

Tayside & Fife Gymnastics Development Plan 2006 - 2010

SportTayside & Fife



SportTayside & Fife is a Sports Partnership established to strengthen infrastructure, leading to sustainable increases in participation and improved performance in sport across Tayside & Fife.

The partnership consists of four Local Authority partners in Angus, Fife, Perth & Kinross and Dundee City Councils, Perth & Kinross Leisure Ltd and selected Scottish Governing Bodies of Sport (SGB's). Additionally, the Partnership works closely with each of the Local Authorities respective Sports Councils, **sportscotland**, colleges and universities throughout the area and the Tayside and Fife Institute of Sport (TFIS), a support network for identified national athletes. These partnerships will ensure that the full pathway for each sport is supported within Tayside and Fife.

The partnership employs Sport Specific Development Managers for each selected sport along with a generic Coach Development Manager. The Managers will not only deliver specific programmes but will take the strategic lead to ensure that all partners are working towards the same Development Plan for their sport in Tayside & Fife. This will ensure that each partner's annual plans contribute to the overall targets and there is no duplication between partners' work providing a more co-ordinated and integrated delivery for each sport.

This document sets out the vision for Gymnastics in Tayside and Fife. It identifies four specific 'Focus Areas', the 'Goal' for each and the 'Aims' that all partners have agreed they will contribute to achieving during 2006 -10. The plan focuses on the high level needs of Gymnastics. Roles, responsibilities and detailed actions will be included in each partner's annual plans, which will be monitored and evaluated to show the impact the Partnership is having on sport.

Scottish Gymnastics



Vision:

“For Gymnastics to become a key sport for the delivery of grass roots exercise in Scotland, while improving the pathway for all who wish to exploit them”

This vision is taken from **Scottish Gymnastics** strategic plan 2006 – 2012. It is my belief that this 3 Year plan for Tayside and Fife will develop and enhance the sport of Gymnastics within the region during the plan period and for many years to come. As Chief Executive Officer of Scottish Gymnastics, it gives me great pleasure to support and endorse the Tayside & Fife Gymnastics Development Plan. Scottish Gymnastics and **SportTayside & Fife** have committed to a partnership agreement which will ensure that all our ambitions and targets for the sport are worked towards together over the next four years.

Scottish Gymnastics professional staff and I look forward to working, through the **SportTayside & Fife** Gymnastics Development Manager, with each of the four Local Authorities as well as the many partners from the professional, voluntary and club sectors within the region.

Thank you in advance for your support of this plan and your contribution towards ensuring that Gymnastics plays a major role in the advancement of sport within Scotland.

Mike Roberts
Chief Executive
Scottish Gymnastics

Focus Areas

The Development Plan has four focus areas:

- Clubs
- Participation & Performance
- Coaches, Officials & Volunteers
- Facilities

The tables in Appendix 1 detail the objectives that will deliver the goals and aims in each of the four focus areas.

Clubs

Goal:

To ensure that Gymnastics Clubs in Tayside & Fife are fully supported as part of the Long Term Player Development Pathway.

Aims:

- A 15% increase in the number of Tayside & Fife Gymnastics clubs.
- 100% of Gymnastics Clubs to be affiliated to Scottish Gymnastics.
- 100% of Gymnastics clubs in Tayside & Fife to be working towards the **SportTayside & Fife** minimum accreditation standards or SGB standards – **GymMark**
- 20% of clubs in Tayside & Fife achieving **GymMark** accreditation.
- Work in partnership with targeted clubs to ensure that they offer a variety of Gymnastics disciplines as part of a structured pathway.

Participation & Performance

Goal:

To provide a progressive pathway for Gymnasts with opportunities for all age groups and all ability levels through school, club and local/regional/national programmes

Aims:

- Provide a progressive pathway for Gymnasts with opportunities for all age groups and all ability levels through school, club and local/regional/national programmes.
- Ensure effective partnership between local Sports Development Officers, Active Schools Co-ordinators, Education and Community providers to develop and ensure quality delivery and increased opportunities for all to participate.
- Increase foundation and participation provision in community and school based facilities linking to local, regional and national programmes.
- Ensure there is a talent identification opportunity through local authority provision that links to area development squads and clubs.
- Establish, deliver and support local development area squads for identified talented gymnasts.
- Establish and support Tayside & Fife Regional Academy Programme in accordance with **sportscotland** and Scottish Gymnastics objectives and criteria.
- Establish links with TFIS ensuring appropriate support structures for performance athletes.
- 20% increase in the number of Gymnasts affiliated to Scottish Gymnastics in Tayside & Fife.

