

NEWSLETTER - MAY 2008

# SportTayside & Fife

★  
Partnership  
Showcase!

## TAY GAMES INTER-VARSITY CHALLENGE 2008!

February 6<sup>th</sup> 2008 saw the inaugural Tay Games  
Inter-Varsity Challenge between Dundee and  
Abertay Universities

Students from each University squared-up to their rivals across seven sports and competed for 'Sporting Bragging Rights' in the city! Teams from both Universities contested matches in: Rugby, Football, Gaelic Football, Basketball, Volleyball, Hockey and Golf at various venues in and around the city.



The event showcased all that is positive about student sport, with over 250 participants and many more spectators taking in the games. Both competitive and recreational sports at both Universities area major part of University life with thousands of students participating in sport and physical activity each week. Equally each university supports international class athletes and coaches who are combining studies and their sporting careers. This helps to create a vibrant and dynamic student experience.

The games were keenly contested with many going right to the wire! In the end, Dundee University won the challenge 7-3, to lift the trophy. The games are now a major part of each university's sporting calendar and it is hoped to build on the success of this year; allowing the event to grow in numbers, sports...and spectators!

## TERTIARY EDUCATION FORUM

The Partnership has set-up a Forum for all Tertiary Education Institutions in the region.

The key role of the Forum, is to foster closer working with all institutions to:

- Develop joint sports specific and coaching programmes
- Highlight facility development and access issues
- Discuss and input to national and regional sports policy
- Share good practice

The members of the Forum are:

- The Universities of Abertay, Dundee and St Andrews
- Scottish Universities Sport
- Angus, Dundee, Adam Smith, Elmwood and Perth colleges

Two meetings have taken place since January and a third will take place in June, to plan and co-ordinate programmes for the new academic year. A number of potential joint programme areas were identified and terms of reference agreed.

The major focus over the next year will be on joint planning for coach education and will include supporting each institution's current coaching and sports development courses. The Forum will also look at deploying student coaches to support the delivery of Partnership and local authority programmes and to provide more coaches for student sports clubs.

The Forum agreed that the Inter-Varsity Games had been a great success and that the next challenge was to look at how the colleges might participate!

A meeting is being held at Elmwood during May, where the colleges will explore the potential of joint teams in a number of sports playing in the competition.

## **HOCKEY ● HOCKEY ● HOCKEY ● HOCKEY ● HOCKEY**

### **IMPROVE YOUR SOCIAL LIFE THIS SUMMER!**

**Scottish Hockey is holding 6 summer camps during July and places are available for both players & coaches to attend these camps.**

The 6 camps will be held at Fettes College, Strathallan School, Glenalmond College, and the Inverclyde National Sports Centre at various times between the 11<sup>th</sup> July & 1<sup>st</sup> August. They cater for all abilities of players aged between 10 and 17 years old.

There are two levels of camps – Youth Coaching Camps and Youth Development Camps. The Coaching Camps are aimed at providing a fun camp to improve young players' skills and ensure they enjoy their hockey. The Development Camps are aimed at those with more experience of the 11-a-side game and will look to develop both the skills and game play of players. They will also receive information on nutrition, tactics, advanced skills, and the rules of the game.

Places are available for players to attend the camps and further information can be found at [www.scottish-hockey.org.uk](http://www.scottish-hockey.org.uk).



In addition, there are also vacancies available for coaches to attend the camps. The ideal candidates will have a minimum of a Level 1 qualification and experience of working with the proposed age group. All candidates will be expected to be members of the Association of Scottish Hockey Coaches (ASHC) and will have to go through Disclosure Checks for Scottish Hockey.

In return for their time, coaches will receive all food & board during camp, travelling expenses to and from the camp, and £100 for each week long camp & £60 for weekend camps. In addition, they will have the opportunity to develop their skills through working with experienced coaches and get satisfaction from helping to progress young players. The camps also offer a great summer social event.

#### **LEVEL 1 COACHING COURSE – ST ANDREWS**

Places are still available on a Level 1 Coach Award course taking place at St Leonard's School, St Andrews on 15<sup>th</sup>-17<sup>th</sup> August.

Applications and a deposit payment of £50.00 should be sent to [coaching@scottish-hockey.org.uk](mailto:coaching@scottish-hockey.org.uk) before 25<sup>th</sup> July. The final payment of £80.00 should be made 2 weeks prior to the course.

#### **ST&F SCHOLARSHIP PROGRAMME**

Applications are invited from hockey coaches who would like to access the SportTayside & Fife Scholarship Programme. The scheme is to support developing coaches with all aspects of coach education.

If you would like more information relating to the Scholarship Programme and how it can support you go to [www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk) for further details.

#### **HOCKEY DEVELOPMENT MANAGER APPOINTED**

SportTayside & Fife have appointed Elanor Cormack as Hockey Development Manager (Acting) for a period of 4 months. This will allow the hockey programme to be progressed whilst permanent employment arrangements are made.

