

Tayside & Fife Athletics Development Plan 2006 - 2010

SportTayside & Fife



SportTayside & Fife is a Sports Partnership established to strengthen infrastructure, leading to sustainable increases in participation and improved performance in sport across Tayside & Fife.

The partnership consists of four Local Authority partners in Angus, Fife, Perth & Kinross and Dundee City Councils, Perth & Kinross Leisure Ltd and selected Scottish Governing Bodies of Sport (SGB's). Additionally, the Partnership works closely with each of the Local Authorities respective Sports Councils, **sportscotland**, colleges and universities throughout the area and the Tayside and Fife Institute of Sport (TFIS), a support network for identified national athletes. These partnerships will ensure that each sports full pathway is supported within Tayside and Fife.

The partnership employs Sport Specific Development Managers for each selected sport along with a generic Coach Development Manager. The Managers will not only deliver specific programmes but will take the strategic lead to ensure that all partners are working towards the same Development Plan for their sport in Tayside & Fife. This will ensure that each partner's annual plans contribute to the overall targets and there is no duplication between partners' work providing a more co-ordinated and integrated delivery for each sport.

This document sets out the vision for athletics in Tayside and Fife. It identifies four specific 'Focus Areas' and the 'Goal' for each and the 'Aims' that all partners have agreed they will contribute to achieving during 2006-10. The plan focuses on the high level needs of Athletics. Roles, responsibilities and detailed actions will be included in each partner's annual plans, which will be monitored and evaluated to show the impact the partnership is having on sport.

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Vision:

'For scottishathletics to deliver a service that gives all athletes the opportunities to achieve their goals'

On behalf of **scottishathletics**, I am delighted to support and commend the Tayside & Fife Athletics Plan. **scottishathletics** are working in close partnership with **Sport Tayside & Fife** to achieve our mutual objectives and we wholeheartedly support the work of the Athletics Development Manager. There now exists a seamless link between the vision of the Governing Body with that of the Sports Partnership at Regional/Local level.

SportTayside & Fife will help to provide support and developmental opportunities to enable our athletes to progress from local level to reach their ultimate potential, whilst supporting a coaching structure which complements the athlete pathway. I am confident that **SportTayside & Fife** will support the development of our clubs and provide an effective link with our Local Authority and Active Schools partners who have a significant role to play in developing athletes, coaches and volunteers of all ages and abilities.

The Professional Staff at **scottishathletics** look forward to working in partnership with **SportTayside & Fife** and to reaching our goals together.

Thank you for the commitment and effort which you dedicate to Athletics and your contribution to our success.

Geoff Wightman, Chief Executive
scottishathletics

Focus Areas

The Development Plan has four focus areas:

- Clubs
- Participation & Performance
- Coaches, Officials & Volunteers
- Facilities

The tables in Appendix 1 detail the objectives that will deliver the goals and aims in each of the four focus areas.

Clubs

Goal:

To develop a robust, quality assured club infrastructure that delivers the Long Term Athlete Development (LTAD) principles by implementing the athlete pathway.

Aims:

- 100% of athletics clubs in Tayside & Fife to have achieved the minimum standards of the **scottishathletics** clubmark scheme and to develop a more professional infrastructure, where possible.
- 100% of Tayside & Fife athletics clubs with junior sections to have appropriate club development plans in place to increase athletics opportunities and active membership.
- Five track and field clubs in Tayside & Fife to have an increased capacity for athletes over 13 years of age.
- 100% of clubs, in partnership with their respective Local Authority, to work with at least one feeder Run, Jump & Throw Club.
- 100% of clubs pursuing applications for external funding against club, local and regional plans.
- Develop and support a Local Athletics Partnership in both Fife and Tayside.

Athletes

Goal:

To integrate with the National athlete pathway, ensuring opportunities for all age groups and ability levels through school, club, regional and national programmes in line with the principles of LTAD.

AIMS

- Deliver Bank of Scotland (BOS) Regional Squad and Regional Academy Programmes in accordance with **sportscotland** and **scottishathletics** strategy and work towards fulfilling their capacity.
- Ensure there is a local & regional competition framework, which integrates with emerging National competition structures to ensure that there are appropriate competition opportunities for all athletes.
- 90% of Scottish Power of 10 standards achieved by at least one athlete from Tayside & Fife.
- Ensure disability athletics is integrated, where appropriate, into clubs, events and programmes.
- Ensure that athletes who meet the Scottish Institute of Sport Network selection criteria receive the appropriate level of support.