(See Appendix 2 – LTPD Pathway)

Coaches, Officials & Volunteers

Goal:

To establish an integrated and co-ordinated approach to Gymnastics Education & Training and development opportunities for coaches, officials and volunteers of all levels and abilities

Aims:

- Establish an integrated and co-ordinated approach to Gymnastics Education & Training and development opportunities for coaches, officials and volunteers of all levels and abilities.
- Provide tailored CPD opportunities for identified coaches, teachers, officials and volunteers through the Tayside & Fife Gymnastics pathway.
- 5% increase in number of coaches in Tayside & Fife accessing a scholarship programme.
- 100% active coaches, officials and volunteers to be registered with Scottish Gymnastics.
- 100% of Local Authority coaches to have a recognised gymnastics qualification.
- 10% increase in the number of SGB registered coaches, and 50% increase in officials in Tayside & Fife.
- Establish baseline data for engagement of volunteers within club structures.
- Promote CPD for volunteers within Tayside & Fife Club Structures.

Facilities

Goal:

*To ensure that the requirements of Gymnastics are included in **SportTayside & Fife's** facilities strategy that identifies the facility requirements for delivery of sporting pathways in Tayside and Fife.*

Aims:

- Ensure that the requirements of Gymnastics are included in **SportTayside & Fife's** facilities strategy that identifies the facility requirements for delivery of sporting pathways in Tayside and Fife.
- Secure and establish a Regional Gymnastics Centre of Excellence in Tayside and Fife with priority access and usage agreements.
- Ensure all facilities used for all levels of Gymnastics operate maintenance and inspection procedures of equipment in line with SGB standards.
- Provide support to all clubs and Local Authorities wishing to upgrade and enhance existing facilities to accommodate and harness the progressive development of all participants.
- Ensure all performance clubs in Tayside and Fife have adequate access to facilities to develop performers.

Acknowledgements

Scottish Gymnastics
sportscotland
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Tayside and Fife Gymnastics community / individual input
Tayside & Fife Institute of Sport



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Appendix 1 - AIMS, Baseline Data and 4 Year Projections

Aims	Baseline information	Projected Outcomes 06/07	Projected Outcomes 07/08	Projected Outcomes 08/09	Projected Outcomes 09/10
CLUBS					
A 15% increase in the number of Tayside & Fife Gymnastics Clubs	26 clubs	27 clubs Dundee x 1	28 clubs Fife x 1	29 clubs Perth x 1	30 clubs Angus x 1
100% of Gymnastics clubs in Tayside & Fife to be affiliated to Scottish Gymnastics.	26	27	28	29	30
100% of Gymnastics clubs in Tayside & Fife to be working towards the SportTayside & Fife minimum accreditation standards or SGB – GymMark .	15% (4 clubs out of 26)	26% (7 out of 27)	50% (14 out of 28)	76% (22 out of 29)	100% (30 out of 30)
20% of clubs in Tayside & Fife achieving GymMark accreditation.	0%	0%	11% (3 of 28)	14% (4 of 29)	20% (6 of 30 clubs)
Work in partnership with targeted clubs to ensure that they offer a variety of Gymnastics disciplines as part of a structured pathway.	Few clubs offering Men's Artistic and no Rhythmic capacity	Identify where gaps lie	Establish Men's Artistic	Establish Rhythmic	Rhythmic and Men's Artistic provision established and operating within club(s)

Aims	Baseline information	Projected Outcomes 06/07	Projected Outcomes 07/08	Projected Outcomes 08/09	Projected Outcomes 09/10
PARTICIPATION & PERFORMANCE					
Provide a progressive pathway for Gymnasts with opportunities for all age groups and ability levels through school, club and local/regional/national programmes.	No schools comp in Angus, No inter club comp in Dundee	Identify where gaps lie and investigate implementation	Implement local comp structure in Dundee	Implement School competition structure - Angus	Full pathway supported
Ensure effective partnership between local Sports Development Officers, Active Schools Coordinators, Education and Community providers to develop and ensure quality delivery and increased opportunities for all to participate in line with the LTPD principles.	Lack of formal integration across region	Ensure that all partners have integrated annual plans	Annual Action planning process established across region	Action planning process established- integrated plans in place Dundee, Fife, Perth & Angus	Action planning process established- integrated plans in place Dundee, Fife, Perth & Angus
Increase foundation and participation provision in community and school based facilities linking to local, regional and national programmes.	Currently no audit figures available	Audit established and targets identified	Gaps in provision addressed	Gaps in provision addressed	Gaps in provision addressed
Ensure there is a talent identification (TID) opportunity through local authority provision that links to area development squads and clubs.	No formal TID process exists	Liaise with SGB to implement a basic talent management programme	Establish and implement a formal TID process, including trials.	Maintain/Review TID process	Maintain/Review TID process
Establish, deliver and support local development Area Squads for identified talented gymnasts.	3 (Angus, Fife, Dundee)	Area Squads operating in all 4 Local Authorities	Sustain Area Squads programmes	Sustain Area Squads programmes	Sustain Area Squads programmes
Establish and support Tayside & Fife Regional Academy Programme in accordance with sportscotland and Scottish Gymnastics objectives and criteria.	No Academy Programme in Tayside & Fife.	Academy Programme established in line with SGA criteria.	Academy Programme delivered in line with SGA criteria.	Academy Programme delivered in line with SGA criteria.	Academy Programme delivered inline with SGA criteria.
Establish links with TFIS ensuring appropriate support structures for performance athletes.	No current links exist	SGB Area Institute access proposal submitted Jan 07	Awaiting sportscotland decision on SGB AIS access proposal	Develop links	Maintain links
20% increase in the number of Gymnasts affiliated to Scottish Gymnastics in Tayside & Fife.	1,374 Gymnasts	1,442 Gymnasts	1,510 Gymnasts	1,578 Gymnasts	1,649 Gymnasts

