

Rugby

New Staff Join the Team ...and One Returns!

There are several new staff working in the Tayside and Fife Rugby Development Team this year.



This includes the annual influx of SVQ community coaches who are charged with bringing rugby to the next generation through coaching in primary and secondary schools throughout the region. The new SVQ's are:

Jordan Kingston and Craig Sheerer – Dundee Eagles

Calum McLean – Strathie Sharks

Johnny Hall – Stobswell RFC

Emma Hampton and Caristiona Hawthorn – Perthshire RFC

James Bird – Dunfermline RFC

Alex Brooks – Kirkcaldy RFC

Also joining the team is Stewart Ross. Stewart has taken up the post of Angus Rugby Development Officer from Kenny Christie who has moved on to pastures new in Monza, Italy. He joins us from Banff RFC having completed his sports degree at Stirling Uni, he has hit the ground running already organising several school events and meeting his clubs. Good Luck Stewart!

And who's returning? I am, Doc McKelvey, having spent a while working at Murrayfield I have returned to take over as RDM for the area and look forward to catching up with you all soon.



Food Standards Agency Scotland 'Hygiene, Healthy Eating and Activity in Primary Schools' Initiative

Following the successful pilot last year, primary schools in Perth & Kinross, Dundee and Angus have signed up for the HHEAPS initiative, which will see another 630 children complete the 6 week course.

The initiative is designed to raise awareness in schools of the benefits of good food hygiene and healthy eating, as well as encouraging kids to be more active and improve their fitness through rugby.

The course will be delivered in class by teachers with DO's and SVQ's delivering the rugby sessions.

Youth Coaching Course Goes National!



The Youth Coaching Course is about to go national.

The Youth Coaching Course which I developed with Lindsey Booth and Jock

Peggie from Scottish Rugby during my time as Perthshire Development Officer, is about to go national thanks to the Scottish Government's 'Cashback for Communities' programme.

Their investment in Scottish Rugby has allowed the Youth Coaching Course resources to be professionally developed and published so that young men and women across Scotland (aged 15+) will have the opportunity to receive training and support towards completing their Foundation Coaching and Refereeing awards.



Young players and coaches from Perthshire RFC feature heavily in the course workbooks and I thank them for their help in developing this resource. The course will be available in the New Year and any one interested should contact their local DO for info on the next available course.

Record Entry in Bell Lawrie Schools Competitions

The number of new schools entering the Bell Lawrie competitions this season gives a clear indication that the commitment of clubs and schools to work together to grow the game is working.

This is especially true in Angus where Arbroath Schools and Carnoustie HS joined Strathmore Schools (Forfar Ac & Websters HS) and Montrose Academy in the competition. This represents great progress after only one full season of the Angus DO being in post; and the numerous school and club volunteers deserve great credit and thanks for their support.

Partnership Boost for Perthshire

Perthshire RFC's Development team received a boost with Perth & Kinross Council agreeing to a ground-breaking Service Level Agreement (SLA), recognising the valuable contribution the club makes to physical activity provision in schools and communities.

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If you would like any information on rugby in Tayside & Fife please contact: Doc McKelvey Regional Development Manager (Tayside & Fife)
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Coaching

Coaching Development Seminar



The National Coaching Network gathered at sportscotland's National Sports Centre, Inverclyde on the 26th and 27th of November.

The two day seminar was staged to create momentum for moving forward. A core group of Officers was selected to represent the Network as the 'Coaching Network Task Group'. The group will create and establish a vision of best practice in the delivery of the nine key actions set out by Coaching Scotland.

A series of workshops were facilitated to create clarity and where potential strength and weaknesses lie, with regards to current delivery in a variety of organisations.

A 'Developing Fundamentals Skills' workshop was provided by Tommy Dowens, current Scottish Volleyball Director of Coaching.

Day two acknowledged the outcomes of the previous day and a 'Route Map for the Future' was agreed by everyone. This will allow all the Coaching Network to work more effectively to deliver the nine Coaching Scotland Actions. A vision to action was presented by Jock Peggie, SRU Coach Education and Development Manager.

To close, Billy Bell, Lead Manager, **sportscotland**, provided an information and consultation exercise to shape the agenda for the UK Coaching Summit, to be held in Glasgow during April 2009. The Conference will be delivered in conjunction with SportsCoach UK, with planned topics including: The Coaching Workforce 2009-16, Building a Leading Coaching System, School Sport Coaching, Creating CPD for High Performance Coaches. A further Coaching Network Seminar will be held during May 2009.

Any information for inclusion in the next newsletter should be submitted by Monday 16th February 2009.



Research Seminar Series

A series of seminars will be presented at University of Stirling, the Department of Sports Studies. For further details contact: Karen Caldwell on 01786 466498 or go to sports.stir.ac.uk

Coach Education

Jan 13th - How to Coach Disabled People. Contact P&K on 01738 637129 **clubgolf** Level 1. Contact Martin Ritchie on 01382 431851 Rugby Foundation and Referee Courses. Contact Doc McKelvey on 01382 431 829 or Paul Hunter on 08451 555555 Ex: 402599

Coach Awards

The Dundee Sports Awards were held on November 25th, with 7 **SportTayside & Fife** Scholarship Coaches being nominated. Beate Petersen, a previous Scholarship, won Coach of the Year, with Pam Bowie receiving the award of Community Coach.

★★ Partnerships

★★ Development

★★ Education

★★ Pathways

★★ Events

★★ Clubs

★★ Scholarships

★★ Opportunities

Next Issue

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