(See Appendix 2 – LTAD Pathway)

Coaches, Officials & Volunteers

Goal:

To recruit, retain and develop athletics coaches, officials and volunteers to support and develop the athlete pathway.

Aims:

- Deliver a co-ordinated athletics Education & Training programme with clear pathways and development opportunities for coaches, officials, teachers and volunteers of all levels and abilities.
- Event specific coaches to be operating across Tayside & Fife to facilitate athletes achieving Power of 10 in 100% of events.
- Provide tailored Continuous Professional Development and mentoring opportunities for identified coaches, officials and volunteers through the Tayside & Fife athletics pathways.
- 100% of active coaches, officials and volunteers to be registered with **scottishathletics**.
- Maintain a database of active coaches and officials at regional level.
- An increase in the number of active **scottishathletics** registered coaches and officials in Tayside & Fife.
- Ensure that teachers' development is supported and that we actively increase the number of teachers working in athletics.
- Ensure that active volunteers are supported and that we increase the number of volunteers working in athletics.
- Ensure 100% of childcare and vulnerable adult coaches, officials and club-based childcare volunteers are disclosure checked through **scottishathletics/uk:athletics**.

Facilities

Goal:

*To ensure that athletics facilities requirements are included in **SportTayside & Fife's** facilities strategy, aligned to the national strategy, which identifies the facility requirements for the delivery of sporting pathways in Tayside & Fife.*

Aims:

- Establish and secure a Regional indoor & outdoor athletics Centres of Excellence in Tayside & Fife with priority access and usage agreements and work towards a network of local facilities, including a second indoor facility.
- Increase the access to facilities available to athletics clubs and for community athletics programmes.

Acknowledgements

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Local Authority Sports Development Teams

Active Schools Managers

Tayside & Fife Institute of Sport

Fife & Tayside Local Athletics Partnerships

Tayside & Fife athletics clubs / Tayside & Fife athletics community



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Appendix 1 - Aims, Baseline Data and 4 Year Projections

Aims	Baseline Information	Projected outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected outcomes 09/10
Clubs					
100% of athletics clubs in Tayside & Fife to have achieved the minimum standards of the scottishathletics clubmark scheme and to develop a more professional infrastructure, where possible.	Angus – 0 Dundee – 0 P&K – 0 Fife – 0	Angus – 0 Dundee – 0 P&K – 0 Fife – 1 club working towards clubmark (scottishathletics pilot of scheme)	Angus – 1 + 1 working towards clubmark Dundee – 0 P&K – 0 Fife – 1 + 1 working towards clubmark	Angus – 2 Dundee – 1 club working towards clubmark P&K – 1 Fife – 1 + 2 working towards clubmark	Angus – 2 Dundee – 1 P&K – 1 Fife – 3
100% of Tayside & Fife athletics clubs to have Junior sections and appropriate club development plan in place to increase athletics opportunities and active membership.	Angus – 0 Dundee – 0 P&K - 0 Fife – 0	Angus – 0 Dundee – 0 P&K - 0 Fife – 1 working towards dev plan	Angus – 1 working towards dev plan Dundee – 0 P&K - 1 working towards dev plan Fife – 1	Angus – 1 Dundee – 1 working towards dev plan P&K - 1 working towards dev plan Fife – 1 + 1 working towards dev plan	Angus – 2 Dundee – 1 P&K - 1 Fife – 2 + 1 working towards dev plan
Five track & field clubs in Tayside & Fife to have an increased capacity for athletes over 13 years of age.	All clubs operating at capacity for athletes over 13 years of age.	Working towards increase in capacity of clubs	1 Club increased capacity	3 Clubs	5 Clubs
100% of clubs, in partnership with their respective Local Authority, to work with at least one feeder Run, Jump & Throw Club.	Angus – 3 x RJTC Dundee – 0 x RJTC P&K – 1 x RJTC Fife – 0 x RJTC	Angus – 3 Dundee – 2 P&K – 1 Fife – 1	Angus – 3 Dundee – 3 P&K – 1 Fife – 4	Angus – 3 Dundee – 3 P&K – 2 Fife – 4	Angus – 3 Dundee – 3 P&K – 2 Fife – 4
100% of clubs pursuing applications for external funding against club, local and regional plans.	25% of clubs pursuing applications for funding.	25% of clubs pursuing applications for funding.	50%	75%	100%
Develop and support a Local Athletics Partnership (LAP) in both Tayside & Fife.	No partnerships	LAP established & constituted in Fife	LAP's established in Fife and Tayside	LAP's developed and working in partnership	LAP's continuing to work in partnership

