Women's team prevented Perth Phoenix Women doing the double with a fine 42 – 33 win in the Tayside & Fife Cup Final (The Jean Findlay Memorial Trophy). The final was played at Mayfield Sports Centre on Tuesday 13<sup>th</sup> May, in front of a decent crowd.

St Andrews University Women did a double of their own by also winning the annual Blitz tournament at DISC, Dundee on Sunday 18<sup>th</sup> May. The Saints beat arch rivals Perth Phoenix, Dunfermline Steel and Dundee Sharks in a round robin tournament.

The Men's Blitz event, run at the same venue on the same day, had a record 13 entries which resulted in a fast and furious day of basketball. Dundee Sharks, Dunfermline Steel, Abertay University and Perth Phoenix battled it through the group sections and knock out rounds to the semi finals. Perth Phoenix emerged as Blitz winners, following an overtime golden basket against Abertay in the final. Dundee Sharks beat Dunfermline Steel in the 3<sup>rd</sup> / 4<sup>th</sup> place play off game.

**basketballtayside & fife** would like to thank all clubs and officials for their co-operation and efforts during the 2007-08 season.

## British Masters Comes to Dundee

NCR Basketball Club and **basketballtayside & fife** are delighted to be hosting the 2008 British Masters Basketball Championships in Dundee over the weekend of 14<sup>th</sup> & 15<sup>th</sup> June 2008.

Britain's top tournament for Men (over 40) and Women (over 35) will see 32 teams and over 300 players (including former internationalists and professional basketballers) from all over Scotland, England, Ireland and Wales compete in four categories on six courts at both D.I.S.C. and Dundee University Institute of Sport and Exercise (I.S.E.) in Dundee.

There will be over 60 basketball matches played over the two days. This means that there are plenty of opportunities for Tayside & Fife table officials, referees and volunteers to be involved in a fun, exciting and high quality standard of basketball that weekend. If you would like to help officiate, please contact the Basketball Development Manager.

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Tel: 01382 431 852 E-mail: SportTayside-Fife @dundeecity.gov.uk  
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## CLUBGOLF • CLUBGOLF • CLUBGOLF

### BRECHIN P5 PUPILS ENJOY GOLF FESTIVAL

Primary Five pupils from the Brechin High School Cluster have participated in the first golf festival in Angus.

Organised by the clusters Active School Co-ordinator with support from Sports Development, the children took part in a circuit of golf based games at Brechin Sports Centre. All of the skills on display were learned by the pupils through receiving first clubgolf within curriculum time. The 120 children were guided around the 10 activity stations by Senior Pupils from Brechin High School who are undergoing their Junior Sports Leader Award. In addition to this the children were given a brief Lesson from the professional staff from Brechin Golf Club.

The emphasis of the day was to show the children how fun golf can be along with developing teamwork whilst participating in the games. Judging by the smiles on face of all involved the event was a great success.



#### SUMMER EVENTS

##### Gleneagles Wee Course

This summer why not take a group of children to play a round at Gleneagles, home of the 2014 Ryder Cup. On each occasion 3 tee times on the Wee Course will be made available. On some of these days additional coaching will be made available for the group, after the round. Bookings will be on a "First Come, First Served" basis. You can now book in a group from your club by phoning the clubgolf Administrator at the Scottish Golf Union on 01334 466477. Participating children are expected to be involved in clubgolf coaching programmes in 2008, and any group must be accompanied by at least two adults.

##### Scottish Challenge Pro-Am

As part of clubgolf's association with the European Challenge Tour there will once again be a clubgolf Pro-Am on Monday 23<sup>rd</sup> June, before the tournament which takes place this year at Cardrona. You can enter as a team of three at a cost of just £30. All competitors must be active clubgolf coaches. Entries should be returned to the clubgolf Administrator by Friday 13<sup>th</sup> June. Contact the clubgolf Regional manager for an application form.

