

# SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

I am delighted to be able to introduce the second of our Partnership newsletters to update you on our recent progress and outline some of the exciting developments ahead.

## Planning for Sport

Our Partnership sits across local, regional and national organisations and therefore it is important that we take a planned approach to developing sport within Tayside & Fife to maximise our effectiveness and make a positive impact. We are therefore taking a lead role in this process to ensure selected Scottish Governing Bodies of Sport's national strategies are filtered through to local level and the sports move forward in a co-ordinated manner in line with the rest of Scotland.

We are currently writing a strategic framework for the Partnership and each of our sport specific and coaching team are undertaking a similar exercise for each sport in order to:

- Strengthen the infrastructure of sport in Tayside & Fife
- Increase participation in sport leading to lifelong involvement
- Improve performances of our developing athletes to achieve national standards or Area Institute of Sport level

Whilst the regional team will concentrate on Coaches, Officials, Volunteers, Clubs, Facilities and sport specific Player Improvement Programmes we will work in partnership with local partners to provide more participation opportunities at local level in our priority sports (Athletics, Basketball, Clubgolf, Gymnastics, Hockey, Rugby, Swimming and Girl's & Women's Football).

Over the coming few months, the regional team will be consulting with sporting communities through development groups and regional associations on how we hope to work with you for the next three years. If you would like to get involved in this process, I would urge you to contact the team directly.

## Player Improvement Programmes

Coming soon! Some of our sports will be launching new Player Improvement Programmes to support our developing athletes at regional level. This programme aims to enhance the current provision within the sport and support the athlete / player development pathway in partnership with clubs, coaches and parents.

## Farewell

On a personal note, I will be moving on to take up post as the Area Manager of the Tayside and Fife Institute of Sport in September. I have worked with the **SportTayside & Fife** Partnership for four years and I would like to thank all who have worked with me and supported me throughout my time here. I'd like to wish the new management and the Partnership well and look forward to continuing the good partnership working between both organisations.

**Catriona Semple**

**Acting Regional Manager**

# Swimming

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DEVELOPING SWIMMING IN TAYSIDE & FIFE

## Heather Albin appointed as Swimming Development Manager for Tayside & Fife

On the 10<sup>th</sup> July 2006 I took up the new post of Swimming Development Manager with **SportTayside & Fife**. At this time, I feel that I should give you an insight into my background within swimming.

I have been active in Sports Development for 6 years, working as Swimming Development Officer for Dundee City Council since 2000, during this time I was responsible for the development of Aquatics citywide. Within my new role I will lead the development of swimming in Tayside & Fife with a key focus on Clubs, Coaches, Volunteers, Facilities and Athletes below the Area Institute of Sport level.

At present I am looking to produce a strategic plan for swimming within the Region that will be formed and implemented through working closely with Scottish Swimming, Gary Vandermeulen (TFIS Performance Swimming Coach) and the all local partners.

## Coach Education and Development

Currently Tayside & Fife organise and run Scottish Governing Body courses throughout the year.

It is hoped that through consultation with teachers and coaches, and with the assistance of the **SportTayside & Fife** Club/Coach Development Manager, we can run a comprehensive Coach Education programme for swimming within the Region. Hopefully this will address everyone's needs, whether it is through providing SGB courses or CPD workshops. Please contact me if you would like information or assistance in identifying the appropriate training.

**SportTayside & Fife** support a Coach Scholarship programme for coaches who wish to further develop their skills. The scholarship offers support for coaches operating at Level 2 and above. For further information on how to access funding please contact Derek Welch at **SportTayside & Fife**.

Athlete education for swimmers under Area Institute level is also being looked at. Sessions will be set up on topics that will assist swimmers with their future development.

## Club Development

The Scottish Governing Body Swimmark programme will assist Clubs with their development and planning for the future. It is hoped that clubs can be encouraged to sign up to this programme with assistance being provided at a local and regional level to support them through this process.

With the appointment of the new Volunteer Development Officer at Scottish Swimming, we will be working closely with Clubs to identify what they need volunteers for and how we can target various organisations to attract volunteers into swimming.

Please contact me if you wish to arrange for me to visit your Club.

As it comes to the end of the swimming season, swimmers from Tayside & Fife have been busy competing at National and International meets. Results are summarised as follows:

### **European Juniors**

TFIS athlete, Andrew Rodgie from Carnegie, coached by Gilbert Kirkwood competed for Great Britain at the European Junior Championships. He gained PB times in the 200m Bst to make his first International final, gaining another PB while finishing 7<sup>th</sup>.

### **Scottish National Long Course**

The Scottish National Open Championship incorporating Girls 13 Under and Boys 14 Under events took place 29 June – 2 July. Results for Tayside & Fife swimmers are as follows:

#### **Womens Open events**

Karen Rigby, Mairi Stewart, Shona Booth Tayside and Kathryn Johnstone Carnegie all made finals.

#### **Mens Open Events**

Andrew Rodgie Carnegie – 2<sup>nd</sup> 200mBst

Ross Clark Tayside and Daniel Scott Glenrothes both made several finals

#### **Girls 13 & Under**

Blaine Small, Glenrothes – 3<sup>rd</sup> 100 Fly

N Whyte, Fins – 2<sup>nd</sup> 100 Bk

#### **Boys 14 & Under**

Callum Shaw, Carnegie – 1<sup>st</sup> 100m Bk, 200 Fc and 200 Bk

Peter Stewart, Tayside – 2<sup>nd</sup> 100 Bst and 1<sup>st</sup> 200 Bst

### **ASA Age Groups – Sheffield - July**

Callum Shaw - Carnegie, Joe Lipworth and Jamie Wilmhurst - Tayside both reached finals in their main events.

### **ASA Youth and Open Championships – August**

Swimmers from Glenrothes, Carnegie and Tayside competed at the ASA Youth and Open Championships. Results were as follows:

Daniel Scott, Glenrothes was 2<sup>nd</sup> in the 50m Fc and 2<sup>nd</sup> in the 100Fly in the 15/16 age group

Andrew Rodgie, Carnegie took silver in the 17/18 age group 100m Bst

Ross Clark, Tayside won the Open 50 bst in a new Scottish Record and took Bronze in the open 100m Bst

Judith Kilgallon, Tayside took silver in the girls 16/17 years 50m Fc

Karen Rigby, Tayside, reached the final of the Womens open 50 Fly 6th and made semi finals of the 100 Fly as did Mairi Stewart, Tayside in the 50 Fc

Kathryn Johnstone, Carnegie, Shona Booth, and Ashley Williamson, Tayside all made a final in their main events

### **Regional Squads 2006 – 2007**

The Regional Squad Programme is run throughout Scotland, with each Squad attending three one day training sessions. Dates for Tayside & Fife are:

- ❖ Fife Squad at the FIPRE: 28 October, 25 November and 10 February
- ❖ Tayside Squad at Dundee College Campus, Gardyne Road: 16 September, 16 December and 3 March

### **Local Area Squads**

At present there are local Area Squads running in Angus, Dundee and Perth & Kinross. These squads were set up to bridge the gap from Club into District programmes. The Squads now sit under the Scottish Swimming Regional Programme with qualifying times set under those of the Bronze times as outlined in the Scottish Swimming Performance Plan 2005 - 2012

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If you wish to submit any information for the next newsletter please do so by **Monday 13<sup>th</sup> November**