

Track & Field Championship Best Performances

(Championships held annually since 1999 as Sport Tayside Championships)

(Held as SportTayside & Fife Championships from 2006 onwards)

UNDER 11 GIRLS

	<i>Name</i>	<i>Club</i>	<i>Year</i>	<i>Performance</i>
100m	Emma Dawson	PSH	2004	14.7
800m	Vhairi McAtear	Pit	2008	2.37.9
Long Jump	Emma Dawson	PSH	2004	3.94m
Shot Putt	Nina Doran	D&WF	2008	6.38m
Discus	Ruby Hird	ADAC	2002	12.88m
Javelin	Gwen Wakeling	MDAC	2002	16.42m

UNDER 13 GIRLS

100m	Kirsten Galbraith	PIT	2007	13.4
200m	Rebecca Law	PIT	2006	28.5
800m	Katie Anderson	DHH	2009	2.30.6
1500m	Eilish McColgan	DHH	2003	5.02.6
70m Hurdles	Emma Dawson	PSH	2006	11.5
Long Jump	Kirsten Galbraith	PIT	2007	4.60m
High Jump	Emma Dawson	PSH	2006	1.45m
	Kirsten Louden	PIT	2009	1.45m
Shot Putt	Danielle Webster	MDAC	2009	8.30m
Discus	Lesley Rowan	MDAC	2000	21.63m
Javelin	Caitlin McLoughlan	ADAC	2008	24.23m

UNDER 15 GIRLS

100m	Jackie Scott	DHH	1999	12.9
	Nicola Campbell	DHH	2003	12.9
	Nicola Campbell	DHH	2004	12.9
200m	Nicola Campbell	DHH	2004	26.5
	Bethanie Finlayson	PIT	2008	26.5
800m	Iona Brodie	DHH	2008	2.25.6
1500m	Laura Muir	D&WF	2007	4.57.4
75m Hurdles	Megan Frail	PIT	2006	11.8
Long Jump	Kirsten Galbraith	PIT	2008	5.15m
High Jump	Louise Calder	ADAC	2008	1.58m
Triple Jump	Cheryl Shepherd	ADAC	1999	9.91m
Shot Putt	Desiree Doogan	DDH	2008	10.12m
Discus	Desiree Doogan	DHH	2009	26.38m
Javelin	Skye Petrie	MDAC	2009	27.56m
Hammer	Helen McIntosh	MDAC	2003	24.96m
	Kimberley Reed	EAC	2009	43.89m

* *Guest athlete*

A commemorative award will be presented to any athlete who breaks a Championship Best Performance at the 2009 SportTayside & Fife Track & Field Championships on 20th September 2009.



Track & Field Championship Best Performances

UNDER 17 WOMEN

100m	Nicola Campbell	DHH	2005	12.8
200m	Nicola Campbell	DHH	2005	26.3
300m	Maria Thomas	DHH	2004	42.7
800m	Iona Brodie	DHH	2009	2.23.4
1500m	Kathryn Pennel	PIT	2009	4.54.2
3000m	Susan Peddie	PSH	2007	11:26.6
80m Hurdles	Jemma Scott	ADAC	1999	12.2
300m Hurdles	Jemma Scott	ADAC	1999	45.7
Long Jump	Jemma Scott	ADAC	1999	5.13m
High Jump	Jemma Scott	ADAC	1999	1.60m
Triple Jump	Laura Simpson	DHH	2007	10.66m
Shot Putt	Megan MacFarlane	MDAC	2009	10.49m
Discus	Michelle Durbidge	ADAC	2006	27.18m
Javelin	Lisa Glover	FIFE	2006	38.52m
Hammer	Paula Murray	MDAC	2006	24.10m

UNDER 20 WOMEN

100m	Maria Thomas	DHH	2005	13.0
200m	Maria Thomas	DHH	2005	27.1
400m	Cara Anderson	PSH	2009	60.4
800m	Rebecca Wallace	DHH	2006	2.26.5
1500m	Lynsey Murray	DHH	2004	5.26.1
3000m	Heather Brookes	DHH	2004	11:16.9
100m Hurdles	Hailey Bell	MDAC	2003	16.4
400m Hurdles	Lucy Crookson	PIT	2007	71.6
Long Jump	Gayle Lindsay	PSH	2006	4.76m
High Jump	Susan Young	DHH	2002	1.50m
Triple Jump	Susan Peddie	PSH	2009	10.27m
Shot Putt	Michelle Durbidge	ADAC	2009	11.12m
Discus	Michelle Durbidge	ADAC	2009	30.84m
Javelin	Lisa Glover	FIFE	2007	45.09m
Hammer	Paula Murray	MDAC	2008	28.82m

SENIOR WOMEN

100m	Susan Young	DHH	2001	13.2
200m	Kirsty Scott	DHH	2002	30.8
400m	Susan Young	DHH	1999	60.8
800m	Laura Mahady	AAAC	2006	2.24.5
1500m	Fiona Lampkin	MDAC	2003	5.05.0
3000m	Andrea Cameron	PSH	2004	11:07.3
100m Hurdles	Kerry Mann	DHH	2004	15.5
400m Hurdles	Carolyn Smith	DHH	1999	65.9
Long Jump	Kerry Mann	DHH	2004	4.90m
High Jump	Susan Young	DHH	2002	1.50m
Triple Jump	Fiona Lampkin	MDAC	2000	9.88m
Shot Putt	Kirsty Wilson	PIT	2009	9.42m
Discus	Laura Allan	ADAC	2009	26.16m
Javelin	Jo McGilchrist	ADAC	2003	30.64m
Hammer	Kirsty Wilson	PIT	2009	44.72m