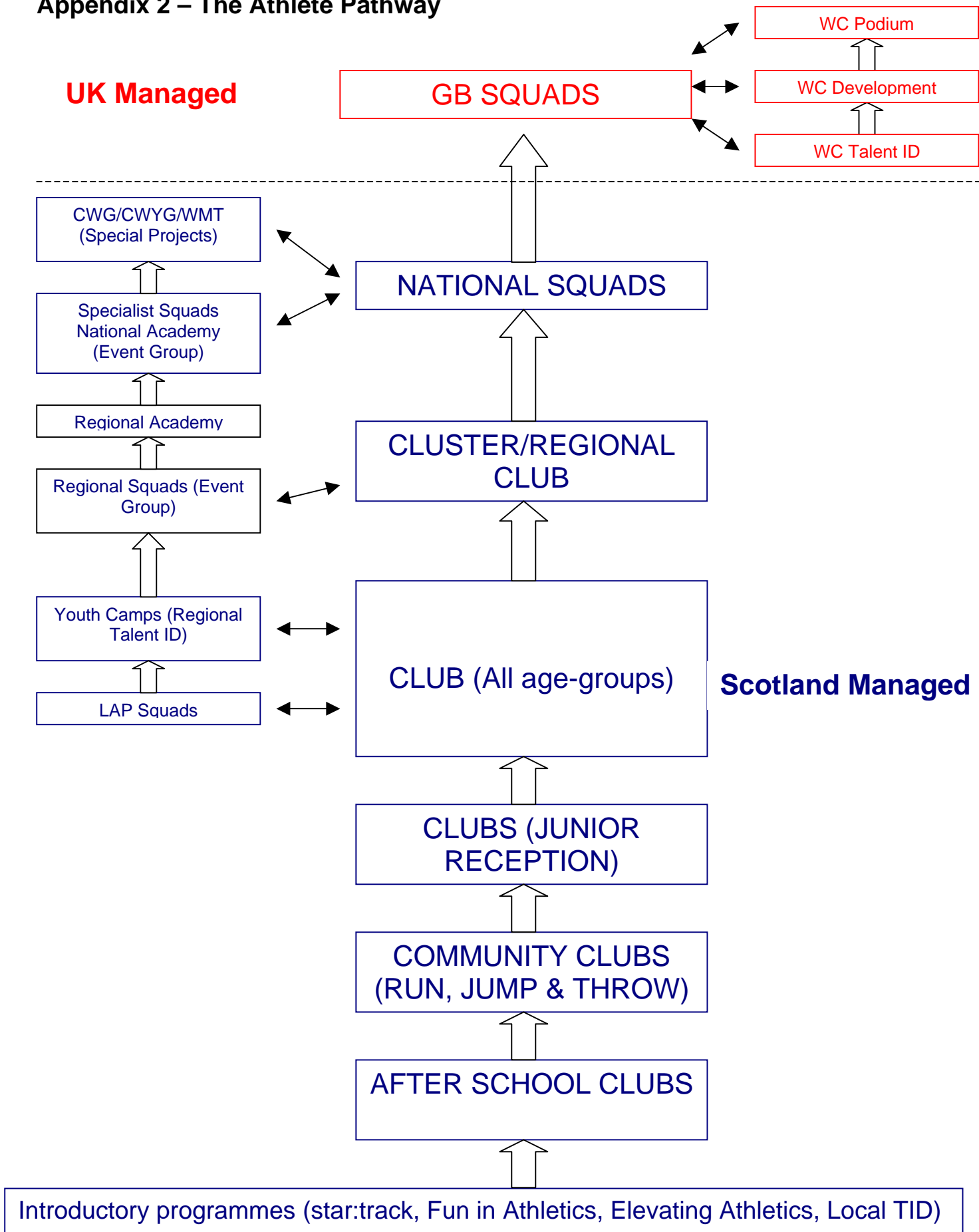
Aims	Baseline Information	Projected outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected outcomes 09/10
Athletes					
Integrate with the National athlete pathway with opportunities for all age groups and ability levels through school, club, regional and national programmes in line with the principles of Long Term Athlete Development (LTAD).	Gap exists from school & holiday programmes into club athletics. Gap exists for school based sportshall athletics programmes in Fife.	Start implementation of RJTC across all authorities.	Implement RJTC in identified areas. Start implementation of sportshall athletics programmes in Fife	Implement RJTC across Tayside & Fife Ensure smooth transition exists from clubs to RJT Continue implementation of sportshall throughout Fife.	Full integration with National athlete pathway.
Deliver BOS Regional Squad and Regional Academy Programmes in accordance with sports scotland and scottish athletics strategy and work towards fulfilling their capacity.	Previous Tayside Squad ran to August 2006	SportTayside & Fife/BOS squad operating with 1 full event group (sprints / hurdles), endurance, jumps & throws working with Central	STF squad operating with 1 Full event group, endurance, jumps & throws with Central Regional Academy programme implemented	STF squad operating with 2 full event groups (sprints/hurdles & throws), endurance work with Central Regional Academy programme operating	STF squad operating with all 4 event groups. Regional Academy programme operating
Ensure there is a local & regional competition framework, which integrates with emerging national competition structures to ensure that there are appropriate competition opportunities for all athletes.	National Competition structures currently under review. New structure due to be piloted in 2007.	Discussions on pilot of new competition structure with scottish athletics and athletics meeting providers. STF agreed to host new Grand Prix series final.	Audit local/regional competition programmes to ensure integration with emerging National competition structures. Implement pilot of new competition structure in partnership with scottish athletics.	Continue pilot of new competition structure in partnership with scottish athletics.	Full integration with national structure.
90% of Scottish Power of 10 standards achieved by at least one athlete from Tayside & Fife.	67% Standards achieved	No new season	72% Standards achieved	80% Standards achieved	90% standards achieved
Ensure disability athletics is integrated, where appropriate, into clubs, events and programmes.	Disability athletics currently run separately to athletics.	Work with event organisers to ensure opportunities exist for integration of disability athletes.	Continue working with event organisers	Continue working with event organisers and clubs	Full integrations, as appropriate, with clubs, events and programmes.
Ensure that athletes who meet the Scottish Institute of Sport Network selection criteria receive the appropriate level of support	TFIS - 3 athletes receiving support. 1 athlete transferring to ESIS due to University location SIS - 1 athlete receiving support.	TFIS - 3 athletes SIS - 1 athlete receiving support.	TFIS - 3 athletes receiving support. SIS - 1 athlete receiving support.	TFIS - 4 athletes receiving support. SIS - 1 athlete receiving support.	TFIS - 5 athletes receiving support. SIS - 1 athlete receiving support.

