

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

I am delighted to be able to introduce the second of our Partnership newsletters to update you on our recent progress and outline some of the exciting developments ahead.

Planning for Sport

Our Partnership sits across local, regional and national organisations and therefore it is important that we take a planned approach to developing sport within Tayside & Fife to maximise our effectiveness and make a positive impact. We are therefore taking a lead role in this process to ensure selected Scottish Governing Bodies of Sport's national strategies are filtered through to local level and the sports move forward in a co-ordinated manner in line with the rest of Scotland.

We are currently writing a strategic framework for the Partnership and each of our sport specific and coaching team are undertaking a similar exercise for each sport in order to:

- Strengthen the infrastructure of sport in Tayside & Fife
- Increase participation in sport leading to lifelong involvement
- Improve performances of our developing athletes to achieve national standards or Area Institute of Sport level

Whilst the regional team will concentrate on Coaches, Officials, Volunteers, Clubs, Facilities and sport specific Player Improvement Programmes we will work in partnership with local partners to provide more participation opportunities at local level in our priority sports (Athletics, Basketball, Clubgolf, Gymnastics, Hockey, Rugby, Swimming and Girl's & Women's Football).

Over the coming few months, the regional team will be consulting with sporting communities through development groups and regional associations on how we hope to work with you for the next three years. If you would like to get involved in this process, I would urge you to contact the team directly.

Player Improvement Programmes

Coming soon! Some of our sports will be launching new Player Improvement Programmes to support our developing athletes at regional level. This programme aims to enhance the current provision within the sport and support the athlete / player development pathway in partnership with clubs, coaches and parents.

Farewell

On a personal note, I will be moving on to take up post as the Area Manager of the Tayside and Fife Institute of Sport in September. I have worked with the **SportTayside & Fife** Partnership for four years and I would like to thank all who have worked with me and supported me throughout my time here. I'd like to wish the new management and the Partnership well and look forward to continuing the good partnership working between both organisations.

Catriona Semple

Acting Regional Manager



Coaching

Derek Welch
Club/Coach Development Manager
E-mail: derek.welch@dundeecity.gov.uk

DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

Working with our partners, the following Tayside and Fife coaches have been awarded scholarship funding.



Athletics

£390 was awarded to athletics coach, Ivor McGill, Dundee to undertake a series of courses to progress the UKA Level 2 (core) and events module. The courses will take place at Clatto Park, Peterhead and Grangemouth during September and December 2006. **CoachingTayside & Fife** have worked in partnership with Alasdair Donaldson (**SportTayside & Fife** Athletics DM), Dundee City Sports Council and Scottish Athletics, to provide the most flexible funding package, allowing the coach to progress and combine particular educational requirements.

Gymnastics

Just over £370 was awarded to Scott Harper of Dunfermline, Fife to attend the Women's Artistic High Performance Coach Course at Lilleshall NSC. Isabel Walton has also been awarded just over £116 to cover the Club Judge course to be held at Lasswade Gymnastics Facility, Mid Lothian, during August. Both awards will cover course fees and travel.

Would you like to be part of the Scholarship Programme?

For more information or to get involved, please contact myself or any of the or any of the Sports Specific Development Managers.

CoachingTayside & Fife Education Programme 2006

FUNDamentals Workshop

On Sunday, July 2nd, a 'Fundamentals' workshop was organised in conjunction with Perthshire Rugby Club at Bell's Sports Centre, Perth. The tutor was Gil Stevenson, Principal of Fife Institute of Physical and Recreational Education and sportscoach UK tutor and trainer. Fundamental movement skills are the foundation of the ABC's of athleticism, which are Agility, Balance, Co-ordination and Speed. They should be practiced and mastered prior to the introduction of sport specific activity. The development of these skills, have been found to contribute significantly to future achievements. The workshop was identified as a priority by the club, to strengthen links with local schools and enhance the knowledge of club coaches. A practically based day was divided into two sessions. Candidates participated in a fun dynamic warm-up, with the afternoon providing an opportunity for candidates to lead sessions. Fifteen junior rugby players, sourced through the rugby club, aged between 10-12 year old took part. Eighteen coaches attended along with twelve club coaches, two Youth Development Officers from Dundee Sports Development Section along with four Active Schools Co-ordinators from the region. The feedback from the workshop has been excellent and we hope further workshops of this calibre can be programmed in other sections of the Partnership.

First Aid for Sport Course

A First Aid for Sport course was conducted on Thursday June 28th at Next Generation Clubs, Monifieth. Twenty candidates completed training in 'Emergency First Aid Procedures for Sports Coaches'. If you require First Aid training, please contact me.

Forthcoming courses and workshops

Athletics (Perth & Kinross)

14/15th October

Level 3/4-Mentoring Athletics Course, Bells Sports Centre, Perth

Contact: Anne Stewart, Scottish Athletics.

Tel: 0870 145 1511 E-mail: anne.stewart@scottishathletics.org.uk

Badminton (Fife)

23rd September

Badminton Leaders Award, Cupar Sports Centre, Fife

October/November

Badminton Instructors Award, Venue-TBC

For both course contact: Bill Hogg, Sports Development Officer.

Tel: 01383 314 641 E-mail: bill.hogg@fife.gov.uk

Child Protection (Angus)

21st September

Child Protection-Children 1st in Safe Hands, Arbroath Sports Centre

Contact: Angus Council Sports Services on 01307 475 366

Football (Tayside & Fife)

For football information in your area contact:

Angus: Stevie Baxter, Football Development Officer.

Tel: 01307 475 361 E-mail: baxters@angus.gov.uk

Dundee: Kevin Lee, Football Development Officer.

Tel: 01382 432 334 E-mail: kevin.lee@dundeecity.gov.uk

Fife: Davie Honeyman, Community Development Officer Tel: 01383 314 644

or Gordon Forrest, Youth Development Officer Tel: 01383 314 6438

Perth & Kinross: Atholl Henderson, Community Development Officer.

Tel: 01738 459 095 E-mail: atholl@saints10.freeserve.co.uk

Gymnastics (Fife)

12/19/26 November & 3/10 December

Club Coach (General), Dunfermline High School

Contact: Jackie Archibald, **SportTayside & Fife** Gymnastics Development Manager

Tel: 01382 431 852 E-mail: jackie.archibald@dundeecity.gov.uk or contact Bill Hogg,

Development Officer. Tel: 01383 314 641 E-mail: bill.hogg@fife.gov.uk

Hockey (Fife)

1st October

Hockey Leaders Course

Contact Bill Hogg, Sports Development Officer.

Tel: 01383 314 641 E-mail: bill.hogg@fife.gov.uk

Swimming Courses (Tayside & Fife)

For swimming information in your area contact:

Dundee - Heather Albin, **SportTayside & Fife** Swimming Development Manager

Tel: 01382 431 852 E-mail: heather.albin@dundeecity.gov.uk

Fife - Daryl Keddie, Kirkland High School, Methil Tel: 01333 592 406

Perth & Kinross - Caroline Wright, Development Officer, Tel: 01738 637 129

E-mail: cwright@balhousie.pkc.sch.uk

A new **CoachingTayside & Fife** Education & Training Programme Brochure is now available. If you would like to receive a copy on a regular basis, please contact us.

If you wish to submit any information for the next newsletter please do so by **Monday 13th November**