

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

Welcome to the Spring edition of the Partnership Newsletter – I hope you enjoy reading it. I am sure you will be interested to see the progress being made by the sports and in coaching - all down to the hard work of the Managers and our Local Authority colleagues.

Our new Programme Manager, Euan Lowe, has started and is finding his feet very quickly indeed. Needs must, because he is leading our work to complete the four year development plans for each of our sports and for coaching. Euan's other responsibilities include the Regional Sports Facility Strategy and Club Development - welcome aboard indeed!

The importance of the four year development plans cannot be stressed enough because we now have a very clear picture of the priorities for each sport across the Tayside and Fife Region. It has been a very worthwhile process and has involved consultation and involvement of all key stakeholders.

These plans will direct the work of the Partnership, and shape the way that we deliver our joint programmes with Angus, City of Dundee, Fife and Perth & Kinross Councils. We are currently completing a series of joint planning meetings with each Local Authority partner, to ensure we deliver effectively and minimise duplication of effort and resources. Above all, the plans and the process assure the delivery of each of our sports across Tayside and Fife. You will be able to read the plans, once they are completed, by the end of March on our website.

Other highlights in the newsletter include:

- The high profile visit of Scottish **Athletics** Grassroots Roadshow to Bell Baxter High School in Cupar launched by Sir Menzies Campbell.
- The selection of four East Scotland players for the Scottish U-17 National **Girls Football** Squad
- The new **coaching** workshop programme which offers generic support coaching topics delivered by a range of high quality professionals
- Midlands District U-18 squad winning the Inter District Indoor **Hockey** Tournament held at Dundee University.
- The launch of the selection process for the U-14 **Basketball** Player Improvement Programme every Monday in March at DISC in Dundee.
- Bell Baxter winning the Scottish Schools **Rugby** Cup at Murrayfield by beating Dollar Academy in the final.
- The contribution of the Fife **gymnasts** in the recent Celtic Cup where Scotland won the Team Silver and Hannah Lee of Fife Gymnastics Club who won Individual Bronze.
- The launch of the new **ClubGolf** website
- The selection of two **swimmers** to represent Scotland at the Celtic Nations in Dublin.

Finally, we are looking forward to receiving our new funding for the second year of the Partnership project from **sportscotland**, and to continuing to add value by the work we do.

Brian Samson

Partnership Manager

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Basketball

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DEVELOPING BASKETBALL IN TAYSIDE & FIFE

basketballscotland Tayside & Fife Player Improvement Programme (Boys & Girls)

basketballscotland and **SportTayside & Fife** are delighted to confirm the start of the Regional Player Improvement Programme, which targets U14 players from the Tayside & Fife area (born on or after 1st January 1993). Selection evenings are taking place on Monday nights at D.I.S.C. Dundee throughout March 2007. Boys and girls meeting the age criteria, with basic basketball skills and the potential to learn should attend as many of these selection nights as possible to be considered for the full Player Improvement Programme.

Monday 5 th March	D.I.S.C. Dundee	6.00pm – 7.55pm
Monday 12 th March	D.I.S.C. Dundee	6.00pm – 7.55pm
Monday 19 th March	D.I.S.C. Dundee	6.00pm – 7.55pm
Monday 26 th March	D.I.S.C. Dundee	6.00pm – 7.55pm

The programme has received major funding from **sportscotland**, and players chosen from the selection nights will move into a specialised 8 week training block after the Easter Holidays. Unlike previous development squads, this new programme incorporates the new Long Term Player Development principles and is more fundamentals based rather than competition based.

Tayside Primary School Basketball Development Squads (Boys & Girls)

We are delighted to announce that these squads will run again this season, culminating in the East Lothian Peregrines Tournament at Meadowmill, Tranent in May 2007. Trials and a training programme will run from March through to May.

A talent identification system has been put in place to monitor potential squad members at Primary Schools festivals and events in Dundee, Angus and Perth & Kinross. Boys and girls living in Tayside and who are in Primary 5, 6 or 7 at a Tayside Primary School are eligible for these squads.

