

# SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

Welcome to the Spring edition of the Partnership Newsletter – I hope you enjoy reading it. I am sure you will be interested to see the progress being made by the sports and in coaching - all down to the hard work of the Managers and our Local Authority colleagues.

Our new Programme Manager, Euan Lowe, has started and is finding his feet very quickly indeed. Needs must, because he is leading our work to complete the four year development plans for each of our sports and for coaching. Euan's other responsibilities include the Regional Sports Facility Strategy and Club Development - welcome aboard indeed!

The importance of the four year development plans cannot be stressed enough because we now have a very clear picture of the priorities for each sport across the Tayside and Fife Region. It has been a very worthwhile process and has involved consultation and involvement of all key stakeholders.

These plans will direct the work of the Partnership, and shape the way that we deliver our joint programmes with Angus, City of Dundee, Fife and Perth & Kinross Councils. We are currently completing a series of joint planning meetings with each Local Authority partner, to ensure we deliver effectively and minimise duplication of effort and resources. Above all, the plans and the process assure the delivery of each of our sports across Tayside and Fife. You will be able to read the plans, once they are completed, by the end of March on our website.

Other highlights in the newsletter include:

- The high profile visit of Scottish **Athletics** Grassroots Roadshow to Bell Baxter High School in Cupar launched by Sir Menzies Campbell.
- The selection of four East Scotland players for the Scottish U-17 National **Girls Football** Squad
- The new **coaching** workshop programme which offers generic support coaching topics delivered by a range of high quality professionals
- Midlands District U-18 squad winning the Inter District Indoor **Hockey** Tournament held at Dundee University.
- The launch of the selection process for the U-14 **Basketball** Player Improvement Programme every Monday in March at DISC in Dundee.
- Bell Baxter winning the Scottish Schools **Rugby** Cup at Murrayfield by beating Dollar Academy in the final.
- The contribution of the Fife **gymnasts** in the recent Celtic Cup where Scotland won the Team Silver and Hannah Lee of Fife Gymnastics Club who won Individual Bronze.
- The launch of the new **ClubGolf** website
- The selection of two **swimmers** to represent Scotland at the Celtic Nations in Dublin.

Finally, we are looking forward to receiving our new funding for the second year of the Partnership project from **sportscotland**, and to continuing to add value by the work we do.

**Brian Samson**

**Partnership Manager**

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# Hockey

**Lorna Dobbie**  
Hockey Development Manager  
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## DEVELOPING HOCKEY IN TAYSIDE & FIFE

### Lorna Dobbie appointed as Hockey Development Manager for Tayside & Fife

On the 1<sup>st</sup> December 2007 I took up the new post of Hockey Development Manager with **SportTayside & Fife**. Since then, I have met with many of the partners who will play an integral role in the future development of hockey across the region. I hope to meet all remaining partners and clubs in the coming months. At this time I feel it would be appropriate to give you an overview of my experience in sport development.

Over the past four years, my experience as Hockey Development Officer in the City of Edinburgh and as Sports Development Officer in Stirling has provided me with a wealth of experience that has given me the knowledge and understanding of the challenges and opportunities that exist in an area such as Tayside and Fife and the expertise required to effectively develop hockey in this region.

In my previous post of Hockey Development Officer I was responsible for developing hockey city wide, which involved working with a number and variety of partners. I developed close partnerships with Hockey Clubs, the Active Schools Network, Physical Education Specialists, Higher and Further Education Institutions, East District Hockey and Coaching Edinburgh. This ultimately resulted in a greater number of children and young people playing hockey on a regular basis within a structured programme, which included strong pathways to participation and performance.

Within my new role I will lead the development of Hockey in Tayside and Fife with a key focus on Clubs, Coaches, Volunteers and Officials, Facilities and Players, with a view to leading them from participation into the Tayside and Fife Institute of Sport. A Development Plan has been prepared for Hockey across Tayside and Fife that will be implemented by myself working closely with Scottish Hockey, Midland Hockey Union and all local partners.