### clubgolf at major Scottish Events in 2008

clubgolf plans to have a presence at several major golf events in Scotland this year. Why not organise a group of children from your club to come along, take part in coaching activities and watch some golf. The events we will be at are:

Curtis Cup  
Old Course, St Andrews  
30th May-1st June

Scottish Challenge  
Macdonald Cardrona  
26th-29th June

Senior Open Championship  
Royal Troon  
24th-27th July

Johnnie Walker  
Championship Gleneagles  
28th-31st August

If you would like to attend any of these events or would like any information please contact the clubgolf Regional Manger

Any information for inclusion in the next newsletter should be submitted by **Wednesday 13<sup>th</sup> August.**

## BIG TURN OUT AT PITLOCHRY OPEN WEEKEND

Following a four week programme of firstclubgolf in all Highland Perthshire Schools, Pitlochry Golf Club gave all the children an opportunity to try out golf at the club over the Easter weekend. Over 60 children attend the club sessions, which gave an insight in to the clubgolf Stage 1 coaching programme. Club Pro Mark Pirie and the clubs volunteers coaches delivered sessions on putting, chipping and full swing. In addition to this a prize draw was run over the weekend offer one lucky child a free junior membership to the club for a year. As a result of the efforts by the club in schools and the open day have proved a massive success in recruiting new juniors to the club who now attend clubgolf Stage 1 coaching on a weekly basis throughout the summer months



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## COACHING ● COACHING ● COACHING ● COACHING



### SportsCoach UK Chairman and British Lions Rugby Coach, Ian McGeechan, launches The UK Coaching Framework in Coventry

**The primary focus of the UK Coaching Summit 2008 was to launch and agree the delivery of the framework, through the establishment of a quality-coaching**

**On the 22/23 April, over 550 delegates attended the 3<sup>rd</sup> UK Coaching Summit held at the RICOH Stadium, Coventry.** National Governing Bodies, County Sports Partnerships, Sports Councils, UK Sport, Skills Active, Youth Sports Trust and Government Departments were all present. The event provided a tremendous opportunity to share ideas and discuss how to move the coaching agenda forward.

The Summit is a key element in the implementation of the UK Coaching Framework. The vision of the Framework is to create a cohesive, ethical, inclusive and valued coaching system, where skilled coaches support children, players and athletes at all stages of their development. The aspiration is to be the best coaching system in the world by 2016.

Keynotes, Update Sessions and Workshops covered the Strategic Action areas of the Framework in more detail, enhancing the understanding of the new Framework along with sharing ideas, listening to the latest developments and contribute to shaping the future direction of coaching across the United Kingdom.

The SCUUK Coaching Summits are a major contributor to the evolution of coaching. A series of Coaching Summits is to be delivered up to 2016, with Glasgow hosting next year's event. The UK government would like to introduce a new vision for Informal Adult Learning and have pledged £210m up to 2011. This creates opportunities for coaching to support the development and learning needs of coaches and coaching projects.

#### COACHING MATTERS

##### **Coaching Tayside & Fife COACHING GROUP**

Local Authority and partner organisations attended a series of coaching forums during April at the Lynch Sports Centre, Dundee. Discussion and action topics included: Coaching Scotland and the national implications, Workforce Development Plans being structured by Scottish Governing Bodies, The ST&F Scholarship Programme, Individual Learning Accounts, Continuous Personal Development (CPD) for coaches and the need for a quality Partnership Education Calendars. The next meeting is scheduled for Tuesday June 17th.

##### **ST&F SCHOLARSHIP PROGRAMME**

Through the Scholarship Programme, over £5000 was allocated to support coaches across 6 sports including: Basketball, Girls' and Women's Football, Gymnastics, Hockey, Rugby and Swimming.

The breakdown of funding for 2007-08 and for each area is as follows:

**Angus - £1139.00**

**Dundee - £1742.00**

**Fife - £1923.00**

**Perth & Kinross - £588.00**

If you would like more information relating to the Scholarship Programme and how it can support you go to our website for further details.