Coaches Steve Rose, Robin Paterson, Scott Finlayson and Fiona Lynn have expressed an interest to coach these squads again and continue the excellent work and results from the past few seasons.

Fife Primary School Basketball Development Squads (Boys & Girls)

We are also delighted to announce that a first Fife Primary School Development Squad will be established for this season. The squad will operate in the same manner as the Tayside PS Squads and be open to Boys and Girls living in Fife and who are in Primary 5, 6 or 7 at a Fife Primary School are eligible for these squads.

No coaches have been appointed yet. If you are a **basketballscotland** Level 1 qualified coach, willing to be disclosure checked and wishing to work with the best Primary School basketball players in Fife over an 8 week period please contact me for further details.

Refereeing Shortage - New Basketball Referees Qualified!

SportTayside & Fife hosted a **basketballscotland** Level 1 Floor Official's course on Thursday 22nd February. A total of 12 candidates, which included four females, went through a detailed theory session tutored by FIBA International Referee Chris Dodds.

The candidates all gained practical experience by refereeing at the U16 Central Venue Development League on Sunday 25th February at Mayfield SC in Dundee.

On the job training and support was provided by former FIBA referee Douglas Bader and experienced Tayside National League referees, Alistair Maddock and Cesar Rodriguez. Many of the candidates commented how much they had learned and enjoyed the course and that they now appreciate the job that existing referees do!

Given the shortage of referees for basketball in the area, this course was very worthwhile. Some of the candidates have gone on to referee **basketball**tayside & fife league matches already and receiving match fees in the process!

The next Level 1 Referee's course is scheduled for September 2007 and anyone interested in doing this course should register their interest with myself.

Season 2006/07 - Senior Men's and Women's Leagues and Cups

The Senior Men's League continues to run relatively smoothly with the majority of fixtures already having been played. The mid season pacesetters are last season's champions, Dundee Sharks, along with University of Dundee and Perth Phoenix. Frews Madsons have secured a good number of wins and cannot be counted out of the equation. The two new men's teams, Montrose Ravens and Warriors (who are a second team from University of Abertay Dundee) are adjusting to competitive league basketball but enjoying the games none the less.



The Women's League is now up and running, with last season's league winner's Dundee Sharks starting off their campaign with a win over Arbroath Musketeers, who are back in the league after an absence of two seasons. University of Dundee Women and Perth Phoenix complete the entrants to the league. A fixture list and referee schedule is currently being finalised by the clubs with a view to all fixtures being completed by mid May 2007.

Scoresheets from both leagues should be returned to the Match Secretary within 72 hours of the game being completed. Full details of the Men's and Women's Leagues are available at www.basketballtayside.org.uk

Tayside & Fife Under 16 Central Venue Development Leagues

A pilot U16 Tournament was held in December 2006 at Mayfield SC in Dundee. This was a huge success, with nine boy's teams and three girl's teams taking part. There were 16 games in total played during the tournament, with over 120 players, 17 coaches and 7 referees from Tayside & Fife participating.

The momentum of the pilot tournament has been carried forward and all the teams present signed up to enter the Tayside & Fife U16 Central Venue Development Leagues. Thanks to funding from **SportTayside & Fife** these are now fully operational and electronic scoreboards have been purchased to enhance the leagues. The teams competing in the leagues are:

Boys' Division "A"

Arbroath Musketeers
Dunfermline Reign
Dundee Sharks
Perth Phoenix
Grampian Flyers

Boys' Division "B"

Dunfermline Steel
Glenrothes Raptors
Menziesshill Madsons
Montrose Ravens
Perth & Kinross Dev Squad

Girls' Division

Arbroath Musketeers
Menziesshill Madsons
Perth Phoenix
Tayside Divas

For further details or to register your club's entry for U16 or U14 Boys and Girls basketball CVDL's for next season (2007-08) please contact me.

The next quarterly SportTayside & Fife Basketball newsletter will be published at the end of May 2007.