Aims	Baseline Information	Projected outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected outcomes 09/10
Coaches, Officials & Volunteers					
Recruit, retain and develop athletics coaches, officials and volunteers to support and develop the athlete pathway	No formal system in place	Audit current system and begin establishment of recruitment, retention & development procedures.	Establish procedures to recruit, retain & develop coaches, officials & volunteers. 30% on coach education courses to be actively working within the sport.	Implement Recruitment, Retention & Development Procedures. 40% on coach education courses to be actively working within the sport.	Implement Recruitment, Retention & Development Procedures. 50% on coach education courses to be actively working within the sport.
Deliver a co-ordinated athletics Education & Training programme with clear pathways and development opportunities for coaches, officials, teachers and volunteers of all levels and abilities	Coach, official and volunteer education not currently delivered regionally across Scotland.	1 x Children in Athletics (CIA) 1 x Level 1 - coaches	2 x CIA 1 x Level 1 - coaches. 1 x Level 2 - coaches 1 x Officials' education course.	2 x CIA - coaches 1 x Level 1 - coaches 1 x Level 2 - coaches 1 x Volunteer education course	2 x CIA - coaches 1 x Level 1 - coaches 1 x Level 2 - coaches 1 x Officials course. 1 x Volunteer course
Event specific coaches to be operating across Tayside & Fife to facilitate athletes achieving Power of 10 in 100% of events	Exact figures currently unknown.	Audit of number of coaches working in each discipline.	Event specific coaches operating in 75% of events.	87%	100%
Provide tailored CPD and mentoring opportunities for identified coaches, officials and volunteers through the Tayside & Fife athletics pathways	No official mentoring programmes in place.	Investigate possible mentors for coaches & officials	Establish suitable candidates to work as mentors for coaches, officials and volunteers. Link mentors to developing coaches, officials and volunteers.	Mentoring opportunities available for coaches, officials & volunteers through Regional & National Squad activity. Opportunities available for at least 1 coach in each athletics club.	Mentoring opportunities available for coaches, officials & volunteers through Regional & National Squad activity. Opportunities available for coaches, officials & volunteers in each athletics club.
100% of active coaches, officials and volunteers to be registered with scottishathletics	Figures unknown at present	Audit of numbers of active coaches, officials and volunteers.	80% active coaches & officials registered with scottishathletics	90%	100%
Maintain a database of active coaches and officials at regional level	Up-to-date database does not exist.	Audit of active coaches & officials in Tayside & Fife.	Database of active coaches & officials in Tayside & Fife in place.	Maintain database	Maintain database.
An increase in the number of active scottishathletics registered coaches and officials in Tayside & Fife	Awaiting figures from SAL workforce development plans.	Figures to be inserted once results of workforce development plans received – March 2007.			