## COACHING MATTERS

### **LOOKING AFTER YOUR FEET!**

On Thursday March 13<sup>th</sup>, **SportTayside & Fife** delivered a Podiatry Workshop for coaches and athletes. The workshop was held at the High School of Dundee, Mayfield Sports Complex. Eighteen coaches, parents and squad athletes attended. The aim of the session was to introduce athletes and coaches to the importance of healthy feet, good posture and footwear.

### **PLANNING A SEASON IN SPORT**

On Wednesday March 29<sup>th</sup>, **SportTayside & Fife** also delivered a Planning a Season in Sport workshop. Olympic Coach, West Institute of Sport and former TFIS Performance Coach, Gary Vandermeulen, was the guest presenter. Seventeen coaches attended the evening, which created an understanding of the process and importance of yearly sports planning. At the end of the session coaches were able to design and learn how to implement a season in their given sport

### **COACHING AWARDS**

On Monday, March 10<sup>th</sup> and Thursday, April 17<sup>th</sup>, Perth & Kinross Sports Council and East Fife Sports Council, held their Annual Sports Awards. Coach of the Year was awarded to John Ross (Cricket) in Perth and Alan Gardiner (Golf) in East Fife.

### **5 MINUTES WITH ANDY ROBINSON!**

We managed to catch-up with 1998 European Cup, 2003 World Cup Winner and Edinburgh Rugby Coach, Andy Robinson. To read the interview as a download, go to our website at [SportTayside-Fife.co.uk](http://SportTayside-Fife.co.uk).

## **SQA VOLUNTEER DEVELOPMENT**



**Volunteer Development Scotland** have announce the launch of a new range of SQA work based Awards that will provide individuals with new, recognised accredited qualifications and opportunities to learn and develop skills in volunteer management.

Participation on the programmes will also enable organisations to review and develop their practice in the management of volunteers. All VDS volunteer management programmes are aligned with the National Occupational Standards in Managing Volunteers and the Scottish Qualifications and Credit Framework. The three awards for launch in 2008 are: **Management of Volunteers (SCQF Level 7)**, **Management of Volunteering (SCQF Level 8)**, **Co-ordinating Volunteers (SCQF Level 6)**. Volunteer Development Scotland will also offer this award as an Adult Prior Learning programme for people who have attended and completed a minimum of two advanced learning opportunities.

**The Adult Prior Learning award will commence in June 2008.**

## **COACH EDUCATION NETWORK**

**Below are a selection of courses and workshops available across the Coaching Network in Tayside and Fife.**

### ANGUS EDUCATION

**Course: Safeguarding and Protecting Children**

**Date: Tuesday May 20th**

**E-mail: [mclean@angus.gov.uk](mailto:mclean@angus.gov.uk)**

### DUNDEE EDUCATION

**Course: Safeguarding and Protecting Children**

**Date: Wednesday June 4th**

**E-mail: [alex.knight@dundeecity.gov.uk](mailto:alex.knight@dundeecity.gov.uk)**

### PERTH & KINROSS EDUCATION

**Course: Children 1<sup>st</sup> – In Safe hands**

**Date: Wednesday May 28**

**E-mail: [jmcusine@pkc.gov.uk](mailto:jmcusine@pkc.gov.uk)**

**Course: Coaching Methods & Communication**

**Date: Wednesday June 4th**

**E-mail: [jmcusine@pkc.gov.uk](mailto:jmcusine@pkc.gov.uk)**

**Course: Fuelling Performers**

**Date: Wednesday June 18th**

**E-mail: [jmcusine@pkc.gov.uk](mailto:jmcusine@pkc.gov.uk)**

**Course: Fitness Training**

**Date: Thursday June 26th**

**E-mail: [jmcusine@pkc.gov.uk](mailto:jmcusine@pkc.gov.uk)**

**SportTayside & Fife, Lynch Sports Centre, South Road, Dundee, DD2 4SR**

**Tel: 01382 431 852 E-mail: [SportTayside-Fife@dundeecity.gov.uk](mailto:SportTayside-Fife@dundeecity.gov.uk)**

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## **HOCKEY ● HOCKEY ● HOCKEY ● HOCKEY ● HOCKEY**

