

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

Welcome to the Spring edition of the Partnership Newsletter – I hope you enjoy reading it. I am sure you will be interested to see the progress being made by the sports and in coaching - all down to the hard work of the Managers and our Local Authority colleagues.

Our new Programme Manager, Euan Lowe, has started and is finding his feet very quickly indeed. Needs must, because he is leading our work to complete the four year development plans for each of our sports and for coaching. Euan's other responsibilities include the Regional Sports Facility Strategy and Club Development - welcome aboard indeed!

The importance of the four year development plans cannot be stressed enough because we now have a very clear picture of the priorities for each sport across the Tayside and Fife Region. It has been a very worthwhile process and has involved consultation and involvement of all key stakeholders.

These plans will direct the work of the Partnership, and shape the way that we deliver our joint programmes with Angus, City of Dundee, Fife and Perth & Kinross Councils. We are currently completing a series of joint planning meetings with each Local Authority partner, to ensure we deliver effectively and minimise duplication of effort and resources. Above all, the plans and the process assure the delivery of each of our sports across Tayside and Fife. You will be able to read the plans, once they are completed, by the end of March on our website.

Other highlights in the newsletter include:

- The high profile visit of Scottish **Athletics** Grassroots Roadshow to Bell Baxter High School in Cupar launched by Sir Menzies Campbell.
- The selection of four East Scotland players for the Scottish U-17 National **Girls Football** Squad
- The new **coaching** workshop programme which offers generic support coaching topics delivered by a range of high quality professionals
- Midlands District U-18 squad winning the Inter District Indoor **Hockey** Tournament held at Dundee University.
- The launch of the selection process for the U-14 **Basketball** Player Improvement Programme every Monday in March at DISC in Dundee.
- Bell Baxter winning the Scottish Schools **Rugby** Cup at Murrayfield by beating Dollar Academy in the final.
- The contribution of the Fife **gymnasts** in the recent Celtic Cup where Scotland won the Team Silver and Hannah Lee of Fife Gymnastics Club who won Individual Bronze.
- The launch of the new **ClubGolf** website
- The selection of two **swimmers** to represent Scotland at the Celtic Nations in Dublin.

Finally, we are looking forward to receiving our new funding for the second year of the Partnership project from **sportscotland**, and to continuing to add value by the work we do.

Brian Samson

Partnership Manager

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Rugby

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New Rugby Club in Highland Perthshire

2007 will see the launch of a new rugby club in Highland Perthshire to meet the demand of adult and youth players in Pitlochry, Aberfeldy and Dunkeld. The growth of rugby in the area has been supported by Perthshire Rugby Club and has seen Pitlochry High School and Breadalbane Academy join forces as the Perthshire Highlanders. The next step is the new senior club working in partnership with the other clubs across Perth & Kinross to ensure a thriving rugby community.



Pictured here is former Scotland Captain, John Petrie, who attended a development event in Pitlochry in February. Over 40 young players enjoyed a full day of coaching. Jon presented Graeme McCrory and Gary Leck with some balls to help to get the senior club started.

Sport Tayside & Fife looks forward to working closely with this new club

Perth Hosts Scotland 'A' versus Australia

Tuesday 21st November saw international rugby make a return to Perth after an absence of two years. Scotland 'A' returned home after a successful summer in Canada where they took the scalps of their hosts and England 'A', to take on the touring Australians. Perthshire Rugby Club provided great support for the game on the night, with children from their S1 and S2 sections acting as ball boys and guard of honour. The club's development team led by Doc McKelvey run an extensive community development programme in Perthshire, taking rugby into many schools. Two of those schools provided some half-time entertainment with an exhibition 'tag' match.

Scotland 'A' return to Perth

The Scotland 'A' team returned home to Perth in February to host a match against their Italian counterparts. The Scots ran out eventual winners 13-7. The match provided an opportunity for a number of local children to experience top-level rugby. The Perthshire Highlanders provided ball-boys; Perthshire RFC provided a guard of honour and Kinross and Crieff High Schools contested a tag match at half-time.

Regional Round-up

Angus

The Angus Regional Development Group have held a series of meetings where the participant clubs have jointly set a number of development targets for growth in participation in the schools and clubs. Work continues to pull together an Angus Action Plan for growth across the region.

Members of Angus County Colts are supporting the charity Acquaid, in its efforts to support community and sports development in Malawi. The Scotland 'A' team have kindly donated some rugby kit to be taken out to Malawi to assist with the sports programme.

Dundee

The Dundee Development Group has now met on two occasions. Work is ongoing to plan a city-wide schools rugby programme supported by all clubs and the Dundee Eagles DO, Colin Whittaker. We look forward to working with the Active Schools Network and Sports Development Team in planning and delivering a focussed and sustainable programme across the city.

Fife

Rugby development in Dunfermline and West Fife will take a further step forward over coming months. Dunfermline Rugby Club will look to recruit a club development officer to build on the good work already being carried out at the club. The club recently provided a number of players to the Scottish age-group squads, including SVQ community coach Jonny Smart who scored a try for Scotland Under-19 against their Italian counterparts.