To get in touch with Elanor please use the contact details at the top of this newsletter.

## PERFORMANCE PROGRESS

Over the preceding months the Tayside & Fife Performance Squad has been operating fully with 23 players involved during the programme.

As well as technical development at the hands of Head Coach Allan Law, the squad have also benefited from player education opportunities covering topics such as podiatry and nutrition.

The focus is now on helping those players who are involved in the Scotland squads to have the best possible chance of performing fully in this summer's competitions.

## MENZIESHILL HOST EUROHOCKEY

Belated congratulations go to Menzieshill Hockey Club for the hosting of the EuroHockey Men's Indoor Club Championship Cup in Perth in February.

The event was a great success with the home team gaining their highest finish yet in the A division (4<sup>th</sup> place). The winners were Germany's Crefelder HTC.

**SportTayside & Fife, Lynch Sports Centre, South Road, Dundee, DD2 4SR Tel: 01382 431 852 E-mail: SportTayside-Fife @dundeecity.gov.uk Web: www.SportTayside-Fife.co.uk**

Any information for inclusion in the next newsletter should be submitted by **13<sup>th</sup> August 2008**.

## PRIMARY FESTIVAL FUN!

The Tayside & Fife Primary Festival took place on Wednesday 14<sup>th</sup> May at DISC with 16 teams competing.

The festival is the culmination of a Primary cluster hockey programme, which sees cluster and area festivals taking place across the region. The 15 teams at the Tayside & Fife festival are those that have succeeded at their local festivals.

The Festival was played in glorious sunshine with great enthusiasm by all involved and thanks goes to all the players, staff, and volunteers for their efforts in making the event a success and ensuring it was played in the ethos of fair play. The Player of the Festival Award was given to Lee Cameron of Claypotts 7s team and the Fair Play Award to Jessica Ross of Clepington Primary. Congratulations to all who took part.



After 42 games at DISC, the final placings were as follows, with the top 6 teams going on to represent Tayside at the National Primary Hockey Festival at Peffermill, Edinburgh on 4<sup>th</sup> June.

- |                  |                                   |
|------------------|-----------------------------------|
| 1 <sup>st</sup>  | <b>Clepington Primary School</b>  |
| 2 <sup>nd</sup>  | <b>Claypotts 7s</b>               |
| 3 <sup>rd</sup>  | <b>Viewlands Primary School</b>   |
| 4 <sup>th</sup>  | <b>Whitehills Primary School</b>  |
| 5 <sup>th</sup>  | <b>Macalpine 1</b>                |
| 6 <sup>th</sup>  | <b>Strathmore Primary School</b>  |
| 7 <sup>th</sup>  | Macalpine 3                       |
| 8 <sup>th</sup>  | Claypotts 5s                      |
| 9 <sup>th</sup>  | Claypotts 6s                      |
| 10 <sup>th</sup> | Kincreiffe                        |
| 11 <sup>th</sup> | Ladyloan Primary School           |
| 12 <sup>th</sup> | Maisondieu Primary School         |
| 13 <sup>th</sup> | Wanderers                         |
| 14 <sup>th</sup> | Strathnot Strikers                |
| 15 <sup>th</sup> | SS Peter & Paul RC Primary School |

## COACHING ● COACHING ● COACHING ● COACHING



### SportsCoach UK Chairman and British Lions Rugby Coach, Ian McGeechan, launches The UK Coaching Framework in Coventry

**The primary focus of the UK Coaching Summit 2008 was to launch and agree the delivery of the framework, through the establishment of a quality-coaching**

**On the 22/23 April, over 550 delegates attended the 3<sup>rd</sup> UK Coaching Summit held at the RICOH Stadium, Coventry.** National Governing Bodies, County Sports Partnerships, Sports Councils, UK Sport, Skills Active, Youth Sports Trust and Government Departments were all present. The event provided a tremendous opportunity to share ideas and discuss how to move the coaching agenda forward.

The Summit is a key element in the implementation of the UK Coaching Framework. The vision of the Framework is to create a cohesive, ethical, inclusive and valued coaching system, where skilled coaches support children, players and athletes at all stages of their development. The aspiration is to be the best coaching system in the world by 2016.

Keynotes, Update Sessions and Workshops covered the Strategic Action areas of the Framework in more detail, enhancing the understanding of the new Framework along with sharing ideas, listening to the latest developments and contribute to shaping the future direction of coaching across the United Kingdom.

The SCUUK Coaching Summits are a major contributor to the evolution of coaching. A series of Coaching Summits is to be delivered up to 2016, with Glasgow hosting next year's event. The UK government would like to introduce a new vision for Informal Adult Learning and have pledged £210m up to 2011. This creates opportunities for coaching to support the development and learning needs of coaches and coaching projects.

