

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

Welcome to the Spring edition of the Partnership Newsletter – I hope you enjoy reading it. I am sure you will be interested to see the progress being made by the sports and in coaching - all down to the hard work of the Managers and our Local Authority colleagues.

Our new Programme Manager, Euan Lowe, has started and is finding his feet very quickly indeed. Needs must, because he is leading our work to complete the four year development plans for each of our sports and for coaching. Euan's other responsibilities include the Regional Sports Facility Strategy and Club Development - welcome aboard indeed!

The importance of the four year development plans cannot be stressed enough because we now have a very clear picture of the priorities for each sport across the Tayside and Fife Region. It has been a very worthwhile process and has involved consultation and involvement of all key stakeholders.

These plans will direct the work of the Partnership, and shape the way that we deliver our joint programmes with Angus, City of Dundee, Fife and Perth & Kinross Councils. We are currently completing a series of joint planning meetings with each Local Authority partner, to ensure we deliver effectively and minimise duplication of effort and resources. Above all, the plans and the process assure the delivery of each of our sports across Tayside and Fife. You will be able to read the plans, once they are completed, by the end of March on our website.

Other highlights in the newsletter include:

- The high profile visit of Scottish **Athletics** Grassroots Roadshow to Bell Baxter High School in Cupar launched by Sir Menzies Campbell.
- The selection of four East Scotland players for the Scottish U-17 National **Girls Football** Squad
- The new **coaching** workshop programme which offers generic support coaching topics delivered by a range of high quality professionals
- Midlands District U-18 squad winning the Inter District Indoor **Hockey** Tournament held at Dundee University.
- The launch of the selection process for the U-14 **Basketball** Player Improvement Programme every Monday in March at DISC in Dundee.
- Bell Baxter winning the Scottish Schools **Rugby** Cup at Murrayfield by beating Dollar Academy in the final.
- The contribution of the Fife **gymnasts** in the recent Celtic Cup where Scotland won the Team Silver and Hannah Lee of Fife Gymnastics Club who won Individual Bronze.
- The launch of the new **ClubGolf** website
- The selection of two **swimmers** to represent Scotland at the Celtic Nations in Dublin.

Finally, we are looking forward to receiving our new funding for the second year of the Partnership project from **sportscotland**, and to continuing to add value by the work we do.

Brian Samson

Partnership Manager

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Girls/Women's

Football

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DEVELOPING GIRLS / WOMEN'S FOOTBALL IN TAYSIDE

National Recognition for 'unsung hero' Colin

Forfar Farmington's Colin Brown was recognised at the Sunday Mail / McDonalds Grassroots Awards dinner held at the Scottish national stadium in Glasgow in January.

The recently retired Forfar social worker was nominated by his players and fellow coaches in recognition of his work coaching and developing girls / women's football over a 26-year period.

Forfar Farmington was described on the awards night as one of the great success stories of grassroots football in Scotland, the organisation having started life as a humble church hall youth club and having grown into a stunning set-up that boasts a membership of 170 girls.

"Every age group is covered - all the way up to a team that plays in the women's premier league," it was explained to the audience.



Colin receiving his award from Scotland Legend Kenny Dalglish

Colin said the award recognised the fact that Farmington was in the throes of becoming one of the elite women's football clubs in Scotland.

"We are almost there", he added. "We now run ten teams, catering for girls from the age of eight through to the senior side, the club is backed by a strong and enthusiastic committee, and we are now very close to achieving SFA Quality Mark status."

Funding Secured to support new girls teams in Dundee

Dundee have managed to secure a grant for £1,700 to support the development of two new girls and one boys sections within Quality Mark clubs as part of a sustainability project for the McDonalds P7 project.

After discussions with Craigiebarns FC and Broughty United, both clubs have agreed to link into the local cluster where the McDonalds programme is currently active. They will support the sustainability of the programme by providing links to the local clubs, whilst supporting the continuation of the schools games programme when the McDonalds programme moves to another Dundee cluster next year.

The funding will help finance facilities and equipment for the year ahead.

Celtic Tayside Become the latest club to sign up to Quality Mark

After the recent Quality Mark introductory meeting held at Tannadice in February, Celtic Tayside have become the latest East region club to sign up to the SFA Quality Mark scheme. The club will be working towards the Standard Level award that will see them increase the

quality of coach education, work to a club development plan and strengthen the overall infrastructure of the club. In addition they will be dovetailing into the ClubDundee programme, gaining two benefits for the price of one!

If your club/school is not already part of the SFA Quality Mark process and would like to find out more please contact myself for further information.

New Selections to East Region U15 Squad

After a re-selection process in February the East Region U15 Squad got under way with six new players being selected. The standard of play at the trial match shows that the girls game is developing year after year, with competition for a place in the regional squad becoming increasingly tough. This year's first block will run from February to May culminating in all U15 Squad players attending a National Camp from June 1st – 3rd at Tulliallan, where they will be under the watchful eye of National team staff from all national teams.