### **IMPROVE YOUR SOCIAL LIFE THIS SUMMER!**

**Scottish Hockey is holding 6 summer camps during July and places are available for both players & coaches to attend these camps.**

The 6 camps will be held at Fettes College, Strathallan School, Glenalmond College, and the Inverclyde National Sports Centre at various times between the 11<sup>th</sup> July & 1<sup>st</sup> August. They cater for all abilities of players aged between 10 and 17 years old.

There are two levels of camps – Youth Coaching Camps and Youth Development Camps. The Coaching Camps are aimed at providing a fun camp to improve young players' skills and ensure they enjoy their hockey. The Development Camps are aimed at those with more experience of the 11-a-side game and will look to develop both the skills and game play of players. They will also receive information on nutrition, tactics, advanced skills, and the rules of the game.

Places are available for players to attend the camps and further information can be found at [www.scottish-hockey.org.uk](http://www.scottish-hockey.org.uk).



In addition, there are also vacancies available for coaches to attend the camps. The ideal candidates will have a minimum of a Level 1 qualification and experience of working with the proposed age group. All candidates will be expected to be members of the Association of Scottish Hockey Coaches (ASHC) and will have to go through Disclosure Checks for Scottish Hockey.

In return for their time, coaches will receive all food & board during camp, travelling expenses to and from the camp, and £100 for each week long camp & £60 for weekend camps. In addition, they will have the opportunity to develop their skills through working with experienced coaches and get satisfaction from helping to progress young players. The camps also offer a great summer social event.

#### **LEVEL 1 COACHING COURSE – ST ANDREWS**

Places are still available on a Level 1 Coach Award course taking place at St Leonard's School, St Andrews on 15<sup>th</sup>-17<sup>th</sup> August.

Applications and a deposit payment of £50.00 should be sent to [coaching@scottish-hockey.org.uk](mailto:coaching@scottish-hockey.org.uk) before 25<sup>th</sup> July. The final payment of £80.00 should be made 2 weeks prior to the course.

#### **ST&F SCHOLARSHIP PROGRAMME**

Applications are invited from hockey coaches who would like to access the SportTayside & Fife Scholarship Programme. The scheme is to support developing coaches with all aspects of coach education.

If you would like more information relating to the Scholarship Programme and how it can support you go to [www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk) for further details.

#### **HOCKEY DEVELOPMENT MANAGER APPOINTED**

SportTayside & Fife have appointed Elanor Cormack as Hockey Development Manager (Acting) for a period of 4 months. This will allow the hockey programme to be progressed whilst permanent employment arrangements are made.

To get in touch with Elanor please use the contact details at the top of this newsletter.

## PERFORMANCE PROGRESS

Over the preceding months the Tayside & Fife Performance Squad has been operating fully with 23 players involved during the programme.

As well as technical development at the hands of Head Coach Allan Law, the squad have also benefited from player education opportunities covering topics such as podiatry and nutrition.

The focus is now on helping those players who are involved in the Scotland squads to have the best possible chance of performing fully in this summer's competitions.

## MENZIESHILL HOST EUROHOCKEY

Belated congratulations go to Menzieshill Hockey Club for the hosting of the EuroHockey Men's Indoor Club Championship Cup in Perth in February.

The event was a great success with the home team gaining their highest finish yet in the A division (4<sup>th</sup> place). The winners were Germany's Crefelder HTC.

**SportTayside & Fife, Lynch Sports Centre, South Road, Dundee, DD2 4SR Tel: 01382 431 852 E-mail: SportTayside-Fife @dundecity.gov.uk Web: www.SportTayside-Fife.co.uk**

Any information for inclusion in the next newsletter should be submitted by **13<sup>th</sup> August 2008**.

