

NEWSLETTER - MAY 2008

SportTayside & Fife

★
Partnership
Showcase!

TAY GAMES INTER-VARSITY CHALLENGE 2008!

February 6th 2008 saw the inaugural Tay Games Inter-Varsity Challenge between Dundee and Abertay Universities

Students from each University squared-up to their rivals across seven sports and competed for 'Sporting Bragging Rights' in the city! Teams from both Universities contested matches in: Rugby, Football, Gaelic Football, Basketball, Volleyball, Hockey and Golf at various venues in and around the city.



The event showcased all that is positive about student sport, with over 250 participants and many more spectators taking in the games. Both competitive and recreational sports at both Universities area major part of University life with thousands of students participating in sport and physical activity each week. Equally each university supports international class athletes and coaches who are combining studies and their sporting careers. This helps to create a vibrant and dynamic student experience.

The games were keenly contested with many going right to the wire! In the end, Dundee University won the challenge 7-3, to lift the trophy. The games are now a major part of each university's sporting calendar and it is hoped to build on the success of this year; allowing the event to grow in numbers, sports...and spectators!

TERTIARY EDUCATION FORUM

The Partnership has set-up a Forum for all Tertiary Education Institutions in the region.

The key role of the Forum, is to foster closer working with all institutions to:

- Develop joint sports specific and coaching programmes
- Highlight facility development and access issues
- Discuss and input to national and regional sports policy
- Share good practice

The members of the Forum are:

- The Universities of Abertay, Dundee and St Andrews
- Scottish Universities Sport
- Angus, Dundee, Adam Smith, Elmwood and Perth colleges

Two meetings have taken place since January and a third will take place in June, to plan and co-ordinate programmes for the new academic year. A number of potential joint programme areas were identified and terms of reference agreed.

The major focus over the next year will be on joint planning for coach education and will include supporting each institution's current coaching and sports development courses. The Forum will also look at deploying student coaches to support the delivery of Partnership and local authority programmes and to provide more coaches for student sports clubs.

The Forum agreed that the Inter-Varsity Games had been a great success and that the next challenge was to look at how the colleges might participate!

A meeting is being held at Elmwood during May, where the colleges will explore the potential of joint teams in a number of sports playing in the competition.

RUGBY ● RUGBY ● RUGBY ● RUGBY ● RUGBY

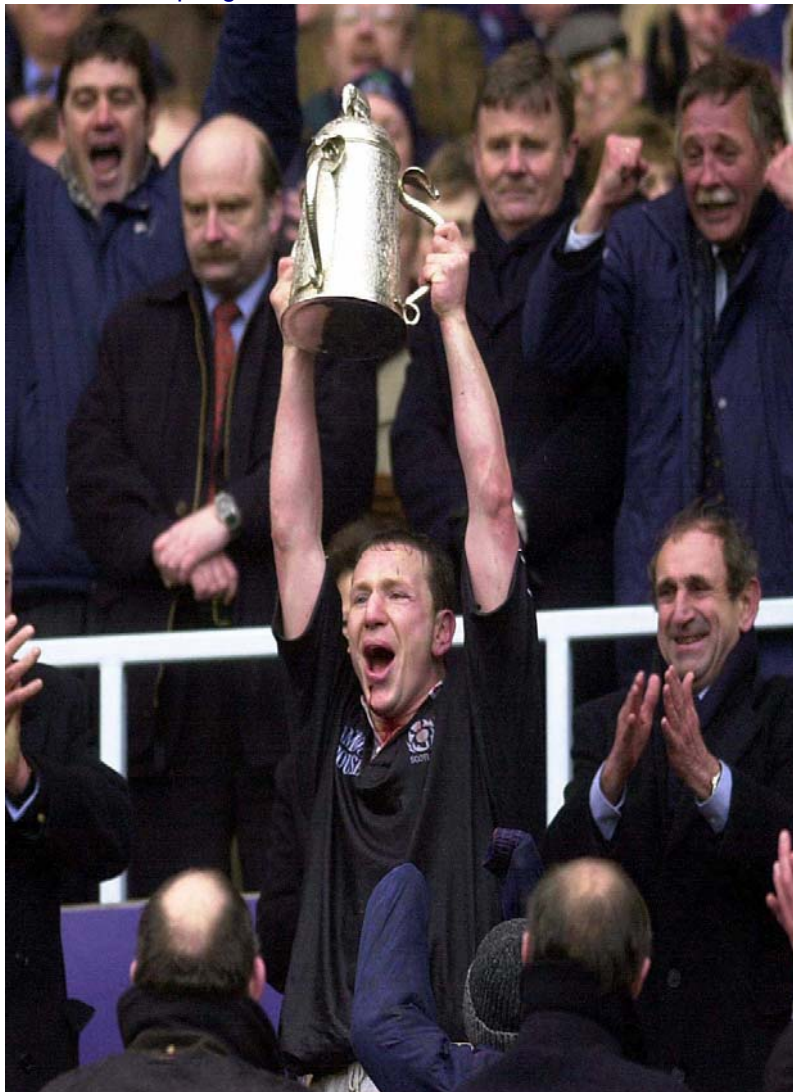
EAGLES LAUNCH DUNDEE RUGBY ROADSHOWS!