Aims	Baseline information	Projected Outcomes 06/07	Projected Outcomes 07/08	Projected Outcomes 08/09	Projected Outcomes 09/10
COACHES, OFFICIALS AND VOLUNTEERS					
Established an integrated and coordinated approach to Gymnastics Education and Training, and develop opportunities for coaches, officials and volunteers of all levels and abilities.	E&T courses organised on an ad hoc / needs advisory basis.	1 x Judging Course Ass 1 x Level 1 Coaching WA 1 x Level 1+2 Pre - School	1 x Judging Course Club 1 x Level 2 Coaching 1 x Level 1 Rhythmic 1 x Level 2 Pre -School 1 x Level 3 Pre -School CPD Training Angus , Dundee, Fife & Perth 1 x Level 1 Men's Artistic	1 x Judging Course Ass 1 x Level 1 Coaching 1 x Level 2 Coaching 1 x Level 3 Coaching 1 x Level 2 Rhythmic 1 x Level 1 Pre-School 1 x Level 2 Pre-School 1x level 1 Trampolineing 1 x level 2 Men's Artistic	1 x Level 1 Coaching 1 x Level 2 Coaching 1 x Level 1 Men's Artistic 1x Level 2 Trampolineing 1 x Level 3 Men's Artistic
Provide tailored Coach Personal Development (CPD) opportunities for identified coaches, teachers, officials and volunteers through the T & F Gymnastics pathway.	CPD training currently delivered on needs basis	Establish CPD annual calendar	CPD calendar established and operational	CPD calendar operational	CPD calendar operational
5% increase number of coaches over all disciplines accessing a scholarship programme.	196 coaches – 0 accessing scholarship programme	0 - 5 increase X 5	5 – 7increase X 2	7 – 9 increase X 2	9 – 10 increase X 1
100% of Local Authority coaches to have a recognised gymnastics qualification.	25% completed (Dundee)	Audit to be undertaken Fife 25% Perth 25% Angus 25%	Audit complete. All providers advised on implications of unqualified staff delivering Gymnastics programmes	Qualified coaching staff in all four LA programmes	Qualified coaching staff in all four LA programmes
10% increase in the number of SGB registered coaches, and 50% increase in officials in Tayside & Fife. All active coaches and officials to be registered with Scottish Gymnastics.	196 coaches 7 officials	216 coaches 11 officials	238 coaches 16 officials	262 coaches 24 officials	288 coaches 36 officials
Establish baseline data for engagement of volunteers within club structures.	No baseline data	Baseline data established	Data Maintained	Data Maintained	Data Maintained
Promote CPD for volunteers within Tayside & Fife Club Structures.	Establish baseline data	Numbers to be collated through SGB CPD awareness training records	Introduction of SGB CPD Club Management Training Programme	Maintain volunteer CPD programme	Maintain volunteer CPD programme

Aims	Baseline information	Projected Outcomes 06/07	Projected Outcomes 07/08	Projected Outcomes 08/09	Projected Outcomes 09/10
FACILITIES					
Ensure that the requirements of Gymnastics are included in SportTayside & Fife's facilities strategy that identifies the facility requirements for delivery of sporting pathways in Tayside and Fife	No Facilities Strategy	Facility strategy ongoing	Facility strategy complete	Facility Strategy implemented	Facility Strategy maintained.
Establish and secure a Regional Gymnastics Centre of Excellence in Tayside & Fife with priority access and usage agreements	No dedicated Regional Gymnastics Centre of Excellence exists.	Identify potential site	Proposal and draft plans complete.	Regional Facility established and operational	Regional Facility maintained.
Ensure all facilities used for all levels of Gymnastics operate maintenance and inspection procedures of equipment, in line with SGB standards	Number unknown	Audit to be undertaken in all Gymnastics and Trampoline Clubs	Audit complete and recommendations distributed to all clubs.	100% of Clubs operating maintenance and inspection procedures	100% of Clubs operating maintenance and inspection procedures
Provide support to all clubs and Local Authorities who wish to upgrade and enhance existing facilities to accommodate and harness the progressive development of all participants	4 LA's currently supported. 8 clubs formally supported	4 LA's 14 clubs	4 LA's 18 clubs	4 LA's 20 clubs	4 LA's 30 clubs
Ensure all performance clubs in Tayside & Fife (4) have adequate access to facilities to develop performers	0 out of 4 Performance clubs meet the minimum number of hours for gymnasts (18 hrs)	1 of 4 PC's to meet minimum requirements	2 of 4	3 of 4	4 of 4

Appendix 2 – GYMNASTICS LTPD PLAYER PATHWAY

