

# SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

Welcome to the Spring edition of the Partnership Newsletter – I hope you enjoy reading it. I am sure you will be interested to see the progress being made by the sports and in coaching - all down to the hard work of the Managers and our Local Authority colleagues.

Our new Programme Manager, Euan Lowe, has started and is finding his feet very quickly indeed. Needs must, because he is leading our work to complete the four year development plans for each of our sports and for coaching. Euan's other responsibilities include the Regional Sports Facility Strategy and Club Development - welcome aboard indeed!

The importance of the four year development plans cannot be stressed enough because we now have a very clear picture of the priorities for each sport across the Tayside and Fife Region. It has been a very worthwhile process and has involved consultation and involvement of all key stakeholders.

These plans will direct the work of the Partnership, and shape the way that we deliver our joint programmes with Angus, City of Dundee, Fife and Perth & Kinross Councils. We are currently completing a series of joint planning meetings with each Local Authority partner, to ensure we deliver effectively and minimise duplication of effort and resources. Above all, the plans and the process assure the delivery of each of our sports across Tayside and Fife. You will be able to read the plans, once they are completed, by the end of March on our website.

Other highlights in the newsletter include:

- The high profile visit of Scottish **Athletics** Grassroots Roadshow to Bell Baxter High School in Cupar launched by Sir Menzies Campbell.
- The selection of four East Scotland players for the Scottish U-17 National **Girls Football** Squad
- The new **coaching** workshop programme which offers generic support coaching topics delivered by a range of high quality professionals
- Midlands District U-18 squad winning the Inter District Indoor **Hockey** Tournament held at Dundee University.
- The launch of the selection process for the U-14 **Basketball** Player Improvement Programme every Monday in March at DISC in Dundee.
- Bell Baxter winning the Scottish Schools **Rugby** Cup at Murrayfield by beating Dollar Academy in the final.
- The contribution of the Fife **gymnasts** in the recent Celtic Cup where Scotland won the Team Silver and Hannah Lee of Fife Gymnastics Club who won Individual Bronze.
- The launch of the new **ClubGolf** website
- The selection of two **swimmers** to represent Scotland at the Celtic Nations in Dublin.

Finally, we are looking forward to receiving our new funding for the second year of the Partnership project from **sportscotland**, and to continuing to add value by the work we do.

**Brian Samson**

**Partnership Manager**

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# Coaching

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## DEVELOPING COACHING IN TAYSIDE & FIFE

### CoachingTayside & Fife Scholarship Programme

This year's Scholarship Programme has assisted 17 coaches, providing the foundation to further their aspirations as coaches along with awarding significant financial support of over £4,300. The most recent additions to the programme are from Rugby, Gymnastics, Swimming and Football.

#### Gymnastics

A Scholarship programme was agreed with Pamela Bowie during January 2007. Pamela has successfully completed a Scottish Governing Body (SGB) Club Judging course and will attend a First Aid for Sport course during March. High Performance Perth Coach, Isabel Walton will also complete the First Aid for Sport as a component of her 2006-07 Scholarship Programme.

#### Rugby

It has been agreed that a number of coaches from Dundee Eagles Rugby club will be awarded scholarship assistance during 2007-08, once they have completed their UKCC Scottish Governing Body Foundation Level Course.

#### Swimming

Angus Swimming Coach, Marion Durham, will complete her Scholarship Programme for 2006-07 by travelling to Sheffield, for approximately 10 days, to complete an adult/child disability technical attachment and observe a variety of swimming programmes.

#### Girls' and Women's Football

The 2007-08 programme will assist Arbroath and Forfar Football Coaches, Joseph Meldrum and Caren Webster, to complete the Working with Children Licence and Physical Preparation for Under 12 footballers.

#### **Would you like to improve your coaching?**

For more information on the 2007-08 Scholarship Programme, please contact Derek Welch on the contact details provided with this newsletter.

### Tayside & Fife Education Programme 2007

#### Generic Workshops

A series of generic workshops will be available from May 2007. The workshops will be held throughout the year, up to November. The programme will cover the following topics: **MAY – Drugs In Sport, JULY – Nutrition & Hydration, SEPTEMBER – Self Massage and Injury Prevention, NOVEMBER – Women in Sport.** A Sports Psychology workshop is also proposed for August and will target Parents and Children.

All these workshops will be delivered by state registered or highly qualified individuals in their professional field. The sessions will be one hour in duration, except for the Self Massage and Injury Prevention, which will be two hours. The workshops will cost approximately £10.00. To pre-register your interest in attending any of the workshops, contact me at the address provided.

## Forthcoming courses and workshops

### SportsCoach UK (Dundee)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Wednesday 11<sup>th</sup> April, 6.30-9.30pm  
**Venue:** Forum, Olympia Leisure Centre, Dundee  
**Cost:** £20.00  
**Contact:** Paul Jamieson, Dundee Sports Development.  
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

### SportsCoach UK (Dundee)

**Course:** Fuelling Performers  
**Date/Time:** Thursday 26<sup>th</sup> April, 6.30-9.30pm  
**Venue:** Forum, Olympia Leisure Centre, Dundee  
**Cost:** £20.00  
**Contact:** Paul Jamieson, Dundee Sports Development.  
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

### SportsCoach UK (Fife)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Thursday 29<sup>th</sup> March & Thursday 26<sup>th</sup> April 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Eileen Penny, Fife Institute of P.R.E.  
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

### SportsCoach UK (Fife)

**Course:** How To Coach Disabled People in Sport  
**Date/Time:** Monday 14<sup>th</sup> May 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Eileen Penny, Fife Institute of P.R.E.  
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

### SportsCoach UK (Perth & Kinross)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Wednesday 21<sup>st</sup> March & Wednesday 23<sup>rd</sup> May 6.30-9.30pm  
**Venue:** Bell's Sports Centre, Perth  
**Cost:** £20.00  
**Contact:** Jane Cuisine, Sports Development Section  
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

### SportsCoach UK (Perth & Kinross)

**Course:** How To Coach Disabled People in Sport  
**Date/Time:** Thursday 19<sup>th</sup> April 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Jane Cuisine, Sports Development Section  
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

For more course and workshop information, please go to [www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk). If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 9<sup>th</sup> May**