

Tayside & Fife Swimming Development Plan 2006- 2010

SportTayside & Fife



SportTayside & Fife is a Sports Partnership established to strengthen infrastructure, leading to sustainable increases in participation and improved performance in sport across Tayside & Fife.

The partnership consists of four Local Authority partners in Angus, Fife, Perth & Kinross and Dundee City Councils, Perth & Kinross Leisure Ltd and selected Scottish Governing Bodies of Sport (SGB's). Additionally, the Partnership works closely with each of the Local Authorities respective Sports Councils, **sportscotland**, colleges and universities throughout the area and the Tayside and Fife Institute of Sport (TFIS), a support network for identified national athletes. These partnerships will ensure that each sports full pathway is supported within Tayside and Fife.

The partnership employs Sport Specific Development Managers for each selected sport along with a generic Coach Development Manager. The Managers will not only deliver specific programmes but will take the strategic lead to ensure that all partners are working towards the same Development Plan for their sport in Tayside & Fife. This will ensure that each partner's annual plans contribute to the overall targets and there is no duplication between partners' work providing a more co-ordinated and integrated delivery for each sport.

This document sets out the vision for **Swimming** in Tayside and Fife. It identifies four specific 'Focus Areas', the 'Goal' for each and the 'Aims' that all partners have agreed they will contribute to achieving during 2006-10. The plan focuses on the high level needs of **Swimming**. Roles, responsibilities and detailed actions will be included in each partner's annual plans, which will be monitored and evaluated to show the impact the partnership is having on sport.

SCOTTISH *swimming*
everyone can swim!

Scottish Swimming

Vision:

"For Scottish Swimming to ensure that every single person in Scotland has access to quality swimming programmes regardless of age or ability".

As Chief Executive Officer of **Scottish Swimming**, it gives me great pleasure to support and endorse the Tayside & Fife Development Swimming Plan. **Scottish Swimming** and **SportTayside & Fife** have committed to a partnership agreement which ensures that we will collaborate to achieve all of our ambitions and targets for the sport over the next three years.

It is my belief that this strategic, four year plan for Tayside and Fife will develop and enhance the sport of swimming within the region, helping Scotland to achieve our vision.

Scottish Swimming's staff and I look forward to working through the **SportTayside & Fife** Swimming Development Manager as well as the many partners from the four Local Authorities, professional, voluntary and club sectors within the region.

Ashley Howard
Chief Executive Officer
Scottish Swimming

Focus Areas

The Development Plan has four focus areas:

- Clubs
- Athletes
- Coaches, Officials & Volunteers
- Facilities

The tables in Appendix 1 detail the objectives that will deliver the goals and aims in each of the four focus areas

Clubs

Goal:

To develop a robust, quality assured club infrastructure that delivers long term athlete development (LTAD) principles by implementing the swimmer pathway.

Aims:

- At least 25% of the clubs in Tayside & Fife achieving SwiMark accreditation.
- At least 50% of clubs within Tayside & Fife with an action plan leading towards SwiMark accreditation.
- At least 75% of clubs within Tayside & Fife registered for Scottish Swimming's SwiMark club development programme.
- At least 8 Clubs within Tayside & Fife have effective links with Local Authority 'Learn to Swim' programmes.
- Establish 2 Performance Clubs / Squads within Tayside & Fife.
- Develop and support 2 Regional Swimming Groups in Tayside and in Fife.

Athletes

Goal:

To provide a swimmer pathway with opportunities for all age groups and all ability levels through school, club, regional and national programme.

Aims:

- Establish and run at least 4 local development swimming squads for swimmers under the District Regional Programme (DRP), one within each local authority area.
- Increasing the number of swimmers qualifying for the District Regional programme in Tayside & Fife to 80.
- Increasing the number of swimmers from Tayside & Fife moving from the DRP into the National Youth Development and Youth squads by 20%.
- Increasing the number of clubs placing swimmers on the DRP to 12.
- Increasing the number of coaches who are assisting with the DRP and Area Squad programmes such that there is representation from at least 20 clubs in Tayside & Fife.
- Ensure that athletes who meet the National / TFIS standard receive the appropriate levels of support.

(See Appendix 2 – LTAD Pathway)

Coaches, Officials & Volunteers

Goal:

To recruit, retain and develop swimming coaches, officials and volunteers to support LTAD principles by implementing the swimmer pathway.

Aims:

- At least 2 full time coaching posts established within 2 Local Authority Areas in Tayside & Fife, working with identified Club/ Squads and Coaches.
- Personal needs analysis for all coaches working within the DRP and the Area Squad programme.
- Provide tailored CPD opportunities for identified coaches, officials and volunteers through the Tayside & Fife swimming pathway.
- At least 90 UKCC certificated swimming teachers.
- At least 35 licensed swimming teachers.
- At least 40 UKCC certificated coaches.
- At least 15 licensed coaches.
- At least 100 trained volunteers working in SwiMark accredited clubs.

Facilities

Goal:

To ensure that there are sufficient quality facilities and water time in Tayside and Fife to deliver LTAD principles by implementing the swimmer pathway.

Aims:

- Ensure that the requirements of swimming are included in **SportTayside & Fife's** facilities strategy that identifies the facility requirements for delivery of sporting pathways in Tayside and Fife.
- Identify and establish need for a 50m facility within Tayside & Fife.
- At least 50% of Local Authorities signed up to Scottish Swimming's facilities user agreement.
- To provide advice and guidance to clubs, through liaison with Local Authorities, seeking to increase their water time for training purposes.
- At least 2 Clubs / Squads in Tayside & Fife providing 16-20 hours water time per week with complimentary land training programme.