### Clubs

In my experience, the key to the player pathway is the involvement of Hockey Clubs at school level and the volunteer base associated with these clubs. This area of work is integral to the continued development of hockey across Tayside and Fife by providing the junior or senior club with a steady flow of new players. The current structure of primary hockey across the four local authorities will be modified in order to maximise the available resources, and ensure a pathway into Secondary School hockey. Clubs will be supported through an assessment of their needs, resources and their goals in order to implement an appropriate Club Development Programme. This will be completed with all clubs in the coming months, however if you require support more urgently, please get in touch.

### Players

Potential Squads have been established in Dundee for some time and are developing in Perth & Kinross. These squads will be introduced in Fife and selection and content refined in the above areas, with regard to Long Term Player Development. A Scottish Performance Programme for Tayside & Fife will be introduced in September 2007 to assist players with the potential to play at National U16 and U18 Level. From April to July a programme will be implemented to assist the players who have been identified with potential to represent Scotland in Summer 2007. This programme will be similar to the old IMPACT programme and will last no more than 16 weeks.

In addition, I hope to work closely with Midland Hockey Union to increase the number of volunteers, improve the structure, increase planning procedures that link to external programmes and improve communication with Midland Clubs, ultimately resulting in the correct player pathways for local players.

### Coach Education and Development

**SportTayside & Fife** organise and deliver Scottish Governing Body courses and Sports Coach UK Workshops.

Through consultation with coaches, teachers and officials, **SportTayside & Fife** will deliver a comprehensive Coach Education programme for hockey within the Region. This will be designed to address the needs of coaches, officials and volunteers, by providing SGB courses and CPD workshops. If you would like information on courses or assistance in identifying the appropriate training, please get in touch.

**SportTayside & Fife** provide a Coach Scholarship programme for coaches who wish to further develop their skills. The programme can provide a personal development plan, identifying the appropriate courses and access to funding. For further information please contact Derek Welch at **SportTayside & Fife**.

### U15 / U18 Indoor Inter-District Tournament

The U18 Boys Indoor Inter-District Tournament took place on Sunday 4<sup>th</sup> February at Dundee University. All four teams that entered were of a high standard with most games resulting in close scores. However, the clear winners were the Midland team who won all their games with conviction. Congratulations to the players and coaches with thanks to Ben Gibson for umpiring on behalf of Midland District.

The U18 Girls Indoor Inter-district Tournament took place on Saturday 3<sup>rd</sup> February at Dundee University. The girls finished in 5<sup>th</sup> place. Thanks go to Jackie Brown for coaching the squad.

The U15 Mixed Indoor Inter-district Tournament took place on 18<sup>th</sup> February at Bell's Sports Centre. Thanks go to Guy Cathro for coaching the squad.

Thanks to all the players and coaches, officials and other volunteers who gave up their time to ensure Midlands entered teams in all the above events and competed to the highest standard.

### U14 / U15 Inter-District Tournament

Midlands continually produce talented young players who go on to represent Scotland at Youth Junior and Senior level. With the continued assistance from coaches and managers in Tayside & Fife we are looking to maintain Midland's reputation of producing quality teams and players.

Local coaches and managers, who will be able to dedicate time to recruit and deliver both the U14 and U15 outdoor squads, are required. Trials for the squads will be held in early May in Dundee. The U14 Mixed and U15 Boys Tournaments will be held on Sunday 27<sup>th</sup> May. The girls tournament will take place on Sunday 3<sup>rd</sup> June. All tournaments will be held at DISC.

If you are interested in assisting with any of the coaching or management positions please contact Ialene Mitchell on 01738-630154 or e-mail [ialene@mitchell.f9.co.uk](mailto:ialene@mitchell.f9.co.uk) or myself on 01382-431851 or email [lorna.dobbie@dundeecity.gov.uk](mailto:lorna.dobbie@dundeecity.gov.uk)

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If you wish to submit any information for the next newsletter please do so by **Monday 9<sup>th</sup> May**

# Coaching

Derek Welch  
Club/Coach Development Manager  
E-mail: derek.welch@dundeecity.gov.uk

## DEVELOPING COACHING IN TAYSIDE & FIFE

### CoachingTayside & Fife Scholarship Programme

This year's Scholarship Programme has assisted 17 coaches, providing the foundation to further their aspirations as coaches along with awarding significant financial support of over £4,300. The most recent additions to the programme are from Rugby, Gymnastics, Swimming and Football.