Aims	Baseline Information	Projected outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected outcomes 09/10
Coaches, Officials & Volunteers ctd...					
Ensure that teachers' development is supported and that we actively increase the number of teachers working in athletics	CPD programmes in place in some local authorities.	Run CPD programmes as required & assess need for further programmes in other areas & age-groups.	Continue to run CPD programmes as required & assess need for further programmes in other areas & age-groups.	Full CPD programme for Primary and Secondary sector in each Local Authority in place.	Full CPD programme for Primary and Secondary sector in each Local Authority; additional coach ed. run for teachers where appropriate.
Ensure that active volunteers are supported and that we increase the number of volunteers working in athletics	No database for volunteers currently exists.	Audit volunteers contributing to athletics.	Continue audit. Assess education needs and support required by volunteers.	Support & recruit volunteers to work in athletics.	Support, recruit & retain volunteers working in athletics.
Ensure 100% of childcare and vulnerable adult coaches, officials and club-based childcare volunteers are disclosure checked through scottishathletics/uk:athletics	Figures unknown	Audit of figures.	100% of childcare and vulnerable adult coaches & officials to be registered with scottishathletics/uk:athletics	100%	100%

Aims	Baseline Information	Projected outcomes 06/07	Projected outcomes 07/08	Projected outcomes 08/09	Projected outcomes 09/10
Facilities					
Ensure that athletics facilities requirements are included in SportTayside & Fife's facilities strategy, aligned to the national strategy, which identifies the facility requirements for the delivery of sporting pathways in Tayside & Fife	No facilities strategy in place in Tayside & Fife.	Audit athletics facilities in Tayside & Fife for SportTayside & Fife's facilities strategy .	Facility strategy complete	Facility Strategy implemented	Facility Strategy maintained.
Establish and secure a Regional indoor & outdoor athletics Centre of Excellence in Tayside & Fife with priority access and usage agreements and work towards a network of local facilities, including a second indoor facility	<u>Angus</u> – no track <u>Dundee</u> – Caird Park <u>P&K</u> – George Duncan Athletics Arena (facilities not complete) <u>Fife</u> - St Andrews, Glenrothes & Pitreavie	<u>Angus</u> – no track <u>Dundee</u> – Caird Park <u>P&K</u> – George Duncan Athletics Arena (facilities not complete) <u>Fife</u> - St Andrews, Glenrothes & Pitreavie	<u>Angus</u> – no track; work towards outdoor facility <u>Dundee</u> – Caird Park; work towards indoor facility <u>P&K</u> – George Duncan Athletics Arena (facilities not complete) <u>Fife</u> - St Andrews, Glenrothes & Pitreavie (+ indoor athletics facility) Develop a regional level outdoor facility.	<u>Angus</u> – no track; work towards outdoor facility <u>Dundee</u> – Caird Park; work towards indoor facility <u>P&K</u> – George Duncan Athletics Arena <u>Fife</u> - St Andrews, Glenrothes & Pitreavie (+ indoor athletics facility) Develop a regional level outdoor facility.	<u>Angus</u> – no track; work towards outdoor facility <u>Dundee</u> – Caird Park; work towards indoor facility <u>P&K</u> – George Duncan Athletics Arena <u>Fife</u> - St Andrews, Glenrothes & Pitreavie (+ indoor athletics facility) Develop a regional level outdoor facility.
Increase the access to facilities available to athletics clubs and for community athletics programmes	Mixed access opportunities to facilities across the region.	Audit access arrangements for clubs and community programmes.	Work with partners to increase access to facilities.	Continue to work with partners to increase access to facilities.	Greater access to facilities available.

Appendix 2 – The Athlete Pathway



This diagram is an adaptation of the Athlete Pathway diagram taken from **scottishathletics** Developing Performance Strategy.



Our purpose is to drive up performance levels in every event, every region and every age group . Which is why, each year leading up to the 2012 Olympic Games we will be setting ever increasing targets. We should have at least ten athletes achieving times, distances, or heights better than those predefined annual targets.

It's our belief that this target-based system will help strengthen the breadth and depth of British athletics talent and reduce our reliance on a handful of brilliant individuals. It's a transparent process: if we're not meeting our targets, we know there is more work to do. To see the current targets see: <http://www.powerof10.info/index.aspx>