

# Athletics

## Dundee Scoop National Award!

On Saturday 22nd November representatives from Dundee City Council attended the scottishathletics annual awards ceremony in Glasgow.



### Under 15 Development Camp

The **SportTayside & Fife** Bank of Scotland U15 Development Camp took place at Pitreavie on Sunday 9th November. Athletes were invited as a result of their achievement of the Power of 10 "100 standards" for their event, through nomination by Scottish Schools AA or their clubs.

In all thirty one athletes attended to learn from the four event group coaches; Paul Allan (Sprints & Hurdles), Graham Smith (Endurance), Rachel Edgar (Jumps) and Wullie Faulkner (Throws).

In addition there were also many personal coaches there to learn from the event lead coaches and find out some of the new activities in which their athletes were involved. The feedback on the day was hugely positive and all are looking forward to the follow on camp in March 2009 when it is



The ceremony was hosted by Brian Burnett from Radio Scotland with Paula Radcliffe as the special guest. As well as athlete of the year categories, there were also awards for coaches, clubs and partnerships.

Dundee City Council were named **scottishathletics** Local Authority of the Year 2008 to recognise the outstanding progress they have made in the last two years in setting up an extensive programme of events and opportunities for ongoing involvement. The award for their category was made by Ewen Cameron (**scottishathletics** Education & Development Manager).

Steven Glass, Hockey & Athletics Development Officer, was present to accept the award, accompanied by Jane Dunlop (Active Primary Schools Co-ordinator) and Allison Reid (Sports Specific Team Leader). All three are photographed accompanied by Alasdair Donaldson (**SportTayside & Fife** Athletics Development Manager) and Ewen Cameron.

#### Steven Glass commented:

*"...this award is a tribute to the strong partnership working between Sports Development, Active Schools, the Youth Sport Team and SportTayside & Fife. Young people want to take part in athletics but without the opportunity to do so will find other sports. We are looking to provide them with the chance to get involved in athletics and they are voting with their feet..."*

# Giant Heptathlon!

The Giant Heptathlon season got underway recently with events in Angus and Perth & Kinross.

Angus had seven schools for their S2 Festival with victory going to Arbroath High School from Monifieth and Websters. Perth & Kinross had eleven schools for their event in Bells Sports Centre with Perth High taking first place from Crieff High and Blairgowrie.

Both festivals had scottishathletics National Event Managers in attendance to identify those children who showed talent and potential. As a result of this those pupils will be given specific information about local athletics opportunities and will be invited to the second Under 15 regional development camp. This is seen as a significant move forwards for this programme and has added real value to the events.

The Fife event will take place on Tuesday 27th January at Pitreavie with the Dundee event taking place at DISC on Thursday 5th February. These events will again have scottishathletics representatives performing talent ID and they will determine which schools go forwards to the regional final. Perth, Crieff, Arbroath & Monifieth have all already qualified for the **SportTayside & Fife** Regional Final on Tuesday 24th February at Pitreavie Athletics Centre, Dunfermline.



intended that those identified through the Giant Heptathlon programme will also be present.

## Fun in Athletics Festivals Underway

Primary 6 and 7 teams across Tayside are now fighting to qualify for their Local Authority finals; Angus – 3rd December, Dundee – 22nd January, Perth & Kinross – 27th January.

The top two teams from these events will then be invited to the **SportTayside & Fife** Final on 19th February. This year the Tayside teams will be joined by teams from Fife who are holding their first Fun in Athletics festivals.

The first event will be the Dunfermline & West Fife Sports Council event at Pitreavie Athletics Centre on 10th December, with a second event to take place in Kirkcaldy on 3rd February.

Any information for inclusion in the next newsletter should be submitted by Monday 16th February 2009.

# Coaching

## Coaching Development Seminar



The National Coaching Network gathered at sportscotland's National Sports Centre, Inverclyde on the 26th and 27th of November.

The two day seminar was staged to create momentum for moving forward. A core group of Officers was selected to represent the Network as the 'Coaching Network Task Group'. The group will create and establish a vision of best practice in the delivery of the nine key actions set out by Coaching Scotland.

A series of workshops were facilitated to create clarity and where potential strength and weaknesses lie, with regards to current delivery in a variety of organisations.

A 'Developing Fundamentals Skills' workshop was provided by Tommy Dowens, current Scottish Volleyball Director of Coaching.

Day two acknowledged the outcomes of the previous day and a 'Route Map for the Future' was agreed by everyone. This will allow all the Coaching Network to work more effectively to deliver the nine Coaching Scotland Actions. A vision to action was presented by Jock Peggie, SRU Coach Education and Development Manager.

To close, Billy Bell, Lead Manager, **sportscotland**, provided an information and consultation exercise to shape the agenda for the UK Coaching Summit, to be held in Glasgow during April 2009. The Conference will be delivered in conjunction with SportsCoach UK, with planned topics including: The Coaching Workforce 2009-16, Building a Leading Coaching System, School Sport Coaching, Creating CPD for High Performance Coaches. A further Coaching Network Seminar will be held during May 2009.

**Any information for inclusion in the next newsletter should be submitted by Monday 16th February 2009.**



### Research Seminar Series

A series of seminars will be presented at University of Stirling, the Department of Sports Studies. For further details contact: Karen Caldwell on 01786 466498 or go to [sports.stir.ac.uk](http://sports.stir.ac.uk)

### Coach Education

Jan 13th - How to Coach Disabled People. Contact P&K on 01738 637129 **clubgolf** Level 1. Contact Martin Ritchie on 01382 431851 Rugby Foundation and Referee Courses. Contact Doc McKelvey on 01382 431 829 or Paul Hunter on 08451 555555 Ex: 402599

### Coach Awards

The Dundee Sports Awards were held on November 25th, with 7 **SportTayside & Fife** Scholarship Coaches being nominated. Beate Petersen, a previous Scholarship, won Coach of the Year, with Pam Bowie receiving the award of Community Coach.

★★ Partnerships

★★ Development

★★ Education

★★ Pathways

★★ Events

★★ Clubs

★★ Scholarships

★★ Opportunities

Next Issue

Spring 2009

E-mail: [SportTayside-Fife@dundeecity.gov.uk](mailto:SportTayside-Fife@dundeecity.gov.uk) Web: [SportTayside-Fife.co.uk](http://SportTayside-Fife.co.uk) Tel: 01382 431 826

**SportTayside & Fife**  
Working together for Sport