#### COACHING MATTERS

##### **Coaching Tayside & Fife COACHING GROUP**

Local Authority and partner organisations attended a series of coaching forums during April at the Lynch Sports Centre, Dundee. Discussion and action topics included: Coaching Scotland and the national implications, Workforce Development Plans being structured by Scottish Governing Bodies, The ST&F Scholarship Programme, Individual Learning Accounts, Continuous Personal Development (CPD) for coaches and the need for a quality Partnership Education Calendars. The next meeting is scheduled for Tuesday June 17th.

##### **ST&F SCHOLARSHIP PROGRAMME**

Through the Scholarship Programme, over £5000 was allocated to support coaches across 6 sports including: Basketball, Girls' and Women's Football, Gymnastics, Hockey, Rugby and Swimming.

The breakdown of funding for 2007-08 and for each area is as follows:

**Angus - £1139.00**

**Dundee - £1742.00**

**Fife - £1923.00**

**Perth & Kinross - £588.00**

If you would like more information relating to the Scholarship Programme and how it can support you go to our website for further details.

## COACHING MATTERS

### **LOOKING AFTER YOUR FEET!**

On Thursday March 13<sup>th</sup>, **SportTayside & Fife** delivered a Podiatry Workshop for coaches and athletes. The workshop was held at the High School of Dundee, Mayfield Sports Complex. Eighteen coaches, parents and squad athletes attended. The aim of the session was to introduce athletes and coaches to the importance of healthy feet, good posture and footwear.

### **PLANNING A SEASON IN SPORT**

On Wednesday March 29<sup>th</sup>, **SportTayside & Fife** also delivered a Planning a Season in Sport workshop. Olympic Coach, West Institute of Sport and former TFIS Performance Coach, Gary Vandermeulen, was the guest presenter. Seventeen coaches attended the evening, which created an understanding of the process and importance of yearly sports planning. At the end of the session coaches were able to design and learn how to implement a season in their given sport

### **COACHING AWARDS**

On Monday, March 10<sup>th</sup> and Thursday, April 17<sup>th</sup>, Perth & Kinross Sports Council and East Fife Sports Council, held their Annual Sports Awards. Coach of the Year was awarded to John Ross (Cricket) in Perth and Alan Gardiner (Golf) in East Fife.

### **5 MINUTES WITH ANDY ROBINSON!**

We managed to catch-up with 1998 European Cup, 2003 World Cup Winner and Edinburgh Rugby Coach, Andy Robinson. To read the interview as a download, go to our website at [SportTayside-Fife.co.uk](http://SportTayside-Fife.co.uk).

## **SQA VOLUNTEER DEVELOPMENT**



**Volunteer Development Scotland** have announce the launch of a new range of SQA work based Awards that will provide individuals with new, recognised accredited qualifications and opportunities to learn and develop skills in volunteer management.

Participation on the programmes will also enable organisations to review and develop their practice in the management of volunteers. All VDS volunteer management programmes are aligned with the National Occupational Standards in Managing Volunteers and the Scottish Qualifications and Credit Framework. The three awards for launch in 2008 are: **Management of Volunteers (SCQF Level 7)**, **Management of Volunteering (SCQF Level 8)**, **Co-ordinating Volunteers (SCQF Level 6)**. Volunteer Development Scotland will also offer this award as an Adult Prior Learning programme for people who have attended and completed a minimum of two advanced learning opportunities.

**The Adult Prior Learning award will commence in June 2008.**

## **COACH EDUCATION NETWORK**

**Below are a selection of courses and workshops available across the Coaching Network in Tayside and Fife.**

### ANGUS EDUCATION

**Course: Safeguarding and Protecting Children**

**Date: Tuesday May 20th**

**E-mail: [mclean@angus.gov.uk](mailto:mclean@angus.gov.uk)**

### DUNDEE EDUCATION

**Course: Safeguarding and Protecting Children**

**Date: Wednesday June 4th**

**E-mail: [alex.knight@dundeecity.gov.uk](mailto:alex.knight@dundeecity.gov.uk)**

### PERTH & KINROSS EDUCATION

**Course: Children 1<sup>st</sup> – In Safe hands**

**Date: Wednesday May 28**

**E-mail: [jmcsine@pkc.gov.uk](mailto:jmcsine@pkc.gov.uk)**

**Course: Coaching Methods & Communication**

**Date: Wednesday June 4th**

**E-mail: [jmcsine@pkc.gov.uk](mailto:jmcsine@pkc.gov.uk)**

**Course: Fuelling Performers**

**Date: Wednesday June 18th**

**E-mail: [jmcsine@pkc.gov.uk](mailto:jmcsine@pkc.gov.uk)**

**Course: Fitness Training**

**Date: Thursday June 26th**

**E-mail: [jmcsine@pkc.gov.uk](mailto:jmcsine@pkc.gov.uk)**

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