Coaching

Derek Welch
Club/Coach Development Manager
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DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

This year's Scholarship Programme has assisted 17 coaches, providing the foundation to further their aspirations as coaches along with awarding significant financial support of over £4,300. The most recent additions to the programme are from Rugby, Gymnastics, Swimming and Football.

Gymnastics

A Scholarship programme was agreed with Pamela Bowie during January 2007. Pamela has successfully completed a Scottish Governing Body (SGB) Club Judging course and will attend a First Aid for Sport course during March. High Performance Perth Coach, Isabel Walton will also complete the First Aid for Sport as a component of her 2006-07 Scholarship Programme.

Rugby

It has been agreed that a number of coaches from Dundee Eagles Rugby club will be awarded scholarship assistance during 2007-08, once they have completed their UKCC Scottish Governing Body Foundation Level Course.

Swimming

Angus Swimming Coach, Marion Durham, will complete her Scholarship Programme for 2006-07 by travelling to Sheffield, for approximately 10 days, to complete an adult/child disability technical attachment and observe a variety of swimming programmes.

Girls' and Women's Football

The 2007-08 programme will assist Arbroath and Forfar Football Coaches, Joseph Meldrum and Caren Webster, to complete the Working with Children Licence and Physical Preparation for Under 12 footballers.

Would you like to improve your coaching?

For more information on the 2007-08 Scholarship Programme, please contact Derek Welch on the contact details provided with this newsletter.

Tayside & Fife Education Programme 2007

Generic Workshops

A series of generic workshops will be available from May 2007. The workshops will be held throughout the year, up to November. The programme will cover the following topics: **MAY – Drugs In Sport, JULY – Nutrition & Hydration, SEPTEMBER – Self Massage and Injury Prevention, NOVEMBER – Women in Sport.** A Sports Psychology workshop is also proposed for August and will target Parents and Children.

All these workshops will be delivered by state registered or highly qualified individuals in their professional field. The sessions will be one hour in duration, except for the Self Massage and Injury Prevention, which will be two hours. The workshops will cost approximately £10.00. To pre-register your interest in attending any of the workshops, contact me at the address provided.

Forthcoming courses and workshops

SportsCoach UK (Dundee)

Course: Safeguarding and Protecting Children
Date/Time: Wednesday 11th April, 6.30-9.30pm
Venue: Forum, Olympia Leisure Centre, Dundee
Cost: £20.00
Contact: Paul Jamieson, Dundee Sports Development.
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

SportsCoach UK (Dundee)

Course: Fuelling Performers
Date/Time: Thursday 26th April, 6.30-9.30pm
Venue: Forum, Olympia Leisure Centre, Dundee
Cost: £20.00
Contact: Paul Jamieson, Dundee Sports Development.
Tel: 01382 432328 E-mail: paul.jamieson@dundeecity.gov.uk

SportsCoach UK (Fife)

Course: Safeguarding and Protecting Children
Date/Time: Thursday 29th March & Thursday 26th April 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Eileen Penny, Fife Institute of P.R.E.
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

SportsCoach UK (Fife)

Course: How To Coach Disabled People in Sport
Date/Time: Monday 14th May 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Eileen Penny, Fife Institute of P.R.E.
Tel: 01592 415700 E-mail: Eileen.penny@fife.gov.uk

SportsCoach UK (Perth & Kinross)

Course: Safeguarding and Protecting Children
Date/Time: Wednesday 21st March & Wednesday 23rd May 6.30-9.30pm
Venue: Bell's Sports Centre, Perth
Cost: £20.00
Contact: Jane Cuisine, Sports Development Section
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

SportsCoach UK (Perth & Kinross)

Course: How To Coach Disabled People in Sport
Date/Time: Thursday 19th April 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Jane Cuisine, Sports Development Section
Tel: 01738 637129 E-mail: JMCuisine@pkc.gov.uk

For more course and workshop information, please go to www.SportTayside-Fife.co.uk. If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 9th May**