#### Gymnastics

A Scholarship programme was agreed with Pamela Bowie during January 2007. Pamela has successfully completed a Scottish Governing Body (SGB) Club Judging course and will attend a First Aid for Sport course during March. High Performance Perth Coach, Isabel Walton will also complete the First Aid for Sport as a component of her 2006-07 Scholarship Programme.

#### Rugby

It has been agreed that a number of coaches from Dundee Eagles Rugby club will be awarded scholarship assistance during 2007-08, once they have completed their UKCC Scottish Governing Body Foundation Level Course.

#### Swimming

Angus Swimming Coach, Marion Durham, will complete her Scholarship Programme for 2006-07 by travelling to Sheffield, for approximately 10 days, to complete an adult/child disability technical attachment and observe a variety of swimming programmes.

#### Girls' and Women's Football

The 2007-08 programme will assist Arbroath and Forfar Football Coaches, Joseph Meldrum and Caren Webster, to complete the Working with Children Licence and Physical Preparation for Under 12 footballers.

#### **Would you like to improve your coaching?**

For more information on the 2007-08 Scholarship Programme, please contact Derek Welch on the contact details provided with this newsletter.

### Tayside & Fife Education Programme 2007

#### Generic Workshops

A series of generic workshops will be available from May 2007. The workshops will be held throughout the year, up to November. The programme will cover the following topics: **MAY – Drugs In Sport, JULY – Nutrition & Hydration, SEPTEMBER – Self Massage and Injury Prevention, NOVEMBER – Women in Sport.** A Sports Psychology workshop is also proposed for August and will target Parents and Children.

All these workshops will be delivered by state registered or highly qualified individuals in their professional field. The sessions will be one hour in duration, except for the Self Massage and Injury Prevention, which will be two hours. The workshops will cost approximately £10.00. To pre-register your interest in attending any of the workshops, contact me at the address provided.

## Forthcoming courses and workshops

### SportsCoach UK (Dundee)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Wednesday 11<sup>th</sup> April, 6.30-9.30pm  
**Venue:** Forum, Olympia Leisure Centre, Dundee  
**Cost:** £20.00  
**Contact:** Paul Jamieson, Dundee Sports Development.  
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

### SportsCoach UK (Dundee)

**Course:** Fuelling Performers  
**Date/Time:** Thursday 26<sup>th</sup> April, 6.30-9.30pm  
**Venue:** Forum, Olympia Leisure Centre, Dundee  
**Cost:** £20.00  
**Contact:** Paul Jamieson, Dundee Sports Development.  
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

### SportsCoach UK (Fife)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Thursday 29<sup>th</sup> March & Thursday 26<sup>th</sup> April 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Eileen Penny, Fife Institute of P.R.E.  
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

### SportsCoach UK (Fife)

**Course:** How To Coach Disabled People in Sport  
**Date/Time:** Monday 14<sup>th</sup> May 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Eileen Penny, Fife Institute of P.R.E.  
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

### SportsCoach UK (Perth & Kinross)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Wednesday 21<sup>st</sup> March & Wednesday 23<sup>rd</sup> May 6.30-9.30pm  
**Venue:** Bell's Sports Centre, Perth  
**Cost:** £20.00  
**Contact:** Jane Cuisine, Sports Development Section  
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

### SportsCoach UK (Perth & Kinross)

**Course:** How To Coach Disabled People in Sport  
**Date/Time:** Thursday 19<sup>th</sup> April 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Jane Cuisine, Sports Development Section  
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

For more course and workshop information, please go to **[www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk)**. If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 9<sup>th</sup> May**