## PRIMARY FESTIVAL FUN!

The Tayside & Fife Primary Festival took place on Wednesday 14<sup>th</sup> May at DISC with 16 teams competing.

The festival is the culmination of a Primary cluster hockey programme, which sees cluster and area festivals taking place across the region. The 15 teams at the Tayside & Fife festival are those that have succeeded at their local festivals.

The Festival was played in glorious sunshine with great enthusiasm by all involved and thanks goes to all the players, staff, and volunteers for their efforts in making the event a success and ensuring it was played in the ethos of fair play. The Player of the Festival Award was given to Lee Cameron of Claypotts 7s team and the Fair Play Award to Jessica Ross of Clepington Primary. Congratulations to all who took part.



After 42 games at DISC, the final placings were as follows, with the top 6 teams going on to represent Tayside at the National Primary Hockey Festival at Peffermill, Edinburgh on 4<sup>th</sup> June.

- 1<sup>st</sup> Clepington Primary School
- 2<sup>nd</sup> Claypotts 7s
- 3<sup>rd</sup> Viewlands Primary School
- 4<sup>th</sup> Whitehills Primary School
- 5<sup>th</sup> Macalpine 1
- 6<sup>th</sup> Strathmore Primary School
- 7<sup>th</sup> Macalpine 3
- 8<sup>th</sup> Claypotts 5s
- 9<sup>th</sup> Claypotts 6s
- 10<sup>th</sup> Kincreiffe
- 11<sup>th</sup> Ladyloan Primary School
- 12<sup>th</sup> Maisondieu Primary School
- 13<sup>th</sup> Wanderers
- 14<sup>th</sup> Strathnot Strikers
- 15<sup>th</sup> SS Peter & Paul RC Primary School

## **RUGBY ● RUGBY ● RUGBY ● RUGBY ● RUGBY**

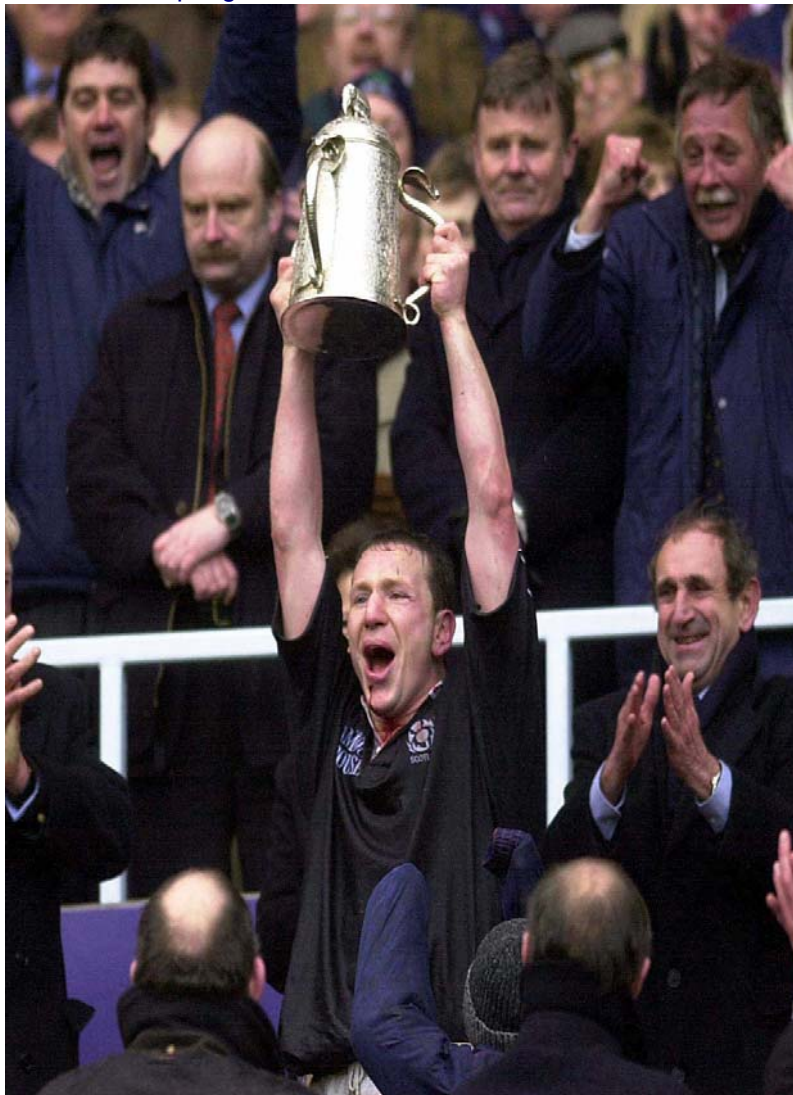
# **EAGLES LAUNCH DUNDEE RUGBY ROADSHOWS!**