Dundee Eagles Development Officer Colin Whittaker has launched a series of rugby road-shows, which will take place at a number of the city's schools over the next 2 months. The sessions will cater for S1-S4 players, who can take part in coaching clinics and competitive games.

Players of all abilities are welcome to go along on their own or with a group of friends and try something new. Contact Colin for details:

Tel: 07745 302924 **or email:** colin@dundeeeagles.co.uk

Who knows, perhaps Colin will unearth a future star to follow in the footsteps of Andy Nicol (below) who have used rugby in Dundee as a springboard to Scotland honours!



UKCC Level 1 Coaching

Two level 1 courses have been confirmed for Tayside & Fife as follows:

Bells Sports Centre, Perth
25th – 27th April 2008.

Mayfield Sports Centre,
Dundee, 8th – 10th August
2008.

Further details and application forms can be found on the *Coach* pages on the Scottish Rugby Website
www.scottishrugby.org

Development Officer Contacts:

Colin Whittaker (Dundee Eagles RFC):
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Andy Cummins (Perthshire RUFC):
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E: TBC

Kenny Christie (Angus Rugby):
T: 07824 694473
E: christiek@angus.gov.uk

Phil Smith (Dunfermline & West Fife):
T: 07825 787112
E: pjw.smith@hotmail.com

Central & East Fife
Tel: TBC
Email: TBC

Quintan Sanft (Kirkcaldy RFC Community Blues):
T: 07841 230460
E: quintan_s@hotmail.com

NATIONAL AND LOCAL COACHING UPDATES

Over 70 coaches have attended the three National updates held in Tayside & Fife so far this season. Sessions on Counter Attack, Scrum Technique, and 1 on 1 Defence Technique were delivered by Caledonia Academy Manager Colin Robertson and Specialist Skills Coach Hugh Campbell. Further updates are being planned for 2008 so watch this space.

Local coaching updates are planned in Angus as follows:

Offload Skills: Monday 3^d March, Brechin Juniors.

Defence: Monday 7th April, Arbroath RFC.

Handcatch: Monday 5th May, TBC

Please contact **Kenny Christie** to confirm details and book a place.
T: 07824 694473
E: christiek@angus.gov.uk

Any information for inclusion in the next newsletter should be submitted by **Wednesday 13th August 2008.**

SCOTTISH HYDRO ELECTRIC SPONSOR RUGBY!

Scottish Hydro Electric sponsorship of Scottish club rugby has resulted in a number of 'partner' clubs receiving kit to support their efforts in the community. Pictured below is Longforgan PS (near Dundee) who are the first to get their hands on Dundee Eagles new kit. A number of other clubs across Tayside & Fife have also benefited in a scheme, which will benefit all clubs over three years.



NEW DEVELOPMENT OFFICERS FOR CENTRAL AND EAST FIFE

A new Rugby Club Development Officer for Central & East Fife will be in place within the next 2 months to support the development of Glenrothes RFC, Howe of Fife RFC, Madras FP RFC, St Andrews Uni RFC and Waid Ac FP RFC; as well as working in partnership with Phil Smith (Dunfermline & West Fife DO) and the Kirkcaldy RFC 'Community Blues' Development Team. Watch this space for further info!

DOC'S DEPARTURE

Perthshire Rugby Club Development Officer Doc McKelvey has moved on to pastures new to take on a Coach Development role with Scottish Rugby. Doc has already made an impact in his new role by confirming a number of UKCC Coaching Courses and Coaching Updates which will take place across the country in 2008. Andy Cummins has replaced Doc as Club DO and I look forward to working with him.

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COACHING ● COACHING ● COACHING ● COACHING



SportsCoach UK Chairman and British Lions Rugby Coach, Ian McGeechan, launches The UK Coaching Framework in Coventry

The primary focus of the UK Coaching Summit 2008 was to launch and agree the delivery of the framework, through the establishment of a quality-coaching

On the 22/23 April, over 550 delegates attended the 3rd UK Coaching Summit held at the RICOH Stadium, Coventry. National Governing Bodies, County Sports Partnerships, Sports Councils, UK Sport, Skills Active, Youth Sports Trust and Government Departments were all present. The event provided a tremendous opportunity to share ideas and discuss how to move the coaching agenda forward.

The Summit is a key element in the implementation of the UK Coaching Framework. The vision of the Framework is to create a cohesive, ethical, inclusive and valued coaching system, where skilled coaches support children, players and athletes at all stages of their development. The aspiration is to be the best coaching system in the world by 2016.

