

# SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

Welcome to the Spring edition of the Partnership Newsletter – I hope you enjoy reading it. I am sure you will be interested to see the progress being made by the sports and in coaching - all down to the hard work of the Managers and our Local Authority colleagues.

Our new Programme Manager, Euan Lowe, has started and is finding his feet very quickly indeed. Needs must, because he is leading our work to complete the four year development plans for each of our sports and for coaching. Euan's other responsibilities include the Regional Sports Facility Strategy and Club Development - welcome aboard indeed!

The importance of the four year development plans cannot be stressed enough because we now have a very clear picture of the priorities for each sport across the Tayside and Fife Region. It has been a very worthwhile process and has involved consultation and involvement of all key stakeholders.

These plans will direct the work of the Partnership, and shape the way that we deliver our joint programmes with Angus, City of Dundee, Fife and Perth & Kinross Councils. We are currently completing a series of joint planning meetings with each Local Authority partner, to ensure we deliver effectively and minimise duplication of effort and resources. Above all, the plans and the process assure the delivery of each of our sports across Tayside and Fife. You will be able to read the plans, once they are completed, by the end of March on our website.

Other highlights in the newsletter include:

- The high profile visit of Scottish **Athletics** Grassroots Roadshow to Bell Baxter High School in Cupar launched by Sir Menzies Campbell.
- The selection of four East Scotland players for the Scottish U-17 National **Girls Football** Squad
- The new **coaching** workshop programme which offers generic support coaching topics delivered by a range of high quality professionals
- Midlands District U-18 squad winning the Inter District Indoor **Hockey** Tournament held at Dundee University.
- The launch of the selection process for the U-14 **Basketball** Player Improvement Programme every Monday in March at DISC in Dundee.
- Bell Baxter winning the Scottish Schools **Rugby** Cup at Murrayfield by beating Dollar Academy in the final.
- The contribution of the Fife **gymnasts** in the recent Celtic Cup where Scotland won the Team Silver and Hannah Lee of Fife Gymnastics Club who won Individual Bronze.
- The launch of the new **ClubGolf** website
- The selection of two **swimmers** to represent Scotland at the Celtic Nations in Dublin.

Finally, we are looking forward to receiving our new funding for the second year of the Partnership project from **sportscotland**, and to continuing to add value by the work we do.

**Brian Samson**

**Partnership Manager**

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# clubgolf

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DEVELOPING CLUBGOLF IN TAYSIDE & FIFE

## New clubgolf Website Set to Launch

The clubgolf website has recently been under construction allowing for major changes to be made to the existing site. When it goes live at the end of March the website will be far more user friendly than its previous counterpart. Some of the new facilities on the website will include information for coaches such as training course dates with application downloads, lesson plans and guides. There will also be lots of coaching information for juniors on the site. Make sure to check the website at the end of the month when it launches at [www.clubgolfscotland-youth.co.uk](http://www.clubgolfscotland-youth.co.uk)

## Rollout of clubgolf increases

The newly appointed Project Manager for clubgolf Torquil McInroy has been meeting with Local Authorities to discuss the future delivery of clubgolf in the region. The purpose of the meetings was to discuss how the delivery of clubgolf in the coming years can be increased therefore providing every child the opportunity to experience golf in school and the ability to develop clubs so that more children can participate in the game.

The clubgolf programme is beginning to be delivered in more clubs and schools within Tayside & Fife. During the coming months Alyth, Ballumbie Castle, Balbirnie Park, Camperdown, Crieff and Letham Grange and Monifieth Golf clubs will commence coaching the clubgolf programme. Each of the above golf clubs will be providing coaching opportunities for local children who will have received the modified game firstclubgolf in schools. In addition clubs which started coaching in previous years will again deliver coaching to local children with the inclusion of links to local schools who have received the introductory game firstclubgolf.

Good luck to the new and existing clubs delivering the clubgolf programme within the region for the coming season!

## clubgolf Events Schedule

This year clubgolf will be represented at a number of high profile golf events throughout the country. This is a great way for prospective clubs and coaches to find out more about delivering the clubgolf programme. Included at the events are interactive zones allowing children and adults to participate in activities delivered in schools and clubs involved in the clubgolf programme. Come along to one of the events listed below:

|                         |                            |                          |
|-------------------------|----------------------------|--------------------------|
| Scottish Golf Show *    | Highland Exhibition Centre | 30th March – 1st April   |
| Barclays Scottish Open  | Loch Lomond Golf Club      | 12th July – 15th July    |
| The Open Championship * | Carnoustie Golf Links      | 16th July – 22nd July    |
| British Seniors Open    | Muirfield Golf Club        | 26th July – 29th July    |
| Johnnie Walker Champs * | Gleneagles                 | 9th August – 12th August |

\* Bookings are required for group activity. Please contact the Regional Manager.

### New Coaching Materials for 2007

In response to participant and coach feedback, clubgolf are launching two new products for the coming year. Firstly all participating clubs and coaches will receive a CD-ROM of the Stage 1 and Stage 2 manuals. These are the same as the paper manuals previously provided but are now more user friendly.