Dundee Eagles Development Officer Colin Whittaker has launched a series of rugby road-shows, which will take place at a number of the city's schools over the next 2 months. The sessions will cater for S1-S4 players, who can take part in coaching clinics and competitive games.

Players of all abilities are welcome to go along on their own or with a group of friends and try something new. Contact Colin for details:

**Tel:** 07745 302924 **or email:** colin@dundeeeeagles.co.uk

Who knows, perhaps Colin will unearth a future star to follow in the footsteps of Andy Nicol (below) who have used rugby in Dundee as a springboard to Scotland honours!



### **UKCC Level 1 Coaching**

Two level 1 courses have been confirmed for Tayside & Fife as follows:

Bells Sports Centre, Perth  
25<sup>th</sup> – 27<sup>th</sup> April 2008.

Mayfield Sports Centre,  
Dundee, 8<sup>th</sup> – 10<sup>th</sup> August  
2008.

Further details and application forms can be found on the *Coach* pages on the Scottish Rugby Website  
[www.scottishrugby.org](http://www.scottishrugby.org)

### **Development Officer Contacts:**

Colin Whittaker (Dundee Eagles RFC):  
T: 07745 302924  
E: colin@dundeeeeagles.co.uk

Andy Cummins (Perthshire RUFC):  
T: 07717 798698  
E: TBC

Kenny Christie (Angus Rugby):  
T: 07824 694473  
E: christiek@angus.gov.uk

Phil Smith (Dunfermline & West Fife):  
T: 07825 787112  
E: pjw.smith@hotmail.com

Central & East Fife  
Tel: TBC  
Email: TBC

Quintan Sanft (Kirkcaldy RFC Community Blues):  
T: 07841 230460  
E: quintan\_s@hotmail.com

## NATIONAL AND LOCAL COACHING UPDATES

Over 70 coaches have attended the three National updates held in Tayside & Fife so far this season. Sessions on Counter Attack, Scrum Technique, and 1 on 1 Defence Technique were delivered by Caledonia Academy Manager Colin Robertson and Specialist Skills Coach Hugh Campbell. Further updates are being planned for 2008 so watch this space.

**Local coaching updates are planned in Angus as follows:**

**Offload Skills:** Monday 3<sup>rd</sup> March, Brechin Juniors.

**Defence:** Monday 7<sup>th</sup> April, Arbroath RFC.

**Handcatch:** Monday 5<sup>th</sup> May, TBC

Please contact **Kenny Christie** to confirm details and book a place.  
T: 07824 694473  
E: christiek@angus.gov.uk

Any information for inclusion in the next newsletter should be submitted by **Wednesday 13<sup>th</sup> August 2008.**

## SCOTTISH HYDRO ELECTRIC SPONSOR RUGBY!

Scottish Hydro Electric sponsorship of Scottish club rugby has resulted in a number of 'partner' clubs receiving kit to support their efforts in the community. Pictured below is Longforgan PS (near Dundee) who are the first to get their hands on Dundee Eagles new kit. A number of other clubs across Tayside & Fife have also benefited in a scheme, which will benefit all clubs over three years.