Keynotes, Update Sessions and Workshops covered the Strategic Action areas of the Framework in more detail, enhancing the understanding of the new Framework along with sharing ideas, listening to the latest developments and contribute to shaping the future direction of coaching across the United Kingdom.

The SCUUK Coaching Summits are a major contributor to the evolution of coaching. A series of Coaching Summits is to be delivered up to 2016, with Glasgow hosting next year's event. The UK government would like to introduce a new vision for Informal Adult Learning and have pledged £210m up to 2011. This creates opportunities for coaching to support the development and learning needs of coaches and coaching projects.

COACHING MATTERS

Coaching Tayside & Fife COACHING GROUP

Local Authority and partner organisations attended a series of coaching forums during April at the Lynch Sports Centre, Dundee. Discussion and action topics included: Coaching Scotland and the national implications, Workforce Development Plans being structured by Scottish Governing Bodies, The ST&F Scholarship Programme, Individual Learning Accounts, Continuous Personal Development (CPD) for coaches and the need for a quality Partnership Education Calendars. The next meeting is scheduled for Tuesday June 17th.

ST&F SCHOLARSHIP PROGRAMME

Through the Scholarship Programme, over £5000 was allocated to support coaches across 6 sports including: Basketball, Girls' and Women's Football, Gymnastics, Hockey, Rugby and Swimming.

The breakdown of funding for 2007-08 and for each area is as follows:

Angus - £1139.00

Dundee - £1742.00

Fife - £1923.00

Perth & Kinross - £588.00

If you would like more information relating to the Scholarship Programme and how it can support you go to our website for further details.

COACHING MATTERS

LOOKING AFTER YOUR FEET!

On Thursday March 13th, **SportTayside & Fife** delivered a Podiatry Workshop for coaches and athletes. The workshop was held at the High School of Dundee, Mayfield Sports Complex. Eighteen coaches, parents and squad athletes attended. The aim of the session was to introduce athletes and coaches to the importance of healthy feet, good posture and footwear.

PLANNING A SEASON IN SPORT

On Wednesday March 29th, **SportTayside & Fife** also delivered a Planning a Season in Sport workshop. Olympic Coach, West Institute of Sport and former TFIS Performance Coach, Gary Vandermeulen, was the guest presenter. Seventeen coaches attended the evening, which created an understanding of the process and importance of yearly sports planning. At the end of the session coaches were able to design and learn how to implement a season in their given sport

COACHING AWARDS

On Monday, March 10th and Thursday, April 17th, Perth & Kinross Sports Council and East Fife Sports Council, held their Annual Sports Awards. Coach of the Year was awarded to John Ross (Cricket) in Perth and Alan Gardiner (Golf) in East Fife.

5 MINUTES WITH ANDY ROBINSON!

We managed to catch-up with 1998 European Cup, 2003 World Cup Winner and Edinburgh Rugby Coach, Andy Robinson. To read the interview as a download, go to our website at SportTayside-Fife.co.uk.

SQA VOLUNTEER DEVELOPMENT



Volunteer Development Scotland have announce the launch of a new range of SQA work based Awards that will provide individuals with new, recognised accredited qualifications and opportunities to learn and develop skills in volunteer management.

Participation on the programmes will also enable organisations to review and develop their practice in the management of volunteers. All VDS volunteer management programmes are aligned with the National Occupational Standards in Managing Volunteers and the Scottish Qualifications and Credit Framework. The three awards for launch in 2008 are: **Management of Volunteers (SCQF Level 7)**, **Management of Volunteering (SCQF Level 8)**, **Co-ordinating Volunteers (SCQF Level 6)**. Volunteer Development Scotland will also offer this award as an Adult Prior Learning programme for people who have attended and completed a minimum of two advanced learning opportunities.

The Adult Prior Learning award will commence in June 2008.

COACH EDUCATION NETWORK

Below are a selection of courses and workshops available across the Coaching Network in Tayside and Fife.

ANGUS EDUCATION

Course: Safeguarding and Protecting Children

Date: Tuesday May 20th

E-mail: mclean@angus.gov.uk

DUNDEE EDUCATION

Course: Safeguarding and Protecting Children

Date: Wednesday June 4th

E-mail: alex.knight@dundeecity.gov.uk

PERTH & KINROSS EDUCATION

Course: Children 1st – In Safe hands

Date: Wednesday May 28

E-mail: jmcsine@pkc.gov.uk

Course: Coaching Methods & Communication

Date: Wednesday June 4th

E-mail: jmcsine@pkc.gov.uk

Course: Fuelling Performers

Date: Wednesday June 18th

E-mail: jmcsine@pkc.gov.uk

Course: Fitness Training

Date: Thursday June 26th

E-mail: jmcsine@pkc.gov.uk

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