Acknowledgements

Scottish Swimming

sportscotland

Tayside & Fife Institute of Sport

Local Authorities' Sports Development Teams

Active Schools Managers

Tayside & Fife Swimming clubs

Regional Swimming Groups



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Appendix 1 - Objectives, Baseline Date and 4 Year Projections

Aims	Baseline Information	Projected Outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected 2009-10 Data
CLUBS					
At least 25% of the clubs in Tayside & Fife achieving SwiMark accreditation	0	1	3	4	7
At least 50% of clubs within Tayside & Fife with an action plan leading towards SwiMark accreditation	2	3	6	10	13
At least 75% of clubs within Tayside & Fife registered for Scottish Swimming's SwiMark club development programme	4	6	10	15	20
At least 8 Clubs within Tayside & Fife have effective links with Local Authority 'Learn to Swim' programmes	0	2	4	6	8
Establish 2 Performance Clubs / Squads within Tayside & Fife	0	0	1	1	2
Develop and support 2 Regional Swimming Groups in Tayside and in Fife	0	0	1	1	2

Aims	Baseline Information	Projected Outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected 2009-10 Data
ATHLETES					
Establish and run at least 4 local development swimming squads for swimmers under the District Regional Programme (DRP), one within each local authority area	3	4	4	4	4
Increasing the number of swimmers qualifying for the District Regional programme in Tayside & Fife to 80	Tayside 28 Fife 29	Tayside 28 Fife 29	Tayside 32 Fife 33	Tayside 36 Fife 36	Tayside 40 Fife 40
Increasing the number of swimmers from Tayside & Fife moving from the DRP into the National Youth Development and Youth squads by 20%	Tayside 2 Fife 4	Tayside 2 Fife 4	Tayside 3 Fife 4	Tayside 4 Fife 5	Tayside 4 Fife 5
Increasing the number of clubs placing swimmers on the DRP to 12	Tayside 6 Clubs: Arbroath St Thomas Blairgowrie City of Dundee Dundee Arnhall Kinross Otters Perth Fife 4 Clubs: Carnegie Fins Glenrothes Incas	Tayside 6 Clubs: Arbroath St Thomas Blairgowrie City of Dundee Dundee Arnhall Kinross Otters Perth Fife 4 Clubs: Carnegie Fins Glenrothes Incas	Tayside 5 Clubs: Fife 4 Clubs:	Tayside 6 Clubs: Fife 5 Clubs:	Tayside 6 Clubs: Fife 6 Clubs:
Increasing the number of coaches who are assisting with the DRP and Area Squad programmes such that there is representation from at least 12 clubs in Tayside & Fife	4	4	Each Club with swimmers on the programme to have 1 coach	Sustain, each Club with swimmers on the programme to have 1 coach	Each Club with swimmers on the programme to have 2 coaches
Ensure that athletes who meet the National / TFIS standard receive the appropriate levels of support	Tayside: 4 *Fife: 6 * Includes 1 athlete with disability	Tayside: 4 Fife: 6 * Includes 1 athlete with disability	Tayside: 4 Fife: 6 * Includes 1 athlete with disability	Tayside: 5 Fife: 6	Tayside:5 Fife: 6

Aims	Baseline Information	Projected Outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected 2009-10 Data
COACHES, OFFICIALS & VOLUNTEERS					
At least 2 full time coaching posts established within 2 Local Authority Areas in Tayside & Fife, working with identified Club/ Squads and Coaches	0	0	1	1	2
Personal needs analysis for all coaches working within the DRP and the Area Squad programme	0	3	4	6	10
Provide tailored CPD opportunities for identified coaches, officials and volunteers through the Tayside & Fife swimming pathway	DRP - 4 Informal - Area Squad Programme - 6	DRP - 4 Informal - Area Squad Programme - 6	DRP - 9 Sustain Informal - Area Squad Programme - 6	DRP -11 Sustain Informal - Area Squad Programme - 6	DRP - 12 Sustain Informal - Area Squad Programme - 6
At least 90 UKCC certificated swimming teachers (350 by 2012)	0	0	30	45	90
At least 35 licensed swimming teachers (335 by 2012)	0	10	20	30	35
At least 40 UKCC certificated coaches (160 by 2012)	0	8	20	30	40
At least 15 licensed coaches (150 by 2012)	0	2	8	12	15
At least 100 trained volunteers working in SwiMark accredited clubs (200 by 2012)	0	0	25	50	100

Aims	Baseline Information	Projected Outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected 2009-10 Data
FACILITIES					
Ensure that the requirements of swimming are included in SportTayside & Fife's facilities strategy that identifies the facility requirements for delivery of sporting pathways in Tayside and Fife	No strategy in place	No strategy in place	Strategy in place	Strategy implemented	Strategy implementation ongoing
Identify and establish need for a 50m Facility within Tayside & Fife	Identify what is needed regarding upgrade / new Facilities within Tayside & Fife, through Development Groups, Clubs and Facilities	Include information in facilities strategy	Provide ongoing support	Provide ongoing support	Provide ongoing support
At least 50% (2) Local Authorities signed up to Scottish Swimming's facilities user agreement	0	0	1	1	2
To provide advice and guidance to clubs, through liaison with local authorities, seeking to increase their water time for training purposes	No baseline information	Audit of facilities to establish pool time usage.	Identify which clubs need additional pool time in relation to Swimmark	Increase water time in line with LTAD guidelines	Prioritise to Clubs who are going through Swimmark
At least 2 Clubs / Squads in Tayside & Fife providing 16-20 hours water time per week with complimentary land training programme and led by a full-time paid coach	0	0	1	1	2

Appendix 2 – Swimming LTAD Pathway