Schools rugby in Fife has received a boost this season from Kirkcaldy Rugby Club. Kirkcaldy Development Officer, Quintan Sanft, has been supporting after-school clubs at both Kirkcaldy and Balwearie High Schools. With new rugby sections starting up at Beath HS, joining established sections at schools such as Inverkeithing HS, there is great potential for some local schools development and competition. Watch this space!

The clubs of North East Fife continue to offer rugby to a large number of children and plans are underway to build on this. Howe of Fife in particular, is a great supporter of their local school (Bell Baxter HS) and a number of their players achieved a notable success in the Bell Lawrie Schools (pictured here). Their players have gone on to form the backbone of the Caledonia Under 18 squad currently competing in the inter-district pathway competition.



Bell Lawrie Schools Cup

Perth & Kinross

As featured above, the players of Highland Perthshire will be forming a new club to meet demand for rugby. This new club will work in partnership with the other clubs in the region to ensure a healthy local rugby community.

Perthshire Rugby Club continues to drive the growth in participation in the area. Thousands of school children now receive a minimum of 10 hours coaching each year, and membership at the club has swelled as a result, to over 300 playing members at all levels!

The SVQ community coaches at Kinross RFC and Crieff & Strathearn RFC are now delivering rugby coaching in some primary schools rugby in addition to secondary schools, ensuring a region-wide development network.

Coach Education

Demand for coach education is such that over 100 coaches across Tayside & Fife have attended Foundation and UKCC Level 1 coaching courses. We await confirmation of another UKCC Level 1 course in Fife.

A number of coaches have entered into scholarships with **Sport Tayside & Fife**, and this number looks set to increase next season, as clubs and coaches seek to up-skill and provide some specialist coach support to their players.

Coaching

Derek Welch
Club/Coach Development Manager
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DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

This year's Scholarship Programme has assisted 17 coaches, providing the foundation to further their aspirations as coaches along with awarding significant financial support of over £4,300. The most recent additions to the programme are from Rugby, Gymnastics, Swimming and Football.

Gymnastics

A Scholarship programme was agreed with Pamela Bowie during January 2007. Pamela has successfully completed a Scottish Governing Body (SGB) Club Judging course and will attend a First Aid for Sport course during March. High Performance Perth Coach, Isabel Walton will also complete the First Aid for Sport as a component of her 2006-07 Scholarship Programme.

Rugby

It has been agreed that a number of coaches from Dundee Eagles Rugby club will be awarded scholarship assistance during 2007-08, once they have completed their UKCC Scottish Governing Body Foundation Level Course.

Swimming

Angus Swimming Coach, Marion Durham, will complete her Scholarship Programme for 2006-07 by travelling to Sheffield, for approximately 10 days, to complete an adult/child disability technical attachment and observe a variety of swimming programmes.

Girls' and Women's Football

The 2007-08 programme will assist Arbroath and Forfar Football Coaches, Joseph Meldrum and Caren Webster, to complete the Working with Children Licence and Physical Preparation for Under 12 footballers.

Would you like to improve your coaching?

For more information on the 2007-08 Scholarship Programme, please contact Derek Welch on the contact details provided with this newsletter.

Tayside & Fife Education Programme 2007

Generic Workshops

A series of generic workshops will be available from May 2007. The workshops will be held throughout the year, up to November. The programme will cover the following topics: **MAY – Drugs In Sport, JULY – Nutrition & Hydration, SEPTEMBER – Self Massage and Injury Prevention, NOVEMBER – Women in Sport.** A Sports Psychology workshop is also proposed for August and will target Parents and Children.

All these workshops will be delivered by state registered or highly qualified individuals in their professional field. The sessions will be one hour in duration, except for the Self Massage and Injury Prevention, which will be two hours. The workshops will cost approximately £10.00. To pre-register your interest in attending any of the workshops, contact me at the address provided.

Forthcoming courses and workshops

SportsCoach UK (Dundee)

Course: Safeguarding and Protecting Children
Date/Time: Wednesday 11th April, 6.30-9.30pm
Venue: Forum, Olympia Leisure Centre, Dundee
Cost: £20.00
Contact: Paul Jamieson, Dundee Sports Development.
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

SportsCoach UK (Dundee)

Course: Fuelling Performers
Date/Time: Thursday 26th April, 6.30-9.30pm
Venue: Forum, Olympia Leisure Centre, Dundee
Cost: £20.00
Contact: Paul Jamieson, Dundee Sports Development.
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

SportsCoach UK (Fife)

Course: Safeguarding and Protecting Children
Date/Time: Thursday 29th March & Thursday 26th April 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Eileen Penny, Fife Institute of P.R.E.
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

SportsCoach UK (Fife)

Course: How To Coach Disabled People in Sport
Date/Time: Monday 14th May 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Eileen Penny, Fife Institute of P.R.E.
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

SportsCoach UK (Perth & Kinross)

Course: Safeguarding and Protecting Children
Date/Time: Wednesday 21st March & Wednesday 23rd May 6.30-9.30pm
Venue: Bell's Sports Centre, Perth
Cost: £20.00
Contact: Jane Cuisine, Sports Development Section
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

SportsCoach UK (Perth & Kinross)

Course: How To Coach Disabled People in Sport
Date/Time: Thursday 19th April 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Jane Cuisine, Sports Development Section
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

For more course and workshop information, please go to www.SportTayside-Fife.co.uk. If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 9th May**