## NEW DEVELOPMENT OFFICERS FOR CENTRAL AND EAST FIFE

A new Rugby Club Development Officer for Central & East Fife will be in place within the next 2 months to support the development of Glenrothes RFC, Howe of Fife RFC, Madras FP RFC, St Andrews Uni RFC and Waid Ac FP RFC; as well as working in partnership with Phil Smith (Dunfermline & West Fife DO) and the Kirkcaldy RFC 'Community Blues' Development Team. Watch this space for further info!

## DOC'S DEPARTURE

Perthshire Rugby Club Development Officer Doc McKelvey has moved on to pastures new to take on a Coach Development role with Scottish Rugby. Doc has already made an impact in his new role by confirming a number of UKCC Coaching Courses and Coaching Updates which will take place across the country in 2008. Andy Cummins has replaced Doc as Club DO and I look forward to working with him.

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Web: [www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk)

## SWIMMING ● SWIMMING ● SWIMMING ● SWIMMING

### VOLUNTEERING - FUNDING

#### Volunteer Action Fund: Go4V

The Volunteer Action Fund (VAF) is an independent grant-making Trust which invests in voluntary and community based organisations across Scotland. The VAF receives funding from the Scottish Executive to enable them to support voluntary and community organisation in taking forward social change. A current initiative under the VAF is Go4Volunteering whose priorities for funding are:

- Training programmes for voluntary management committees
- Training programmes for volunteers

#### Who is eligible?

The grant is aimed at small, local groups with limited funding.

Groups will be considered for grants if they have:

- Income below £50,000 per year
- A signed constitution or set of rules (if the Group does not have a constitution the local Council for Voluntary Service (CVS) should be approached and will be happy to provide advice).
- A bank account in the name of the Group
- An independent referee who can vouch for the Group and has knowledge of the plans for using the grant, such as a community worker or volunteer centre worker.

### IMPORTANT INFORMATION FOR CLUB COACHES, TEAM MANAGERS AND CHAPERONES...

Scottish National Event Passes for Coaches, Team Managers and Chaperones were brought into effect in January 2008.

There have now been two events held at Tollcross Leisure Centre, Glasgow, which have worked well with the new system.

In the meet information provided before each event it states that a current Disclosure Certificate through the Governing Body **must** be sought prior to a pass being issued. Be aware that for the Scottish National Open Championships in June, if a current Disclosure Certificate by an appropriate body (i.e. ASA/SASA/WASA) has not been issued for an individual, a pass will not be issued.

Also note that anyone who was issued a temporary pass at either January or April's events, **must** now have obtained the appropriate Disclosure Certificate, under new legislation there can be **no** exceptions to this rule.

#### PLEASE NOTE...

Disclosures are currently taking between 6 and 8 weeks to process. Coaches and Chaperones wishing to obtain passes for the Scottish National Open Championships, must liaise with their Club Child Protection Officer (CPO).

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#### FULL-TIME COACH IS APPOINTED IN DUNDEE...

Dundee City Aquatics have recently become the first Club in Tayside & Fife to appoint a full-time Coach. The funding for this post is initially for 3 years and will be split equally between partners. Fife is the next area working towards the recruitment of a full-time Coaching position.

#### QUALIFICATION IN 2007-2008

From April 2007 through to March 2008, the following courses were run throughout Tayside & Fife.

- 1 x Club helper
- 9 x ASA Level 1 Teachers
- 5 x UKCC Level 1 Teachers
- 1 x ASA Level 2 Teachers
- 2 X UKCC Level 2 Teachers
- 1 x UKCC Level 1 Coaches
- 1 x Level 2 Coaches

Approximately 135 people gained a recognised qualification for swimming.

#### COACH & TEACHER LICENSING

By the end of March 2008, 11 coaches and 9 teachers in Tayside and Fife had gained either a provisional or full license through Scottish Swimming.

More information on licensing can be found on Scottish Swimming or SportTayside & Fife websites.