The revised U15 East region squad selection is as follows;

Lana Clelland (St.Johnstone GFC), Iona Colville (St.Johnstone GFC), Amy Godfrey (Monifieth LFC), Robyn McGill (Monifieth LFC), Elidih McIntyre (St.Johnstone GFC), Lauren McMurchie (St.Johnstone GFC), Chloe Moore (St.Johnstone GFC), Gemma Sandeman (Monifieth LFC), Terry Smith (Monifieth LFC), Victoria Stodart (Forfar Farmington LFC), Claire Thoms (Arbroath Inchcape FC), Nicola Todd (Forfar Farmington LFC), Shawna Walls (St.Johnstone LFC)

More National Selections for East region players

The East region is continuing its tradition of producing internationalist at all levels. Congratulations to the following players that have been called up to their respective squads:

Scottish Schools FA U15 National Squad: Lisa Evans (St. Columbas HS), Lauren McMurchie (Perth Grammar), Shawna Walls (Perth HS).

SFA U17 Squad: Lucie Cook (St.Johnstone GFC), Gemma Collier (Stonehaven GFC), Lisa Evans (St.Johnstone GFC), Cat Gallagher (Dundee West GFC), Emma Mitchell (St. Johnstone GFC), Kimberley Thomson (Dundee West GFC)

SFA U19 Squad: Fiona McNicoll (Forfar Farmington LFC)

SFA Women's A Squad: Nicola Davidson (Forfar Farmington LFC)

Women's Campaign to raise the bar!

As part of the continued drive to get more volunteers involved in girls / women's football in Tayside & Fife we will be holding a Women's Campaign in May in an effort to attract new people in to the game.

A programme of events including free female only coach education, workshops with National Team Coach Anna Signeul and a Club recruitment Fair will be linked to the National Women's Day on Sunday 20th May at McDiarmid Park in Perth. Further details will be released nearer the time, but if you are interested in becoming involved in girls / women's football please contact Gemma Fay for More information.

Please submit any information for the next newsletter by **Monday 9th May**



Coaching

Derek Welch
Club/Coach Development Manager
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DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

This year's Scholarship Programme has assisted 17 coaches, providing the foundation to further their aspirations as coaches along with awarding significant financial support of over £4,300. The most recent additions to the programme are from Rugby, Gymnastics, Swimming and Football.

Gymnastics

A Scholarship programme was agreed with Pamela Bowie during January 2007. Pamela has successfully completed a Scottish Governing Body (SGB) Club Judging course and will attend a First Aid for Sport course during March. High Performance Perth Coach, Isabel Walton will also complete the First Aid for Sport as a component of her 2006-07 Scholarship Programme.

Rugby

It has been agreed that a number of coaches from Dundee Eagles Rugby club will be awarded scholarship assistance during 2007-08, once they have completed their UKCC Scottish Governing Body Foundation Level Course.

Swimming

Angus Swimming Coach, Marion Durham, will complete her Scholarship Programme for 2006-07 by travelling to Sheffield, for approximately 10 days, to complete an adult/child disability technical attachment and observe a variety of swimming programmes.

Girls' and Women's Football

The 2007-08 programme will assist Arbroath and Forfar Football Coaches, Joseph Meldrum and Caren Webster, to complete the Working with Children Licence and Physical Preparation for Under 12 footballers.

Would you like to improve your coaching?

For more information on the 2007-08 Scholarship Programme, please contact Derek Welch on the contact details provided with this newsletter.

Tayside & Fife Education Programme 2007

Generic Workshops

A series of generic workshops will be available from May 2007. The workshops will be held throughout the year, up to November. The programme will cover the following topics: **MAY – Drugs In Sport, JULY – Nutrition & Hydration, SEPTEMBER – Self Massage and Injury Prevention, NOVEMBER – Women in Sport.** A Sports Psychology workshop is also proposed for August and will target Parents and Children.

All these workshops will be delivered by state registered or highly qualified individuals in their professional field. The sessions will be one hour in duration, except for the Self Massage and Injury Prevention, which will be two hours. The workshops will cost approximately £10.00. To pre-register your interest in attending any of the workshops, contact me at the address provided.

Forthcoming courses and workshops

SportsCoach UK (Dundee)

Course: Safeguarding and Protecting Children
Date/Time: Wednesday 11th April, 6.30-9.30pm
Venue: Forum, Olympia Leisure Centre, Dundee
Cost: £20.00
Contact: Paul Jamieson, Dundee Sports Development.
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

SportsCoach UK (Dundee)

Course: Fuelling Performers
Date/Time: Thursday 26th April, 6.30-9.30pm
Venue: Forum, Olympia Leisure Centre, Dundee
Cost: £20.00
Contact: Paul Jamieson, Dundee Sports Development.
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

SportsCoach UK (Fife)

Course: Safeguarding and Protecting Children
Date/Time: Thursday 29th March & Thursday 26th April 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Eileen Penny, Fife Institute of P.R.E.
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

SportsCoach UK (Fife)

Course: How To Coach Disabled People in Sport
Date/Time: Monday 14th May 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Eileen Penny, Fife Institute of P.R.E.
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

SportsCoach UK (Perth & Kinross)

Course: Safeguarding and Protecting Children
Date/Time: Wednesday 21st March & Wednesday 23rd May 6.30-9.30pm
Venue: Bell's Sports Centre, Perth
Cost: £20.00
Contact: Jane Cuisine, Sports Development Section
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

SportsCoach UK (Perth & Kinross)

Course: How To Coach Disabled People in Sport
Date/Time: Thursday 19th April 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Jane Cuisine, Sports Development Section
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

For more course and workshop information, please go to www.SportTayside-Fife.co.uk. If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 9th May**