In addition to this a skills check booklet named the "clubgolf passport" will be available to all clubs. The booklet allows the coach and junior golfers to track progress by checking completed skills. For more details on the clubgolf passport please contact myself.

### Information roadshows coming soon

Throughout April clubgolf will be running a series of information evenings around the region for golf clubs and golf facilities. This is an excellent opportunity for golf clubs to find out how to become involved in the programme, what needs to be achieved in order to deliver the programme and the benefits to the club. Information will be provided on achievements made by clubgolf in the area to date. Invites to these meetings we be sent out to clubs shortly however if you would like further information or would like to attend please contact myself.

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If you wish to submit any information or articles for the next newsletter please contact Martin Ritchie, Clubgolf Regional Manager, at [martin.ritchie@dundeecity.gov.uk](mailto:martin.ritchie@dundeecity.gov.uk) or Tel: 01382 431 851 **Monday 9<sup>th</sup> May**



# Coaching

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## DEVELOPING COACHING IN TAYSIDE & FIFE

### CoachingTayside & Fife Scholarship Programme

This year's Scholarship Programme has assisted 17 coaches, providing the foundation to further their aspirations as coaches along with awarding significant financial support of over £4,300. The most recent additions to the programme are from Rugby, Gymnastics, Swimming and Football.

#### Gymnastics

A Scholarship programme was agreed with Pamela Bowie during January 2007. Pamela has successfully completed a Scottish Governing Body (SGB) Club Judging course and will attend a First Aid for Sport course during March. High Performance Perth Coach, Isabel Walton will also complete the First Aid for Sport as a component of her 2006-07 Scholarship Programme.

#### Rugby

It has been agreed that a number of coaches from Dundee Eagles Rugby club will be awarded scholarship assistance during 2007-08, once they have completed their UKCC Scottish Governing Body Foundation Level Course.

#### Swimming

Angus Swimming Coach, Marion Durham, will complete her Scholarship Programme for 2006-07 by travelling to Sheffield, for approximately 10 days, to complete an adult/child disability technical attachment and observe a variety of swimming programmes.

#### Girls' and Women's Football

The 2007-08 programme will assist Arbroath and Forfar Football Coaches, Joseph Meldrum and Caren Webster, to complete the Working with Children Licence and Physical Preparation for Under 12 footballers.

#### **Would you like to improve your coaching?**

For more information on the 2007-08 Scholarship Programme, please contact Derek Welch on the contact details provided with this newsletter.

### Tayside & Fife Education Programme 2007

#### Generic Workshops

A series of generic workshops will be available from May 2007. The workshops will be held throughout the year, up to November. The programme will cover the following topics: **MAY – Drugs In Sport, JULY – Nutrition & Hydration, SEPTEMBER – Self Massage and Injury Prevention, NOVEMBER – Women in Sport.** A Sports Psychology workshop is also proposed for August and will target Parents and Children.

All these workshops will be delivered by state registered or highly qualified individuals in their professional field. The sessions will be one hour in duration, except for the Self Massage and Injury Prevention, which will be two hours. The workshops will cost approximately £10.00. To pre-register your interest in attending any of the workshops, contact me at the address provided.

## Forthcoming courses and workshops

### SportsCoach UK (Dundee)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Wednesday 11<sup>th</sup> April, 6.30-9.30pm  
**Venue:** Forum, Olympia Leisure Centre, Dundee  
**Cost:** £20.00  
**Contact:** Paul Jamieson, Dundee Sports Development.  
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

### SportsCoach UK (Dundee)

**Course:** Fuelling Performers  
**Date/Time:** Thursday 26<sup>th</sup> April, 6.30-9.30pm  
**Venue:** Forum, Olympia Leisure Centre, Dundee  
**Cost:** £20.00  
**Contact:** Paul Jamieson, Dundee Sports Development.  
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

### SportsCoach UK (Fife)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Thursday 29<sup>th</sup> March & Thursday 26<sup>th</sup> April 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Eileen Penny, Fife Institute of P.R.E.  
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

### SportsCoach UK (Fife)

**Course:** How To Coach Disabled People in Sport  
**Date/Time:** Monday 14<sup>th</sup> May 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Eileen Penny, Fife Institute of P.R.E.  
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

### SportsCoach UK (Perth & Kinross)

**Course:** Safeguarding and Protecting Children  
**Date/Time:** Wednesday 21<sup>st</sup> March & Wednesday 23<sup>rd</sup> May 6.30-9.30pm  
**Venue:** Bell's Sports Centre, Perth  
**Cost:** £20.00  
**Contact:** Jane Cuisine, Sports Development Section  
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

### SportsCoach UK (Perth & Kinross)

**Course:** How To Coach Disabled People in Sport  
**Date/Time:** Thursday 19<sup>th</sup> April 6.30-9.30pm  
**Venue:** Fife Institute of Sport, Glenrothes  
**Cost:** £20.00  
**Contact:** Jane Cuisine, Sports Development Section  
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

For more course and workshop information, please go to [www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk). If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 9<sup>th</sup> May**